

Dear Parent/Guardian,

Thank you for registering your child with Gaylord Community Schools.

Please provide the following documents to complete the enrollment:

- ORIGINAL BIRTH CERTIFICATE
- **PROOF OF RESIDENCY** must have parent/guardian name and address indicating residency (Ex. driver's license, utility bill, rent/lease agreement, property tax statement, voter's registration, mortgage document, certification from work, etc.)
- Copy of current IMMUNIZATION RECORD
- **POWER OF ATTORNEY** or **GUARDIANSHIP PAPERWORK** if student doesn't live with parent
- Latest IEP or 504 PLAN if student receives special education services

Please fill out the following forms:

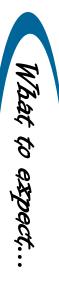
- STUDENT INFORMATION RECORD (Emergency Card)
- REGISTRATION PROOF OF RESIDENCY
- CONSENT FOR DISCLOSURE OF IMMUNIZATION INFORMATION
- STUDENT INFORMATION SHEET
- ELECTIVE CHOICES FORM
- AFFIRMATION OF PRIOR STUDENT RECORD
- AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION (Records Request)
- TRANSPORTATION REGISTRATION FORM (If applicable)
- CONCUSSION AWARENESS ACKNOWLEDGEMENT FORM

These forms are to be filled out if the enrollment takes place after the school year has started:

- STUDENT/PARENT AGREEMENT SIGNATURE PAGE
- DIRECTORY INFORMATION OPT-OUT FORM
- CHROMEBOOK TECHNOLOGY USE AGREEMENT
- TECHNOLOGY PROTECTION PLAN (optional)
- * Parent and student must schedule a meeting with building administrator before starting classes. That meeting should take place 48 hours after the forms have been completed and turned in.
- * During the 48 hours prior to the meeting, the school counselor will make contact with the sending school to find the student's school history. The counselor will also contact the student's assigned teachers.
- * The enrollment interview will then take place with parents, counselor, and building administrators. The student may then start classes the following day once all criteria are met.

615 East Fifth Street, Gaylord, Michigan 49735 Phone: (989)731-0848 Fax: (989)732-2632 www.gaylordschools.com

Gaylord Middle WELCOME TO ... School (989)731-0848 Gaylord Middle School 600 East Fifth Street Gaylord, MI 49735 (989)731-0848 There are lots of adults ready to help students make the transition to GMS. for help for any reason. Everyone is Students should not be afraid to ask School are always willing to answer All of the adults at Gaylord Middle questions, provide help and listen. Here to Help Mr. Smith, Assistant Principal Mrs. Baril, School Counselor Everyone Is Here are some of those people: Mrs. Hartmann, Secretary Mr. Somerville, Principal Mrs. Moore, Secretary here to help! Teachers • • • • •



The First Day of School

what to do on the first day of school. A letter will be Students do not need to worry about where to go or



all 7th grade students will report to mailed home at the end of summer. be introduced and students will line the gym. The 1st hour teachers will teacher. On the first day of school, It will indicate the student's 1st hour

give the students a tour of the building. up with their teacher. The teachers will lead the students to their classroom, pass out schedules, assign lockers and

Finding Your Way

Students tend to worry about how they will find their There is nothing to worry about! tween classes ready to help students find their way. Most importantly, all teachers stand in the hallways beules that match the room numbers on the classrooms. classes. Students will find room numbers on their sched-

Schedule

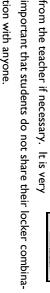
classroom with a different teacher. switching classes each hour. Students will have seven class periods. Each class will be in a different One big change that students will experience is

Sample Schedule

	Time	Subject
lst hour	7:58-8:58	ELA
2nd hour	9:02-9:53	Elective
3rd hour	9:57-10:49	Elective
4th hour	10:53-11:45	Science
Lunch	11:45-12:20	Lunch
5th hour	12:24-12:59	Seminar
6th hour	12:59-1:51	Social Studies
7th hour	1:55-2:47	Math

