

# BERMUDIAN SPRINGS SCHOOL DISTRICT

## 9th Grade Health Year-Long Curriculum Map



	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May																																
UNIT/Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40		
<b>Lesson Introduction</b> (Health survey, goal setting)																																										
<b>Growth and Development</b> (Relationships, Communication skills, conflict resolution, anger management plan, risk factors, Abstinence, STI's/HIV prevention)																																										
<b>Body Systems</b> (Function of each body system, interdependence of each system)																																										
<b>Nutrition</b> (Healthy body image, False advertising, dietary guidelines, eating disorders, peer influence, athletic goals, nutrition resources)																																										
<b>Drugs, alcohol &amp; Tobacco</b> (decision making/refusal skills, situation avoidance, goal setting, professional assistance, analyze media messages)																																										
<b>Environment/Personal Health</b> (Ozone layer, pollution/respiratory health, breeding environments)																																										
<b>Injury Prevention/Safety</b> (Modes of transportation, violence prevention plan, self-protection plan in the home and public places)																																										