

# Eanes ISD

## SCHOOL NURSE FAQs

EISD: Rev. 4/2023



Hello!  
Your child fell  
off the  
monkey bars!

### EMERGENCIES

If your child is injured or sick, we want to reach you quickly!

We have two important requests:

1. Please save your child's [School Nurse Phone Number](#) in your contacts so your phone will recognize the number.
2. Add several emergency contacts in [Skyward Family Access](#) who can text you, even if they live out of town.

### IMMUNIZATION RECORDS

Call your doctor to find out if your child's shots are up to date. Turn in your records ASAP. **You will not receive teacher placement notification and your child cannot start school until his/her record meets state immunization requirements.**

**ATTENDANCE & ABSENCES** A doctor's note is required for absences > 3 consecutive days.

**Elementary School:** Login to the [SmartTag Parent Portal](#) to enter absences, late arrivals, and early pickups.

**Middle & High School:** Submit an email to [School Attendance](#) or written note when your child returns. *No phone calls.*

### WHEN CAN MY CHILD RETURN TO SCHOOL?

- **FEVER:** When fever-free (< 100°F) for 24 hours without the use of fever-suppressing medication.
- **VOMITING:** When able to tolerate food without recurrent vomiting, typically 24 hours after the last episode.
- **DIARRHEA:** When diarrhea-free for 24 hours without the use of diarrhea-suppressing medication.
- **COVID-19:** Please notify the school nurse. She will provide return-to-school criteria according to [EISD COVID protocol](#).
- **COMMON COLD:** When fever-free for 24 hours without the use of fever-suppressing medication.
- **STREP THROAT:** When on antibiotics for 24 hours *and* fever-free for 24 hours without fever-suppressing medication.
- **FLU:** When fever-free for 24 hours without the use of fever-suppressing medication.
- **PINK EYE (viral/bacterial conjunctivitis):** A doctor's note is required unless the child is symptom-free.
- **LICE:** When the school nurse has confirmed the absence of live lice after treatment.
- **SEVERE CONGESTION AND FATIGUE (without fever):** Rest at home until well enough for a full day of learning.
- **SYMPTOMS THAT DEVELOP OVERNIGHT:** Keep at home until symptoms improve to avoid the risk of exposing others.

### MEDICATIONS

- **Students in KG-8th grade are not allowed to bring medications to school unless prior authorized for asthma, anaphylaxis, or diabetes.** High school students may self-carry over-the-counter (not prescription) medications.
- A parent/guardian must complete an [EISD Medication Permission Form](#) and bring medication to the school nurse.
- A physician signature is required if the medication will be kept in the clinic longer than 2 weeks.
- There is no "stock" Tylenol or Motrin for students.
- Medications must be unexpired, in original containers, with medication name, dose, and instructions on the label.
- *Do not bring medication in baggies. Pharmacists will label an extra prescription bottle for school if you ask.*
- The school nurse will pack your child's medications for field trips.
- **Unclaimed medications will be disposed of on the last day of school as required by state law. Set a reminder.**

**HEALTH CONDITIONS** Asthma, Anaphylaxis, Diabetes, Seizures, Heart condition, Cystic Fibrosis, Eczema, etc.

- Please notify the school nurse if your child has a chronic health condition or significant medical or surgical history.
- Please ask your child's physician to sign a **Care Plan** for [Asthma](#), [Diabetes](#), [Seizures](#), and/or [Anaphylaxis](#) every year.
- Please bring your child's **Care Plan** and medication to the school nurse before the first day of school, if possible.

**DIETARY RESTRICTIONS** A parent must complete the new [Dietary Restriction Form](#). *The school nurse cannot do it for you.*

- **NEW Form** to report **Food Allergies, Medical Restrictions, Food Intolerance, Religious Accommodation, Etc.**
- Contact Dietician [Charlotte Hachenberg](#) if you have any questions: 512-732-9060 ext. 20551

### PE EXCUSE

- Contact the school nurse to request a PE excuse. A doctor's note is required if a student misses > 3 days of PE.