Lockers

from the teacher if necessary. It is very tice opening their locker and get help well. Students will have a chance to pracnations will be given out on the first day as locker on the first day of school. Combi-Each student will be assigned their own



School Supplies

books, highlighters and most students like to have a Each teacher will let students know what school superal it is helpful if students have plies will be most helpful for that some pencils, folders, spiral noteparticular class. However, in gen-

Being Prepared

3-ring binder.

their next class, get a drink or use the bathroom if necestime they will visit their locker to pick up materials for Students have four minutes in between classes. During this required for that particular class. important that students come prepared with the materials sary and arrive at their next class before the bell. It is very

Organization

Having several different classes with several different teachers increases the need for good or-

a planner on the first day of school planner. Looking at the student's write down all assignments in their Students are highly encouraged to ganization. Each student will receive



their materials well organized. Using separate folders and students have. It is also important for students to keep planner is a good way for parents to see what homework notebooks for each class is helpful.

Getting Involved

þ made so students will know when and where to sign archery club, and book club. Announcements are tling,, cheerleading and track. Students must have a school including football, volleyball, basketball, wres-Several athletic activities are available through the meet new people and feel more connected to GMS. council, robotics, cross county ski club, art club, offers a number of other activities such as student physical on file to participate in athletics. GMS also Getting involved in school activities is a great way to

Dress Code

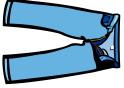
points to keep in mind while school shopping. not the dress code in it's entirety, but rather some code. GMS does enforce this dress code. This is find the student handbook which includes the dress In the first few pages of the student planner, you will

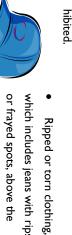
Shorts and skirts must be at or below the stu-

•

- Clothing which exposes undent's fingertips.
- Clothing that displays obskin is prohibited. dergarments or excessive
- scene, violent or profane

language or pictures are pro-





or frayed spots, above the knees, are prohibited. which includes jeans with rips

- are not to be worn to school. Pajamas or pajama pants
- Headwear (ball caps, winter hats, headbands, etc.) are not to be worn in school.



7th Grade Immunization Update

7th grade students must show proof of having had the required childhood immunizations for Michigan school settings by the first day of school. Parents wishing to waive immunizations for religious or philosophical reasons must make an appointment at the local health department for waiver education. Students with true medical contraindications to immunizations must see their primary care provider to receive a *Medical Contraindication Waiver Form*.

The State of Michigan requires children to be adequately immunized to attend school. Children entering 7th grade who are 11 years old and/or older are required to have the following:

Two doses of varicella (Var) vaccine or history of chickenpox disease

- Before the vaccine, about 100 people died each year as a result of chickenpox in the United States.
- Getting the recommended doses of chickenpox vaccine greatly reduces your chance of getting chickenpox.
- Anyone who is not fully vaccinated and never had chickenpox should receive the recommended doses of chickenpox vaccine.

One dose of meningococcal (MCV4) vaccine

- Meningitis is spread through close contact: coughing, kissing and sharing food or drinks.
- Meningococcal vaccine can protect children and teens.
- One dose at ages 11-12 years and a booster dose at age 16 years.

One dose of tetanus/diphtheria/acellular pertussis (Tdap) vaccine

- Tdap vaccine protects against whooping cough along with diphtheria and tetanus. This vaccine is very effective in preventing all 3 diseases.
- Tdap vaccine is usually given at the 11-12 year old visit.

Two doses of measles/mumps/rubella (MMR) Vaccine

- MMR vaccine can prevent measles, mumps, and rubella. High rates of vaccination have made these diseases much less common in the U.S.
- Anyone who is not fully vaccinated should receive the recommended doses of MMR vaccine.

Three doses of hepatitis B vaccine

- Hepatitis B is a liver disease that can cause mild illness lasting a few weeks, or it can lead to a serious lifelong illness. Hepatitis B vaccine can prevent Hepatitis B.
- Children and adolescents who have not yet gotten the vaccine should receive the recommended three doses of Hepatitis B vaccine.

