TOWN OF PUTNAM
COMMISSION ON AGING
200 SCHOOL STREET, PUTNAM CT 06260
860-963-6800 ~ www.putnamct.us

Meeting Minutes
TUESDAY, March 21, 2023 at 6:00 PM
(rescheduled from original date of 3/7/2023 and 1st special date of 3/14/2023 due to weather)

Special Meeting Minutes

Present: Stephanie Jarmolowicz, Paul Desautels, Laura Crosetti, Ann Russo, JoAnne Sorel (plus 15 guests)

Absent: Louise Brodeur, Melody Cassio, Linda Lamoureux, Sheila Coderre

1. Call To Order: The meeting was called to order at 6 p.m. by Co-Chair Stephanie Jarmolowicz
2. Approval of Minutes from February 7, 2023: Ann Russo made a motion to approve the minutes, seconded by Paul Desautels. Motion carried.
3. Petitions and Communications: Information from Director Bousquet:
   - **Easter Bunny Meet & Greet:** Saturday April 1st – bring your grandkids!
   - **Volunteer Appreciation Breakfast** is planned for Wednesday, May 3, 9am. Details to come.
   - **Newsletters** are in the works starting April. They will be in the community room when completed.
   - **Update received via email from Louise Brodeur on the Lifestyle Care Program:**
     - The speaker (Dr. Wade) was able to come and present information about the program on March 1. 17 people came to the presentation held in the library.
     - There was AND STILL IS room at all the locations listed below. Call 800-945-9479 to sign up. This is a program that runs multiple weeks.
       - Thursdays 2:30 at Creamery Brook, Brooklyn
       - Wednesdays 9:30 at Killingly Community Center
       - Wednesdays 1:00 at Plainfield Senior Center
     - *If funding is available from Senior Resources for the next cycle of classes in the fall, the Putnam Senior Program could be the designated site. That is a big "IF" at this time!*
4. Unfinished Business:
   A) Community Room/Kitchen Update: Monthly Calendars & Menus are being combined to 1 sheet starting April.
   B) Best Wishes Committee: Birthday cards are going out – sign up if you have not already done so.
   C) TVCCA Update: Annual inspection of kitchen to be done soon.
   D) NECOGG Van Update: Van is at Fox Rd facility and will be ready for April 20th trip.
   E) Celebration Meals: April 10th = Easter Ham Dinner, April 21st = Ethnic Jambalaya Celebration. Reminder that there will be no meal on Good Friday April 7th.
   F) Bus trip details so far:
      i April 20: Gregg's in Warwick, RI – sign ups available now! $15
      ii May 11: TENTATIVE: Chinese Buffet & Christmas Tree Shops in Attleboro, MA
      iii June 22: TENTATIVE: Wrights Farm in Burrillville, RI
      iv July 20: SAVE THE DATE – Summer Picnic at the Municipal Complex

G) Mardi Gras music with Wayne Sinclair Feb 21 with Ice Cream was a great hit & well attended.

H) Topical program ideas:

i **Surveys** recently ran in the Shoppers Guide, and are also available in the community room for activities input & looking for volunteers. Looking for as much feedback as possible, and asked all in attendance to share to build the COA participants & volunteers. To date 19 surveys have been received with suggestions for activities to be added: Dances (see notes in Public Comments), Chair Yoga, Cooking Classes, Crafts (specific crafts assigned to improve attendance), Readings/Story Times, Gardening topics.

Public Comments:

- Laura Crosetti followed up with information on the dances that used to take place at the Elks and were mentioned on the survey. Planning is in the works to tentatively get them offered again. Get your dancing shoes ready for hopefully dances to come starting in late August or early September.
- Volunteer Jahala gave thanks to the Rec team for helping with the community room/COA activities.

Adjournment: A motion was made by Paul Desautels, seconded by Laura Crosetti to adjourn the meeting at 6:32 p.m. Motion carried.

Respectfully Submitted: *Marcy B. Dawley*, Acting Secretary

Current Members: Co-Chairs: Stephanie Jarmolowicz & Louise Brodeur
Secretary: Melody Cassio
Linda Lamoureux, Paul Desautels, Sheila Coderre, Laura Crosetti, Ann Russo, JoAnne Sorel

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