

Dear Parent/Guardian,

Thank you for registering your child with Gaylord Community Schools.

Please provide the following documents to complete the enrollment:

- ORIGINAL BIRTH CERTIFICATE
- **PROOF OF RESIDENCY** must have parent/guardian name and address indicating residency (Ex. driver's license, utility bill, rent/lease agreement, property tax statement, voter's registration, mortgage document, certification from work, etc.)
- **POWER OF ATTORNEY** or **GUARDIANSHIP PAPERWORK** if student doesn't live with parent
- Latest IEP or 504 PLAN if student receives special education services
- Copy of current IMMUNIZATION RECORD
- Evidence of VISION & HEARING SCREENING (Kindergarten only)

(For more information about immunization clinics and/or hearing & vision screenings, contact the Health Department at 1-800-432-4121 or your child's physician)

#### Please fill out the following forms:

- STUDENT INFORMATION RECORD (Emergency Card)
- **KINDERGARTEN WAIVER** (If applicable)
- REGISTRATION PROOF OF RESIDENCY
- CONSENT FOR DISCLOSURE OF IMMUNIZATION INFORMATION
- STUDENT INFORMATION SHEET
- **AFFIRMATION OF PRIOR STUDENT RECORD** (Grades 1-3 / Kindergarten if previously attended school)
- AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION (Records Request)
- TRANSPORTATION REGISTRATION FORM (If applicable)
- CONCUSSION AWARENESS ACKNOWLEDGEMENT FORM

These forms are to be filled out if the enrollment takes place after the school year has started:

- STUDENT/PARENT AGREEMENT SIGNATURE PAGE
- DIRECTORY INFORMATION OPT-OUT FORM

Your child's school assignment will be based on the following criteria:

- Same elementary school building as sibling/s
- Residence Zone
- Class enrollment

912 North Ohio Avenue, Gaylord, Michigan 49735 Phone: (989)731-2648 Fax: (989)731-3387 www.gaylordschools.com 650 East Fifth Street, Gaylord, Michigan 49735 Phone: (989)731-0648 Fax: (989)731-0095 www.gaylordschools.com

## 2023 Recommended Immunizations for Children from Birth Through 6 Years Old

	Birth	1	2	4	6	12	15	18	19-23	2-3	4-6
VACCINE		MONTH	MONTHS	MONTHS	MONTHS	MONTHS	MONTHS	MONTHS	MONTHS	YEARS	YEARS
HepB Hepatitis B	НерВ	Не	эрВ			He	əpB				
RV* Rotavirus			RV	RV	RV*						
<b>DTaP</b> Diphtheria, Pertussis, & Tetanus			DTaP	DTaP	DTaP		та	'aP			DTaP
Hib* Haemophilus influenzae type b			Hib	Hib	Hib*	H	lib				
PCV13, PCV15 Pneumococcal disease			PCV	PCV	PCV	P	cv				
IPV Polio			IPV	IPV		l	PV				IPV
COVID-19** Coronavirus disease 2019								COVID-19**			
<b>Flu†</b> Influenza							Flu (On	e or Two Doses '	Yearly)†		
MMR Measles, Mumps, & Rubella						м	MR				MMR
Varicella Chickenpox						Vari	cella				Varicella
HepA <sup>+</sup> Hepatitis A						HepA <sup>‡</sup>		He	¢A‡		
Health Center	epartment of h and Human Services is for Disease al and Prevention	Call to	ORE INFORMATION Il-free: 1-800-CE	DC-INFO (1-800-	232-4636)				FRAMELY PHYNBICIAN	American Ac of Pediatrics	-

### FOR AN APPOINTMENT AT ANY OF THE FOLLOWING LOCATIONS, PLEASE CALL 1-800-432-4121

BELLAIRE	HEALTH DEPARTMENT – 209 Portage Dr.
BOYNE CITY	BOYNE CITY EDUCATION CENTER – 321 S. Park St.
CHARLEVOIX	HEALTH DEPARTMENT – 220 W. Garfield
GAYLORD	HEALTH DEPARTMENT – 95 Livingston Blvd.
MANCELONA	HEALTH DEPARTMENT – 205 Grove St.
PETOSKEY	HEALTH DEPARTMENT – 3434 M-119, Suite A
PELLSTON	HORNET HEALTH CENTER – 172 Park St.