Three to four doses of polio vaccine (depending on age at time of vaccination)

- Polio is a disabling disease which can infect a person's spinal cord, leading to paralysis. Polio vaccine can prevent Polio.
- Anyone who is not fully vaccinated should receive the recommended doses of Polio vaccine. (Only three doses are needed if dose three was given at or after four years of age).

*Two doses of Human Papillomavirus (HPV) vaccine are recommended for all girls and boys

- This vaccine is very effective against several types of HPV, including HPV-related cancers, and works best if given **before** exposure to HPV.
- Vaccination against HPV is usually started at 11-12 years of age. (This vaccine is available for ages 9 years old through 26 years old).
- * vaccines are recommended, but not required for school entry.

Avoid the last minute rush to have your child vaccinated before they enter 7th Grade! Call to make your child's vaccine appointment today. Contact your child's primary care provider or the Health Department of Northwest Michigan;. immunization records are available as well.

No health insurance? Assistance in applying for free or low cost health insurance is available by calling the Health Department at **1-800-432-4121**. No child is denied immunizations due to an inability to pay. Contact your child's primary care provider or your local health department if you have any questions or would like to schedule an appointment.



Vaccines Required for School Entry in Michigan

children are fully protected and any school vaccination requirements are met. serious diseases is to follow the recommended vaccination schedule at cdc.gov/vaccines. When following the recommended schedule school. These laws are the minimum standard for preventing disease outbreaks in group settings. The best way to protect children from Whenever children are in group settings there is a chance for disease to spread. Children must follow vaccine laws in order to attend

	All Kindergarteners and 4-6 year old transfer students	All 7th Graders and 7-18 year old transfer students
Diphtheria, Tetanus, Pertussis (DTP, DTaP, Tdap)	4 doses DTP or DTaP 1 dose must be at or after 4 years of age	4 doses diphtheria and tetanus or 3 doses if 1 st dose given on or after 1 year of age 1 dose Tdap at 11 years of age or older upon entry into ^{7th} grade or higher
Polio	3 doses if d	4 doses or 3 doses if dose 3 was given on at or after 4 years of age
Measles, Mumps, Rubella (MMR)*	2	2 doses at or after 12 months of age
Hepatitis B*		3 doses
Meningococcal Conjugate (MenACWY)	None	1 dose at 11 years of age or older upon entry into 7 th grade or higher
Varicella (Chickenpox)*	2 or Current	2 doses at or after 12 months of age or Current lab immunity or History of varicella disease
*If the child has not received these the above ages upon entry into school. D	*If the child has not received these vaccines, documented immunity is required. All doses of vaccines must be valid (correct the above ages upon entry into school. During disease outbreaks, incompletely vaccinated children may be excluded from school. Paren	*If the child has not received these vaccines, documented immunity is required. All doses of vaccines must be valid (correct spacing and ages) for school entry purposes. These rules apply to children who are the above ages upon entry into school. During disease outbreaks, incompletely vaccinated children may be excluded from school. Parents and guardians choosing to decline vaccines must obtain a certified non-medical

The Michigan Department of Health and Human Services will not exclude from participation in, deny benefits of, or discriminate against any individual or group because of race, sex, religion, age, national origin, color, height, weight, marital status, gender identification or expression, sexual orientation, partisan considerations, or a disability or genetic information that is unrelated to the waiver from a local health department. Read more about waivers at Michigan.gov/Immunize

MDHHS-Pub-1378 (Rev. 6-21) person's eligibility.



GAYLORD COMMUNITY SCHOOLS 2023-2024 STUDENT INFORMATION RECORD

Please print clearly in ink and provide all information requested. Sign, date, and return to your student's school.

