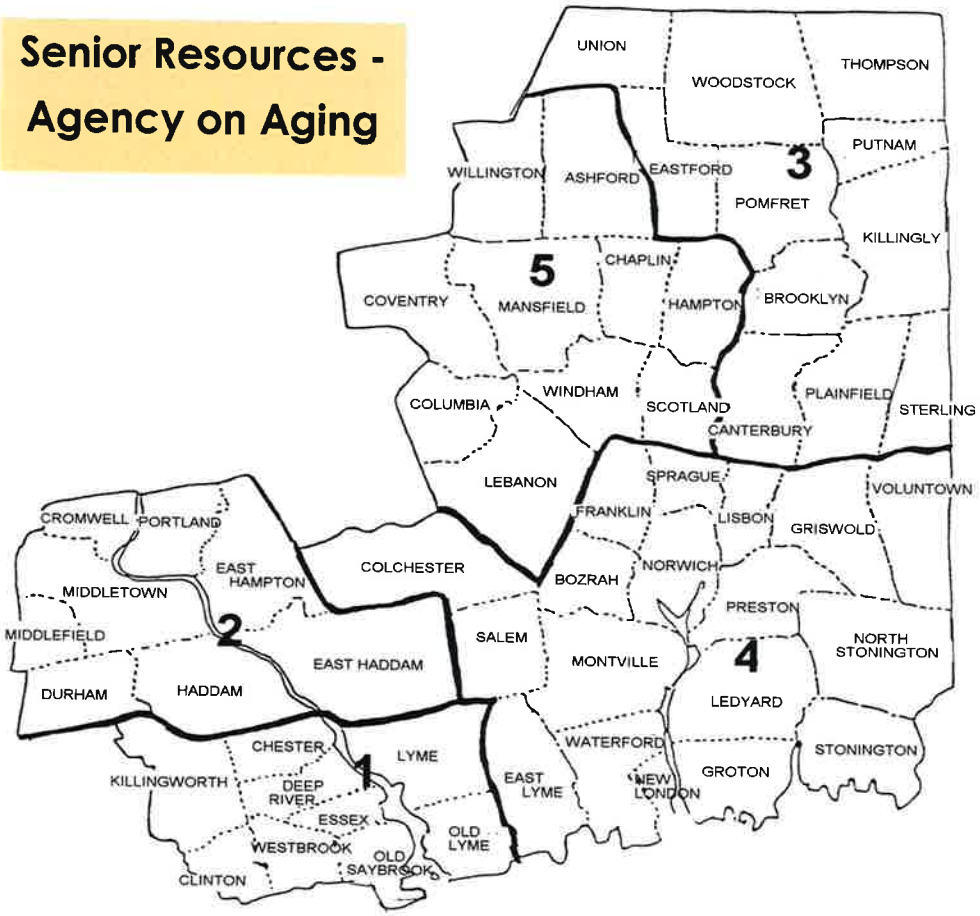
Senior Resources - Agency on Aging



ASHFORD	EAST HAMPTON	LYME	PUTNAM
BOZRAH	EAST LYME	MANSFIELD	SALEM
BROOKLYN	EASTFORD	MIDDLEFIELD	SCOTLAND
CANTERBURY	ESSEX	MIDDLETOWN	SPRAGUE
CHAPLIN	FRANKLIN	MONTVILLE	STERLING
CHESTER	GRISWOLD	NEW LONDON	STONINGTON
CLINTON	GROTON	NORTH STONINGTON	THOMPSON
COLCHESTER	HADDAM	NORWICH	UNION
COLUMBIA	HAMPTON	OLD LYME	VOLUNTOWN
COVENTRY	KILLINGLY	OLD SAYBROOK	WATERFORD
CROMWELL	KILLINGWORTH	PLAINFIELD	WESTBROOK
DEEP RIVER	LEBANON	POMFRET	WILLINGTON
DURHAM	LEDYARD	PORTLAND	WINDHAM
EAST HADDAM	LISBON	PRESTON	WOODSTOCK

Senior Resources

AGENCY ON AGING

The answers you need, resources you can trust.