This institution is an equal opportunity provider.



### GAYLORD COMMUNITY SCHOOLS 2023-2024 STUDENT INFORMATION RECORD

Please print clearly in ink and provide all information requested. Sign, date, and return to your student's school.

Student's Legal Last Name:		First Name:		Middle Nar	ne:	Preferred Fin	rst Name:
Home Phone:		Gender: (M/F)		Grade		Date of Birth	1:
Student's Residence Address:				City:		Zip Code:	
Mailing Address for Student Ma	ailings:			City:		Zip Code:	
School District of Residence:				County of Residence		Birthplace: (City / State / Country)	
Please note that if ethnicity and race	information is no	ot provided, the US D	epartmen	t of Education	requires the scho	ool district to pr	ovide an answer on our behalf.
ETHNICITY (check one)			RA	CE (number	all that apply)		
Non-Hispanic	African Am	erican		America	n Indian / Alaska	Native	Asian
Hispanic	Native Hav	vaiian / Pacific Islando	er	White			Hispanic / Latino
LANGUAGE SPOKEN AT HOM	E:(select all that	at apply) Eng	lish _	_ Spanish	Other: (spec	cify)	
STUDENT LIVES WITH: (check	one):						
Both Parents	Mother On	lyF	ather Onl	у	Foster Pare	ents	Other (specify below)
Joint Custody	Mother / St		ather / St	ep-Mother	Host Family	y	
Legal Guardian	Mother / O	therF	ather / Ot	her	Adult Stude	ent	
STUDENT'S RESIDENCE IS: (cf	neck one)						
Single Family Dwelling			More	than 1 family i	n house	Motel /	/ Car / Campsite
With Friends / Family (other than parent/guardian) Sh			Shelte	er		Other	
		PAREI	NT INFO	RMATION			
Mother Name: Father Name:							
Cell Phone: C				I Phone			
Lione Dione							
Home Phone:			Но	me Phone:			
Email:			Em	ail:			
Work Place/Phone:			Wo	Work Place/Phone:			
Lives with Student (select o	ne):YE	SNO	Li	Lives with Student (select one):YESNO			
If a parent does not live in the same hou	isehold as the stu	ident, send school mai	lings to th	is address (Op	tional):		
Is any parent a member of the Armed Forces and on active duty (select one):YESNO							
If there are adults who are restricted from seeing this student OR if there is any other guardianship information by order of a court, please list them here. WE CAN NOT RESTRICT A PARENT WITHOUT LEGAL DOCUMENTATION ON FILE AT THE SCHOOL							
	WE GAR NOT RESIRED AT AREAT WITHOUT LEGAE DOCUMENTATION ON FILE AT THE SCHOOL						
OTHER ADULTS RESIDING IN THE HOME: (not in				uding moth	er and father I	isted above)	
	Last,First)			Relationsh			Phone
					-		
			1				

STUDENT ID:
RESIDENT STATUS:
K-8 HOMEROOM TEACHER:

	OFFICE	USE	ONLY
UIC:			

STUDENT

DISTRICT OF RESIDENCE:

DISTRICT ENTRY DATE:

OTHER CHILDRE	OTHER CHILDREN RESIDING IN THE HOME:					
Name (Last, First)	Birthdate	Grade	School Attending			
MEDIC	AL INFORMATION					
ALLERGIES:	CONDI	FIONS:				
Food (List below) (Contact cafe for special diets)	A	sthma - Parent p	roviding inhaler to office? YES NO			
Animals (List below)		Diabetes				
Medications (List below)			ures (Explain below)			
Other (List below)	(	Other Medical Info	rmation (Explain below)			
Parent providing Epipen? YES NO						
Please list any allergies and/or provide spo	ecific information on c	onditions checked	above:			
Please provide any additional information regarding your child	's health or medical is:	sues you would lik	e the school to be aware of:			
Medical Authorizations and Au	thorization to Transpo	rt in Case of Emer	gency			
In case of an accident or serious illness, I request the school to contact m	e. If the school cannot re	aach ma I baraby a	uthorize the school to call the physician			
indicated and follow his/her instructions. If the physician cannot be reached						
Doctor Name:		Doctor Phone:				
PERSONS AUTHORIZED TO PICK UP	CHILD FOR EMERC	SENCY PURPOS	EONLY			
If your child is injured, ill, etc., and needs to leave school, we will first contact	ct the parents listed on th	ne front of this card.	If parents are unavailable, we will contact			
the following individuals authorized to pick up your child from school for eme						
YOUR CHILD WILL NOT BE RELEASED TO ANY UNAUTHORIZED PERSON           Name (Last, First)         Relationship         Phone						
Name (Last, Filst)	RelationSII		FILONE			
I offirm that as the parent/legal guardian all information provid			ability and the state of the listest			

I affirm that as the parent/legal guardian, all information provided is true and accurate and that my child and I reside at the listed address. I understand that any false information provided by me may subject me to legal penalties for perjury.



