

Elementary Menu

April 24-28, 2023

Menus are subject to change without notice.



This institution is an equal opportunity provider.

Breakfast

Offered Daily: Assorted Cereals, Fruits, Low Fat White Milk, & Nonfat Chocolate Milk

Lunch



Offered Daily: Fruits, Vegetables, Yogurt with House-Made Granola, Low Fat White Milk, & Nonfat Chocolate Milk

Monday
Apr 24

Pizza Bagel 
Yogurt with
House-Made Granola 

Beef & Bean Burrito
Chicken Star Shapes w/Crackers
Served with Fresh Apple Slices
& *Mixed Salad*

Tuesday
Apr 25

House-Made Egg & Cheese
Biscuit Sandwich 
Yogurt with
House-Made Granola 

Corn Dog
Cheesy Breadsticks
w/House-Made Marinara 
Served with *Fresh Orange Wedges*
& Roasted Chickpeas
Chocolate Chip Cookie

Wednesday
Apr 26

Cinnamon Roll 
Yogurt with
House-Made Granola 

House-Made Macaroni & Cheese 
Chicken Drumstick & Waffle
Served with Fresh Banana
& *Fresh Cucumber*

Thursday
Apr 27

Muffin 
Yogurt with
House-Made Granola 

Cheese Pizza 
House-Made Chicken Teriyaki
w/Brown Rice
Served with Fresh Apple Slices, *Fresh Baby Carrots* & CA Mixed Vegetables

Friday
Apr 28

Mini Maple Pancakes 
Yogurt with
House-Made Granola 

Pepperoni Pizza
House-Made Strawberry
Yogurt Parfait 
Served with Frozen Peach Cup,
Fresh Jicama Sticks, & *Mixed Salad*



Nutrition Services
LONG BEACH USD

KEY



Contains Pork



Meatless Entree



New Item



All grains are whole-grain rich.
except cinnamon roll

Locally Grown



CALIFORNIA
FARM TO SCHOOL
NETWORK

Elementary Menu

April 17-21, 2023

Menus are subject to change without notice.



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Breakfast

Offered Daily: Assorted Cereals, Fruits, Low Fat White Milk, & Nonfat Chocolate Milk

Lunch

Offered Daily: Fruits, Vegetables, Yogurt with House-Made Granola, Low Fat White Milk, & Nonfat Chocolate Milk

Monday
Apr 17

Blueberry Waffle 
Yogurt with
House-Made Granola 

Cheesy Garlic Bread
w/House-Made Marinara 
Chicken & Cheese Taquitos
Served with Frozen Strawberry Cups
& Mixed Vegetables

Tuesday
Apr 18

French Toast Sticks 
Yogurt with
House-Made Granola 

House-Made Strawberry Parfait 
Orange Chicken w/Brown Rice
Served with *Fresh Orange Wedges*
& *Fresh Baby Carrots*

Wednesday
Apr 19

Cinnamon Roll 
Yogurt with
House-Made Granola 

Chicken Tamale
Pancakes & Sausage 
Served with Fresh Bananas,
Potato Rounds,
& House-Made Southwest Beans

Thursday
Apr 20

House-Made
Cinnamon Crumb Cake 
Yogurt with
House-Made Granola 

Hot Dog
Vegan Burger 
Served with Sweet Potato Fries,
Lettuce & Pickle Cup, &
 *Farm to School: Fresh Blueberries*

Friday
Apr 21

House-Made Chicken Biscuit Sandwich
Yogurt with
House-Made Granola 

House-Made Vegetarian Nachos 
House-Made Chili Cheese Nachos
Served with *Fresh Apple Slices*
& *Fresh Broccoli Florets*

KEY



Contains Pork



Meatless Entree



New Item



All grains are whole-grain rich.

except cinnamon roll

Locally Grown



Nutrition Services
LONG BEACH USD



CALIFORNIA
FARM TO SCHOOL
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Elementary Menu

April 3-7, 2023

Menus are subject to change without notice.



This institution is an equal opportunity provider.

Breakfast

Offered Daily: Assorted Cereals, Fruits, Low Fat White Milk, & Nonfat Chocolate Milk

Lunch



Offered Daily: Fruits, Vegetables, Yogurt with House-Made Granola, Low Fat White Milk, & Nonfat Chocolate Milk

Monday
April 3

Pan Dolce Concha 
Yogurt with
House-Made Granola 

Vegan Nuggets 
Waffle and Sausage 
Served with Fresh Apple Slices
& *Fresh Baby Carrots*
Chocolate Pudding

Tuesday
April 4

House-Made Egg & Cheese
Croissant Sandwich 
Yogurt with
House-Made Granola 

Cheeseburger
Breaded Cheese Ravioli
w/House-Made Marinara Sauce 
Served with *Fresh Orange*,
& Lettuce and Pickle Cup

Wednesday
April 5

Cinnamon Roll 
Yogurt with
House-Made Granola 

House-Made Chicken Chow Mein
Cheese Pizza 
Served with Fresh Apple
& *Fresh Baby Carrots*

Thursday
April 6

Breakfast Bites 
Yogurt with
House-Made Granola 

Chicken Tenders
Vegan Burrito 
Served with Fresh Banana
Potato Rounds

Friday
April 7

Holiday- No School



Nutrition Services
LONG BEACH USD

KEY



Contains Pork



Meatless Entree



New Item



All grains are whole-grain rich.
except cinnamon roll

Locally Grown



CALIFORNIA
FARM TO SCHOOL
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