

Family Support Resources:

Love and Logic Online Classes: Very rare opportunity. Take advantage of classes from your own home! Click [HERE](#) for registration.

A Common Voice: (Parent Partners can help you navigate the system and can help with resources) 253-537-2145

Optimum Health, Children's Services: (Can help with resources and assist in finding providers who specialize in Child Psychology/Psychiatry) 253-292-4236

Behavior Management for Children and Adults: 425-672-9219

Catholic Community Services: Treatment teams provide services to youth and family in the home and community who have needs beyond the needs of families serviced by traditional office-based services. Each of these teams provides 24/7 services and support to families. The youth must be Medicaid eligible and exhibit behaviors for which a mental health diagnosis applies. Youth are typically between the ages of 7 and 17 and there needs to be justification regarding the reasons the youth and family need the more intensive and flexible services of Expanded Wraparound as opposed to traditional in-office therapy and services provided by other community mental health programs. Families may self-refer or may be referred by professionals in the community. Call 253-759-9544 for more information.

Mental Health FAST and Wraparound Services: Accessed through Optum Pierce County RSN at (253) 292-4200.

Children's Administration FAST and BRS Services: Accessed through Children's Administration. Call (253) 983-6200 for more information.

KidsHealth: Webpage that kids can access about various different types of emotions, ways to cope, scenarios, etc. There is an audio version for non-readers, as well as can be accessed in Spanish.

Bethel School District: [Family Resources](#) that includes A comprehensive list of resources in our area.

Can Do! Kids' Page: Can Do! Kids are kids focus on what they can do instead of what they can't. Can Do! Kids use their abilities in whatever way is best for them in order to do the things they want...whether it's reading a book, drawing a picture, being a friend, playing a sport, or reaching a goal or dream.

Washington Connection: Assists with inquiring about and applying for resources from the state.

Autism Speaks: Resource for students and families who have a family member diagnosed with Autism.

United Way of Pierce County: "Go-to" first check resource for all of Pierce County. This has information to every type of resource from shelters, food, utilities, home repair, etc., etc. Call 2-1-1 and you will get a live person to assist you. For independent research, you can use the website. This is a great resource for volunteering as well.

WA State Coronavirus Site: The State of Washington's Covid 19 information page with resources.