

## CAFETERIA MENU FOR APRIL 2023

### CONTINENTAL MENU

<b>3 April (Monday)</b>	<b>4 April (Tuesday)</b>	<b>5 April (Wednesday)</b>	<b>6 April (Thursday)</b>	<b>7 April (Friday)</b>
Meat Ball, Veggie Ball, Mashed Potatoes, Veg Cannelloni & Grilled Veg,	Steak, Butter Chicken, Enchiladas Paneer tikka, Potato wedges & Steamed Beans,	Fish finger, Veg Cannelloni, Veg Shashlik, Grilled vegetables and Soup	Chicken or Veg Souvlaki, Lemon roasted baby Potatoes and Sautéed Veg	Holiday
<b>10 April (Monday)</b>	<b>11 April (Tuesday)</b>	<b>12 April (Wednesday)</b>	<b>13 April (Thursday)</b>	<b>14 April (Friday)</b>
Spaghetti Bolognese, Cheese, Marinara, Mushroom Cream & Garlic Bread	Shoyu Chicken, Vegetable Cutlet, Veggie Burritos, Grilled Vegetables & Fried Rice,	Chicken and Vegetable Manchurian, Noodle and Grilled Vegetable,	Chicken Cacciatore Baked Pasta, Vegetable Baked, Veg Ratatouille and Steamed Beans	Beef, Chicken & Vegetable Burgers French Fries & Grilled Vegetables
<b>17 April (Monday)</b>	<b>18 April (Tuesday)</b>	<b>19 April (Wednesday)</b>	<b>20 April (Thursday)</b>	<b>21 April (Friday)</b>
Roasted Beef, Chicken & Veggie, Mashed Potatoes, Soft Tacos, and Steamed Veg,	Chicken or Veggie Wrap, Schezwan Tofu or Chicken wings, Grilled Veg and Soup	Crispy fry Chicken or Veg, Pasta Primavera, Cheese corn Ball and Steamed Veg	BBQ Chicken, Veg Shashlik, Roast Potatoes, Vegetarian Cripes, & Steamed veg,	Assorted Pizza, Corn on the Cob, & Grilled Vegetables
<b>24 April (Monday)</b>	<b>25 April (Tuesday)</b>	<b>26 April (Wednesday)</b>	<b>27 April (Thursday)</b>	<b>28 April (Friday)</b>
Pasta, Bolognese, Cheese, Marinara & Cream Mushroom Sauce and Garlic Bread	Stir fried Chicken or Veg, Quiches, Roasted Potatoes, Grilled Vegetables and Soup,	Chicken and Vegetable Lasagna, Garlic Wings, Grilled Vegetables & Bruschetta	Chicken or Mix veg Manchurian, Egg fried rice, Tofu & Bok choy in chilly beans sauce,	Chicken or vegetable Hot Dogs, French fries Steamed Vegetables

**Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.**



**STONEHILL**  
INTERNATIONAL SCHOOL  
An Embassy Group Education Initiative

### INDIAN MENU

<b>3 April (Monday)</b>	<b>4 April (Tuesday)</b>	<b>5 April (Wednesday)</b>	<b>6 April (Thursday)</b>	<b>7 April (Friday)</b>
Bhindi Aloo, Dal Fry, dal vada, Rasam and Rice (Curd Rice)	Fish Curry, Stuff Veg Curry, Jackfruit Pakoda and Rice	Methi mutter malai, Puri with aloo fry, Sambar and Rice	Chicken or Veg Chilly, Mushroom and Bok choy, and Fried Rice	Holiday
<b>10 April (Monday)</b>	<b>11 April (Tuesday)</b>	<b>12 April (Wednesday)</b>	<b>13 April (Thursday)</b>	<b>14 April (Friday)</b>
Gobi Mutter, Mix Vegetable, Mix dal Tadka and Rice	Egg Curry, Veg Seekh Kabab, Mix Green, Dal fry and Rice	Pepper Mushroom & Baby corn, Hakka Noodle,	Dosa with Chutney Aloo masala, Veg Curry, Sambar and Rice	Mutton & Vegetable Biryani with Raita, (Dal & Rice)
<b>17 April (Monday)</b>	<b>18 April (Tuesday)</b>	<b>19 April (Wednesday)</b>	<b>20 April (Thursday)</b>	<b>21 April (Friday)</b>
Aloo Palak, Bharwa Bhaigan, Dal panchamel and Rice	Chana Masala, Saag aloo dry, Puri, Rasam and Rice	Chicken or Veg Chettinad, Palak Paneer, Dal Fry and Rice	Veg Kadai, Veg raswala, Dahi Kadi, Rasam and Rice	Crispy fry Veg and Wings in Schezwan sauce, Noodle, Rasam & Rice
<b>24 April (Monday)</b>	<b>25 April (Tuesday)</b>	<b>26 April (Wednesday)</b>	<b>27 April (Thursday)</b>	<b>28 April (Friday)</b>
Dum Aloo masala, Mix Vegetables, Dal Palak and Rice	Chicken or Mix Veg Xacuti, Lovia Masala, Rasam and Rice	Masala set Dosa with Chutney Beetroot palya, Sambar and Rice	Lemon Rice with Chutney, Sautéed mixed greens, Rasam and Rice	Chicken & Vegetable Biryani with Raita, (Dal & Rice)
<b>Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.</b>				