## **REGISTRATION PROOF OF RESIDENCY**

### **Proof of residency Submitted:**

O Driver's license	O Proof of residency from the County Registrar of Voters
O Lease / Rental agreement	O Current vehicle registration showing residency address
O Utility bill for the current month	O Letter from parent's employer on company letterhead
O Property Tax Bill	O Copy of money order for rent payment
O Mortgage Statement	O Other

I declare that I physically reside at:

(complete address)

I declare under the penalty of perjury that the student listed below resides at the above address. I also agree to notify the school within two (2) weeks when residency has been changed. I understand that a new affidavit and a new proof of residency must be submitted. <u>If I move</u> <u>outside the district, appropriate forms will also be required.</u>

Falsification of any information or document required for residency verification or the use of the address of another person without actually residing there may result in; withdrawal of student from Gaylord Community Schools and/or being held liable to reimburse the district for expenses incurred to educate this student.

Student Nam	Grade		
Sibling Names	Grade		School

Parent / Guardian Name

Parent / Guardian Signature

Relationship to Student

Date

### **Gaylord Community Schools**

#### Consent for Disclosure of Immunization Information to Local and State Health Departments

Immunizations are an important part of keeping our children healthy. Schools and State and Local health departments must monitor immunization levels to ensure that all communities are protected from potentially life-threatening diseases and, if necessary, respond promptly to an emerging public health threat. It is important that disease threats be minimized through the monitoring of students being immunized.

Sharing immunization and personally identifiable information including the students name, Date of Birth, gender, and address with local and state health departments will help to keep your child safe from vaccine preventable diseases. The Family Educational Rights and Privacy Act (FERPA), 20 U.S.C. § 1232g, requires written parental consent before personally identifiable information from your child's education records is disclosed to the health department. If your child is 18 or over, he or she is an "eligible student" and must provide consent for disclosures of information from his or her education records.

You may withdraw your consent to share this information in writing at any time.

I authorize Gaylord Community Schools to release my child's immunization record\_to the Michigan Department of Health and Human Services and Local Health Department. I understand this information will be used to improve the quality and timeliness of immunization services and to help schools comply with Michigan Law. This includes any immunization information and limited personally identifiable information from the school.

Student's Name:	Date of Birth://
Student Building:	Grade Level:
Signature of Parent/Guardian or Eligible Student:	Date://
Printed Parent/Guardian Name:	

Rev.8/2/18

## Gaylord Community Schools First Through Third Grade Information

Today's Date \_\_\_\_\_ Child's Name \_\_\_\_\_ Gender \_\_\_\_\_ Birthdate \_\_\_\_\_ Gender \_\_\_\_\_ Name you wish your child to be called in school \_\_\_\_\_ Mother's First Name \_\_\_\_\_\_ Last Name \_\_\_\_\_ Father's First Name \_\_\_\_\_\_ Last Name \_\_\_\_\_ Home Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_ Mailing Address (if different) \_\_\_\_\_\_ City, State, Zip \_\_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ With whom does your child reside?\_\_\_\_\_ Is your child right or left handed? \_\_\_\_\_ Does your child wear glasses? \_\_ Yes \_\_ No Any known allergies? Yes No *If yes, please explain:* Any known health concerns? \_\_\_\_ Heart Trouble \_\_\_\_ Diabetes \_\_\_\_ Seizures \_\_\_\_ Asthma \_\_\_\_ Frequent Colds \_\_\_\_ Eczema \_\_\_\_ Earaches \_\_\_\_ Sore Throats \_\_\_\_ Fears \_\_\_\_ Hemophiliac \_\_\_\_Epilepsy \_\_\_\_ Nose Bleed \_\_\_\_ Hearing Problems \_\_\_\_ Bee Stings \_\_\_\_ Trouble passing urine or bowel movement \_\_\_\_ Shortness of Breath \_\_\_\_ Other: \_\_\_\_\_

- 1. Are there any special things about your child that we should know, such as, illness, divorce, recent move, special fears, etc. that could affect learning?
- 2. Please list any group experiences your child has participated in (STARS, Head Start, Nursery School, Daycare, Story Hour, etc). Give names and dates.
- Has your child been identified for any special services such as health, speech/language, or ECDD? \_\_\_\_ Yes \_\_\_\_ No If yes, please explain.