Programs & Services

Mission Statement

To provide access to information and services to empower adults to live with dignity.

19 Ohio Avenue, Norwich, CT 06360
www.SeniorResourcesEC.org
SeniorInfo@SeniorResourcesEC.org
Phone 860.887.3561
Toll Free 800.690.6998
Fax 860.886.4736

Benefits Screening and Application Assistance

Senior Resources offers assistance to older adults to help determine eligibility for financial assistance programs and assistance in completing applications. Such programs include the Medicare Savings Program, Low Income Subsidy, Supplemental Nutrition Assistance Programs, and more!

Caregiver Respite Program & Supplemental Services

Senior Resources offers daytime or overnight services for caregivers of older individuals including those with Alzheimer's disease and related conditions.

Senior Resources offers monies that partially fund items such as durable medical equipment not covered by insurance or one-time emergency needs.

CHOICES — Medicare Health Insurance Counseling

Senior Resources' CHOICES program offers unbiased information on a wide variety of aging-related matters such as Medicare, supplemental insurance policies, and prescription drug insurance options.

Community Program Funding

Senior Resources identifies the specific needs of older adults - such as transportation, nutrition, senior centers, adult day care, and funds programs in the community that meets these needs.

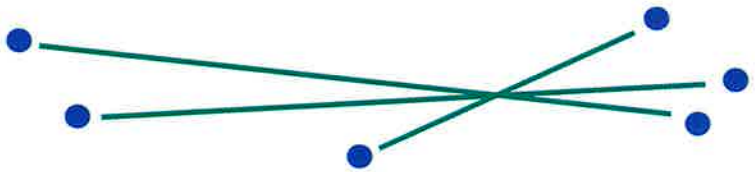
Congregate Housing Services Program (CHSP)

CHSP provides a wide variety of supportive services to help individuals live independently at home. This program is dedicated to individuals who need assistance in three or more daily living activities and is exclusive to certain senior housing sites in our Northeast Region.

Grandparents Raising Grandchildren

Senior Resources, through the National Family Caregiver Support Program, offers financial assistance to a grandparent or relative caregiver 55 or older caring for a child 18 years of age or under.

This program can assist with enrichment activities such as school field trips, sports fees and summer camps. The program can also assist with basic needs such as school clothing and supplies.



Informational Seminars & Guest Speakers

Senior Resources helps our aging population to understand and recognize their rights, to receive benefits to which they are entitled, and to make informed choices about quality of life concerns.

Senior Resources offers a wide range of informative seminars and guest speakers regarding topics that are of concern or interest to our senior population and their families.

It's Your Life ... Live it Well

Senior Resources offers multiple six week program to help individuals manage chronic health conditions, chronic pain and diabetes. Workshops are fun and interactive.

Money Follows the Person

Senior Resources provides guidance to people moving from an institutional setting back into the community.

Multidisciplinary Peer Networks (M-Teams)

M-Teams focus on elder issues and are open to persons who serve the aging population. The M-Team is an ideal opportunity for confidential case discussion and to get help with challenging cases. It's also an ideal platform for members to promote specific services and agencies, learn about upcoming events, and discover vital resources.

Nutrition Education & Counseling

Senior Resources is leading the way in providing highly qualified Nutrition Assessors and Educators for our clients. Registered Dietitians provide a variety of services including personal menu development, individualized counseling, and assessment.

Senior Medicare Patrol (SMP)

SMP volunteers are concerned citizens who empower seniors to prevent health care fraud through outreach and education. The volunteers work in their communities educating seniors, beneficiaries, family members, and caregivers on ways to prevent Medicare fraud and the importance of protecting their personal information.

Volunteers

Be the one who stands out in the crowd...Senior Resources needs:

- Board Members
- Advisory Council Members
- CHOICES Counselors
- SMP Volunteers
- Live Well Trainers