



Middle Schools
Lunch Menu
April -
May 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 2</i>	April 10	April 11	April 12	April 13	April 14
Meat, Meat Alt. & Grain (Choose 1)	<ul style="list-style-type: none"> RPS Burger w./ or w/o Cheese on WG Bun Big Daddy Pizza Chef Salad w./Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Baked Spaghetti w/Meatballs & WG Breadstick Deli Sandwich Combo/Chips Chef Salad w/Baked Chips & WG Muffin 	<ul style="list-style-type: none"> Fajita Chicken Wrap w/Ranch Dip Strawberry or Vanilla Parfait Cup w/Granola and Muffin Chef Salad w/Baked Chips & WG Muffin 	<ul style="list-style-type: none"> Teriyaki Chicken w/Rice Deli Sandwich Combo/Chips Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy Pizza Parfait w/Granola and Muffin Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable (Choose 1-2)	<ul style="list-style-type: none"> Baked Crinkle Cut Fries Pickle Spears/Tomato/Lettuce Cup 	<ul style="list-style-type: none"> Seasoned Broccoli Toss Salad 	<ul style="list-style-type: none"> Black Beans Pickle Spears/Tomato/Lettuce Cup 	<ul style="list-style-type: none"> Baby Carrots Steamed Broccoli 	<ul style="list-style-type: none"> Corn on the Cob Spring Salad Mix
Fruit (Choose 1)	<ul style="list-style-type: none"> Fresh Apple Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Chilled Fruit Cup Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Fruit in Season 100% Fruit Juice 	<ul style="list-style-type: none"> Fresh Peach Cup Fresh Seasonal Fruit
<i>Week 3</i>	April 17	April 18	April 19	April 20	April 21
Meat, Meat Alt. & Grain (Choose 1)	<ul style="list-style-type: none"> RPS Burger w/ or w/o Cheese on WG Bun Chicken Patty Sandwich Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy Pizza Beef Nachos w/Cheese & Tortilla Chips Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Oven Baked Chicken w/Stuffing & WG Roll Corn Dog Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Breakfast for Lunch Turkey Sausage French Toast Sticks Parfait w/Granola Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Pizza Dippers w/Marinara Dipping Sauce Chicken Tenders w/Roll Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable (Choose 1-2)	<ul style="list-style-type: none"> Baked Beans Pickle Spears/Tomato/Lettuce Cup 	<ul style="list-style-type: none"> Seasoned Green Beans Fresh Baby Carrots w/Ranch Dip 	<ul style="list-style-type: none"> Steamed Broccoli Sweet Potatoes 	<ul style="list-style-type: none"> Hash Brown Potato Patty Fresh Baby Carrots w/Ranch Dip 	<ul style="list-style-type: none"> Chef Tossed Salad Oven Baked French Fries
Fruit (Choose 1)	<ul style="list-style-type: none"> Fresh Apple Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Chilled Fruit Cup Frozen Peach Cup 	<ul style="list-style-type: none"> Assorted Fruit 100% Fruit Juice 	<ul style="list-style-type: none"> Fresh Strawberries Frozen Peach Cup
<i>Week 4</i>	April 24	April 25	April 26	April 27	April 28
Meat, Meat Alt. & Grain (Choose 1)	<ul style="list-style-type: none"> RPS Burger w/ or w/o Cheese on WG Bun Chicken Patty Sandwich Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy Pizza Beef Nachos w/Cheese & Tortilla Chips Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Chicken Tender Wrap and Ranch Dip Strawberry or Vanilla Parfait Cup w/Granola and Muffin Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Philly Cheese Steak on WG Sub Roll Spicy Chicken Sandwich Chef Salad w/Baked Sun Chips & WG Muffin 	<ul style="list-style-type: none"> Big Daddy's Pizza Parfait w/Granola and Muffin Chef Salad w/Baked Sun Chips & WG Muffin
Vegetable (Choose 1-2)	<ul style="list-style-type: none"> Carrots with Dip Oven Baked French Fries 	<ul style="list-style-type: none"> Seasoned Steamed Broccoli Corn 	<ul style="list-style-type: none"> Baked Beans Pickle Spears/Tomato/Lettuce Cup 	<ul style="list-style-type: none"> Oven Baked French Fries Green Beans 	<ul style="list-style-type: none"> Corn on the Cob Spring Mix Salad
Fruit (Choose 1)	<ul style="list-style-type: none"> Fresh Apple Frozen Peach Cup 	<ul style="list-style-type: none"> Fresh Orange 100% Fruit Juice 	<ul style="list-style-type: none"> Assorted Fruit Frozen Peach Cup 	<ul style="list-style-type: none"> Chilled Fruit Cup 100% Fruit Juice 	<ul style="list-style-type: none"> Fresh Fruit in Season Frozen Peach Cup

Milk (Choose 1 per meal)

LF White | LF Chocolate | FF Skim

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