4.	Does your child take medication on a regular basis? Yes No
	If yes, what medication? Reason:
5.	How does your child spend his/her leisure time?
6.	Explain any responsibilities your child has at home.
7.	What are some favorite things your child likes to do?
8.	Do you celebrate holidays and birthdays in your home? Yes No If no, please explain:
9.	Is your child able to sit in a group setting and listen to a story for ten minutes? Yes No
10.	Does your child listen without interrupting while someone else talks? Yes No
11.	Does your child know his/her: Phone number? Yes No
	Address? <u>Yes</u> No
12.	Do you have books/magazines/newspapers at home that your child reads? Yes No
13.	What do you expect your child to acquire through his/her educational experience?
14.	What else would you like your child's teacher to know about your child?
4 -	

- 15. Would you be interested in occasionally sending snack items or a food ingredient for an occasional cooking project? \_\_\_\_ Yes \_\_\_\_ No
- 16. Would you be willing to volunteer in your child's classroom? \_\_\_\_ Yes \_\_\_\_ No



#### **AFFIRMATION OF PRIOR STUDENT RECORD**

[NOT a request for records]

	[10]		
Student Name:			Grade:
Previous School:			
Previous School Distri	ct:		
DISCIPLINE			
weapons, alcohol or oproperty committed	trugs, or for the willful infliction of	lic or private school in Michigan or an injury to another person or for any a pol sponsored activity, or on a pub activity.	ct of violence against persons and/or
	] NO YES		
> <u>SPECIAL EDUC</u>	ATION SERVICES / Section 50	<u>)4</u>	
My child received th	ne following services:		
Ľ	SPECIAL EDUCATION SERVICE	S Section 504	4
The undersigned affiri	ms that the above information is wl	hat parent/guardian indicated in above	e student's registration form.
		District Representative	Date
From:			
Please check one:	, , , , , , , , , , , , , , , , , , ,		
	ording to our records, we verify that ording to our records, the informati	t the information provided above <u>IS</u> co	rrect.
	-	STRAR@GAYLORD.K12.MI.US or fax	x to 989-732-6029 :
Attachment:	Transcript/Report Card	IEP, MET, 504 Plan, etc.	Discipline Records
Signature of Sending	District Administrator or Designee		Date



### **AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION**

Student Name:	DO	B:	Grade:
Has your child ever attended Gaylord Community Schools?		⊖YES	School Bldg: SME NOE GMS GIS GHS Year/s attended:
School Transferring From:		_ School	District:
Previous School Address:			
Phone No.: Fax	No.:		

I authorize release of the following records for the child listed above:

COMPLETE CUMULATIVE	TRANSCRIPT	CURRENT MET, IEP, 504 Plan	Confidential Files (IEPC)
BIRTH CERTIFICATE	WITHDRAWAL GRADES	MEDICAL FILE	Psychological & Diagnostic Reports
IMMUNIZATION RECORD	CURRENT SCHEDULE	SOCIAL WORKER REPORTS	DISCIPLINE RECORD
			·

Has the above child received special education services?	$\bigcirc$ NO	$\bigcirc$ YES
Has/have the above child received section 504 services?	$\bigcirc$ NO	$\bigcirc$ YES

If marked yes, area(s) services provided:

\* Parental permission is no longer required when records are requested by authorized school personnel in compliance with "Federal Education Rights and Privacy Act, Final Rule on Educational Records, Federal Register, June 17, 1976, Vol41, No. II, Page 2465."

\* The Michigan Attorney General ruled on April 23, 1982 that a school district may not withhold records of a student who transfer to another district if the student has an outstanding obligation to the school district.

Please accept this as a notification that Gaylord Community Schools will be requesting an FTE adjustment per Section 25 for the above student.

