BERMUDIAN SPRINGS SCHOOL DISTRICT

4th Grade - Physical Education - Year-Long Curriculum Map

	Aug.				Sept.				Oct.				Nov.				Dec.				Jan.				Feb.				Mar.				Apr.				May					
UNIT/Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
Recess Games (Four Square, Hand Baseball) Recognize and describe game strategies using appropriate vocabulary																																								
Soccer (Kicking, Dribbling, Passing, Trapping) Manipulative Movements and Combination Movement																																								
Passball (throwing, catching, defending, moving to get open, faking) Recognize and describe game strategies using appropriate vocabulary.																																								
Fitness Testing (shuttle run, mile, flexed arm hang, pull ups, sit ups, V-sit reach) Identify and use principles of exercise to improve movement and fitness activities.																																								
Volleyball (bump, set, serve) Recognize and describe the concepts of motor skill development using appropriate vocabulary. Form, provide feedback. Know the function of practice.																																								

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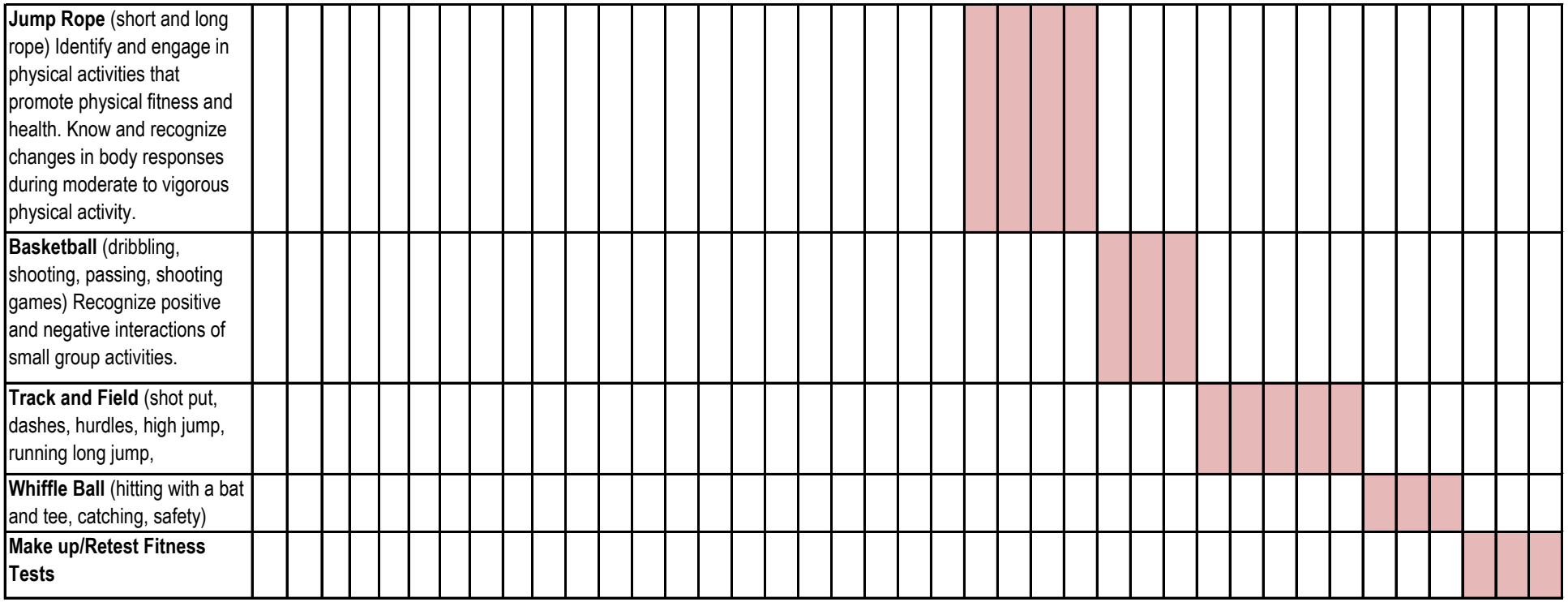

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