



## SUGGESTED CLOTHING AND EQUIPMENT LIST

All classes are conducted outdoors, and proper clothing is essential to the enjoyment of the experience. This is a basic list designed for a five-day experience during any season. **The list may require modifications based on the time of year and on your child's length of stay.** Please bring warmer clothing including a winter coat, boots, wool or thermal socks, long underwear, gloves, and a hat during the fall, winter and early spring. Also please check the temperature rating of your sleeping bag and bring an additional blanket for colder nights in the tents.

### Very important items:

- 1 rain suit (waterproof rain coat with hat or hood, and waterproof pants if possible)
- 1 winter coat (between mid-October and mid-May)
- 1 sweatshirt or jacket
- 1 wool sweater or fleece jacket
- 1 pair of gloves or mittens
- 1 hat (sun or warmth)
- 1 pair of **WATERPROOF** boots
- 2 pairs of comfortable shoes (sneakers, hiking boots, sandals...)
- 1 pair of old sneakers
- 4 shirts
- 3 pairs of jeans or long pants
- 1 pair of shorts (even in colder months)
- 4 sets of underwear
- 6 pairs of socks (2 wool)
- 1 pair of pajamas
- 1 bathing suit (recommended for outdoor showers)
- 1 towel
- 1 sleeping bag or blanket roll
- flashlight
- toiletry articles
- insect repellent (cream or lotion preferred)
- plastic bag for wet clothes
- sunscreen
- water bottle



### Optional items:

- |             |                   |        |                             |
|-------------|-------------------|--------|-----------------------------|
| laundry bag | pillow            | books  | \$15.00 for an EHOS T-shirt |
| journal     | fitted twin sheet | camera |                             |

### DO NOT bring the following: (this is a MUST, for safety reasons)

- |                                |                     |
|--------------------------------|---------------------|
| FOOD,CANDY, GUM                | LIGHTERS OR MATCHES |
| MIRRORS(may cause fires)       | KNIVES              |
| IPODS, IPADS, ELECTRONIC GAMES | CELL PHONES         |

Echo Hill Outdoor School, Inc.  
13655 Bloomingneck Rd.  
Worton, Md 21678  
Telephone: 410-348-5880  
www.ehos.org



Inspected: Kent County Health Department  
Maryland State Fire Marshall  
Maryland Department of Health  
and Mental Hygiene