UIC No. \_\_\_\_

First Date of Attendance:

Signature of GCS Administrator

#### PLEASE FOWARD STUDENT RECORDS TO SCHOOL INDICATED BELOW:

#### Date Request Sent: \_\_\_\_\_

GCS District Registrar	North Ohio Elem.	South Maple Elem.	Gaylord Intermediate School	Gaylord Middle School	Gaylord High School
615 S. Elm Ave.	912 North Ohio Ave.	650 East Fifth Ave.	240 East Fourth Avenue	600 East Fifth Avenue	90 Livingston Blvd.
Gaylord, MI 49735	Gaylord, MI 49735	Gaylord, MI 49735			Gaylord, MI 49735
Phone: 989-705-3027	FIIUILE. 909-131-2040	Phone: 989-731-0648	Phone: 989-731-0856		Phone: 989-731-0969
Fax: 989-732-6029	Fax: 989-731-3387	Fax: 989-731-0095	Fax: 989-732-6475	Fax: 989-732-2632	Fax: 989-731-2585

## **Gaylord Community Schools Transportation Registration Form**

Transportation questions please call: (989) 705-3022

Return registration forms to your students' school building during school days. During the summer months, please return to the Board of Education Office- 615 S. Elm Avenue.						
Date:	ge 🗆 Moved					
<sup>®</sup> New <u>enrollment</u> registration forms must be completed and returned to the Registrars' Office.	e <sup>®</sup> Families with multip only one form.	le students need t	o submit			
<ul> <li>It may take Transportation Dept. up to 5 school days to arrange</li> <li>for busing upon receiving this form.</li> <li>More processing time may be necessary during the new school year registration period.</li> </ul>						
Student Name	School	Grade	Gender			
Bus Stop will be at or closest to the students address. We can accommo	date ONLY one Pick Up an	d ONLY one Drop	Off location			
AM Pick Up (check one)	t Name					
AddressPhone#	#					
PM Drop Off (check one)  Home Day Care Other Contact	t Name					
AddressPhone#						
*Signature of Parent/Guardian*Print	Sign					
Email: Phone:						
	Phone:					
Please Fill Out Top						
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans	Half 1	ination other t				
Please Fill Out Top	Half 1	ination other t				
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans	Half 1 sported to/from a dest	ination other t tion form.	han listed			
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R	Half 1 sported to/from a dest	ination other t tion form.	han listed			
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R AM Pick Up (check one) □ Home □ Day Care □ Other Contact	Half  to/from a dest provided with registrat Relationship to Student	ination other t tion form.	han listed			
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R AM Pick Up (check one) □ Home □ Day Care □ Other Contact	Half sported to/from a dest provided with registrationship to Student Name	ination other t tion form.	han listed			
Please Fill Out Top I     Joint Custody/Shared Parenting Only If student will be trans     above, please indicate below. <u>A copy of court papers must be p     Parent Name</u>	Half sported to/from a dest provided with registrationship to Student Name	ination other t tion form.	han listed			
Please Fill Out Top I   Joint Custody/Shared Parenting Only If student will be transa   above, please indicate below. A copy of court papers must be p   Parent Name   Parent Name   AM Pick Up (check one)   Home   Day Care   Other   Contact   Address   PM Drop Off (check one)   Home   Day Care   Other   Contact   Address	Half  sported to/from a dest brovided with registrat celationship to Student Name	ination other t	han listed			
Please Fill Out Top I     Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p Parent Name</u>	Half  sported to/from a dest orovided with registrat elationship to Student Name Name	ination other t	han listed			
Please Fill Out Top I   Joint Custody/Shared Parenting Only If student will be transa   above, please indicate below. A copy of court papers must be p   Parent Name   Parent Name   R   AM Pick Up (check one)   Home   Day Care   Other   Contact   Address   PM Drop Off (check one)   Home   Day Care   Other   Contact   Address   Phone#_	Half  sported to/from a dest provided with registrat celationship to Student Name Name Phone: prm students school of	ination other t tion form.	han listed			
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be transabove, please indicate below. <u>A copy of court papers must be p</u> Parent Name	Half	bus schedule v	han listed			

#### UNDERSTANDING CONCUSSIONS

#### **Educational Material for Parents and Students**

(Content Meets MDCH Requirements)

