

APRIL | 2023

Grades 7-12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p> <p>Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Spaghetti /Meat Sauce 1 Mozz. Breadstick or PB & J Sandwich Green Beans Fruit Milk</p>	<p>4</p> <p>Breakfast Lemon Bread Fruit Milk Fruit Juice Lunch Chicken Sandwich or Hamburger/W.W. Bun French Fries Lettuce/Tomato/Onion/Pickle Fruit Milk</p>	<p>5</p> <p>Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Taco or Chicken Fajita Chips Salsa Cheese Lettuce/Tomato Black Beans Corn Fruit Milk</p>	<p>6</p> <p>Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Easter Lunch Baked Ham/W.W. Roll Sweet Potatoes Green Beans Strawberry Cup Milk Cookie</p>	<p>7</p> <p>No School</p>
<p>10</p> <p>No School</p>	<p>11</p> <p>Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll or 2 Mozz. Breadstick/Marinara Cup Mashed Potatoes Glazed Carrots Fruit Milk</p>	<p>12</p> <p>Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Lettuce/Tomato/Onion/Pickle or Hot Dog/Chili/W.W. Bun Fries Vegetarian Beans Fruit Milk</p>	<p>13</p> <p>Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich or Corn Dog Nuggets Quick Baked Potatoes Steamed Broccoli Fruit Milk</p>	<p>14</p> <p>Breakfast Gravy & Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza or PB& J Sandwich Green Beans Corn Fruit Milk</p>
<p>17</p> <p>Breakfast Cinnamon Pull Apart Fruit Milk Fruit Juice Lunch Grilled Cheese or Pork BBQ/W.W. Bun French Fries Baked Beans Fruit Milk</p>	<p>18</p> <p>Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Popcorn Chicken or Beef Nuggets W.W. Roll Fruit Mashed Potatoes Steamed Broccoli Milk</p>	<p>19</p> <p>Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun Lettuce/Tomato/Onion/Pickle Hot Dog/Chili/W.W. Bun French Fries Fruit Vegetarian Beans Milk</p>	<p>20</p> <p>Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Turkey Italian Sub/ Cheese Lettuce/Tomato/Onion/Pickle or Orange Chicken/W.W. Roll Mixed Vegetables Quick Baked Potatoes Milk</p>	<p>21</p> <p>Breakfast Bacon, Egg & Cheese Biscuit Fruit Milk Fruit Juice Lunch Chicken Drumstick or Thigh or Chicken Quesadilla Mashed Potatoes Glazed Carrots Fruit Milk</p>
<p>24</p> <p>Breakfast I.W. Waffles Fruit Milk Fruit Juice Lunch Spaghetti /Meat Sauce 1 Mozz. Breadstick or PB& J Sandwich Green Beans Fruit Milk</p>	<p>25</p> <p>Breakfast Banana Bread Fruit Milk Fruit Juice Lunch Chicken Sandwich or Hamburger/W.W. Bun French Fries Lettuce/Tomato/Onion/Pickle Fruit Milk</p>	<p>26</p> <p>Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Taco or Chicken Fajita Chips Salsa Cheese Lettuce/ Tomato Black Beans Corn Fruit Milk</p>	<p>27</p> <p>Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Chicken Alfredo/Texas Toast or PB & J Sandwich Steamed Broccoli Glazed Carrots Fruit Milk</p>	<p>28</p> <p>Breakfast Gravy & Biscuit Fruit Milk Fruit Juice Lunch Pepperoni or Cheese Pizza Green Beans Corn Fruit Milk</p>

News

Variety of Cereal and Cereal Bars offered Daily at Breakfast. JCMS gets first entrée offered.

Choice of Milk offered at Breakfast and Lunch.

Salad Bar offered Daily at Lunch at JCHS
Tossed Salad offered Daily at JCMS

Variety of Fruit Offered Daily at Lunch at JCHS

Menus Subject to Change.

This Institution is an equal opportunity provider.