Sources: Michigan Department of Community Health, CDC and the National Operating Committee on Standards for Athletic Equipment (NOCSAE), National Athletic Trainers Association

Some Common Symptoms								
	Headache	Balance Problems	Sensitivity to Noise	Poor Concentration	Not "Feeling Right"			
	Pressure in the Head	Double Vision	Sluggishness	Memory Problems	Feeling Irritable			
	Nausea/Vomiting	Blurry Vision	Haziness	Confusion	Slow Reaction Time			
	Dizziness	Sensitivity to Light	Fogginess	"Feeling Down"	Sleep Problems			
			Grogginess					

#### WHAT IS A CONCUSSION?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. A concussion can be caused by a shaking, spinning for a sudden stopping and starting of the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. A concussion can happen even if you haven't been knocked out.

You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If the student reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student who may have had a concussion should not return to activity on the day of the injury and not until a health care professional says they are okay to return to activity.

#### IF YOU SUSPECT A CONCUSSION:

- 1. SEEK MEDICAL ATTENTION RIGHT AWAY-A health care professional will be able to decide how serious the concussion is and when it is safe for the student to return to regular activities, including sports. Don't hide it, report it. Ignoring symptoms and trying to "tough it out" often makes it worse.
- 2. KEEP YOUR STUDENT OUT OF ACTIVITY-Concussions take time to heal. Don't let the student return to activity the day of the injury and not until a health professional says it is okay. A student who returns to activity too soon, while the brain is still healing, risks a greater chance of having a second concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. Repeat or second concussions increase the time it takes to recover and can be very serious. They can cause permanent brain damage, affecting the student for a lifetime. They can be fatal.
- TELL THE SCHOOL ABOUT ANY PREVIOUS CONCUSSION(S)-Schools should know if a student had a previous concussion. A 3. student's school may not know about a concussion received in another sport or activity unless you notify them.

#### SIGNS OBSERVED BY PARENTS:

- Appears dazed or stunned Can't recall events prior to or after a hit or fall Answers questions slowly Is confused or has trouble with homework or Appears fatigued Loses consciousness (even briefly) school assignments Forgets an instruction Shows mood, behavior or personality changes
  - Moves clumsily

#### **CONCUSSION DANGER SIGNS:**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. If a student sustains a bump, blow or jolt to the head or body and the following danger signs are present, immediate medical attention should be sought at the closest emergency department.

- One pupil larger than the other
- ٠ Repeated vomiting or nausea
  - Has unusual behavior
- Weakness, numbness or decreased coordination

Slurred speech

- Cannot recognize people or places
- Becomes increasingly confused or agitated
- A headache that gets worse
- Loses consciousness (even briefly)
- Is drowsy and cannot be awakened
- **Convulsions or seizures**

WHAT SHOULD YOU DO?

If a student reports one or more symptoms of a concussion after receiving a bump, blow or jolt to the head or body, h/she should be immediately removed from activity (this includes but is not limited to, athletics, PE classes, band, dance, aerobics, theatre and choir.) The student should only return to activity with the permission of a health care professional experienced in evaluating concussions. Rest is key during recovery. Exercising or activities that require a lot of concentration (such as studying, working on the computer or playing video games) may cause concussion symptoms to reappear or get worse. Students who return to school after a concussion may need to spend fewer hours at school, take rest breaks, be given extra help and time, and spend less time reading, writing or on a computer or iPad. After a concussion, returning to sports and school is a gradual process and should be monitored by a health care professional. Concussions affect each individual differently. Some may recover quickly and fully while others may have symptoms that last for days, weeks or even months.

To learn more, go to www.cdc.gov/concussion

# **CONCUSSION AWARENESS**

## EDUCATIONAL MATERIAL ACKNOWLEDGEMENT FORM

By my name and signature below, I acknowledge in accordance with Public Acts 342 and 343 of 2012 that I have received and reviewed the "Understanding Concussions: Education for Parents and Athletes" provided by <u>Gaylord Community Schools.</u>

Student Name Printed

Parent or Guardian Name Printed

Student Name Signature

Parent or Guardian Name Signature

Date

Date

Return this signed form to your school's athletic office or to your coach. The school must keep this on file until the student is age 18. We realize this may not be the first nor the last time you sign and submit this form, as each organization needs to have a copy. Thank you for your cooperation and understanding.

Students and parents please review and keep the educational materials available for future reference.