Student's Legal Last Name:		First Name:		Middle Nar	ne:	Preferred Fi	rst Name:	
Home Phone:		Gender: (M/F)		Grade		Date of Birth	1:	
Student's Residence Address:		-		City:		Zip Code:		
Mailing Address for Student Ma	ailings:			City:		Zip Code:		
School District of Residence:				County of	Residence	Birthplace: (City / State / Country)	
Please note that if ethnicity and race	information is no	ot provided, the US D	epartmen	t of Education	requires the scho	ool district to pr	ovide an answer on our behalf.	
ETHNICITY (check one)				RACE (number all that apply)				
Non-Hispanic	African Am	erican		America	n Indian / Alaska	Native	Asian	
Hispanic	Native Hav	vaiian / Pacific Islando	er	White Hispanic / Latino			Hispanic / Latino	
LANGUAGE SPOKEN AT HOM	E:(select all that	at apply) Eng	lish _	_ Spanish	Other: (spec	cify)		
STUDENT LIVES WITH: (check	one):							
Both Parents	Mother On	lyF	ather Onl	у	Foster Pare	ents	Other (specify below)	
Joint Custody	Mother / St		ather / St	ep-Mother	Host Family	y		
Legal GuardianMother / OtherFather / OtherAdult Student								
STUDENT'S RESIDENCE IS: (cf	neck one)							
Single Family Dwelling More than 1 family in house Motel / Car / Campsite								
With Friends / Family (other than parent/guardian) Shelter Other								
PARENT INFORMATION								
Mother Name: Father Name:								
Cell Phone:			Ce	I Phone				
Hama Dhanay								
Home Phone:			Но	me Phone:				
Email:			Em	ail:				
Work Place/Phone:			Wo	Work Place/Phone:				
Lives with Student (select o	ne):YE	SNO	Li	Lives with Student (select one):YESNO				
If a parent does not live in the same hou	isehold as the stu	ident, send school mai	lings to th	is address (Op	tional):			
Is any parent a member of the	Armed Ford	ces and on active	e duty (s	elect one):	_YES	NO		
If there are adults who are restrict WE CAN	-	his student OR if ther		-		-	-	
		G IN THE HOME:	(not incl	uding moth	er and father I	isted above)		
	Last,First)			Relationsh			Phone	
					-			
			1					

STUDENT ID:
RESIDENT STATUS:
K-8 HOMEROOM TEACHER:

	OFFICE	USE	ONLY
UIC:			

STUDENT

DISTRICT OF RESIDENCE:

DISTRICT ENTRY DATE:

OTHER CHILDRE	N RESIDING IN THE	HOME:				
Name (Last, First)	Birthdate	Grade	School Attending			
MEDIC	AL INFORMATION					
ALLERGIES: CONDITIONS:						
Food (List below) (Contact cafe for special diets)	A	sthma - Parent p	roviding inhaler to office? YES NO			
Animals (List below)		Diabetes				
Medications (List below)			ures (Explain below)			
Other (List below)	(Other Medical Info	rmation (Explain below)			
Parent providing Epipen? YES NO						
	ecific information on c	onditions checked	above:			
Please list any allergies and/or provide specific information on conditions checked above:						
Please provide any additional information regarding your child's health or medical issues you would like the school to be aware of:						
Medical Authorizations and Au	thorization to Transpo	rt in Case of Emer	gency			
In case of an accident or serious illness, I request the school to contact m	e. If the school cannot re	aach ma I baraby a	uthorize the school to call the physician			
indicated and follow his/her instructions. If the physician cannot be reached						
Doctor Name:		Doctor Phone:				
PERSONS AUTHORIZED TO PICK UP	CHILD FOR EMERC	SENCY PURPOS	EONLY			
If your child is injured, ill, etc., and needs to leave school, we will first contact	ct the parents listed on th	ne front of this card.	If parents are unavailable, we will contact			
the following individuals authorized to pick up your child from school for eme						
YOUR CHILD WILL NOT BE RELEASED TO ANY UNAUTHORIZED PERSON Name (Last, First) Relationship Phone						
Name (Last, First)	Relationshi		FILONE			
I offirm that as the parent/legal guardian all information provid			ability and the state of the listest			

I affirm that as the parent/legal guardian, all information provided is true and accurate and that my child and I reside at the listed address. I understand that any false information provided by me may subject me to legal penalties for perjury.



REGISTRATION PROOF OF RESIDENCY

Proof of residency Submitted:

O Driver's license	O Proof of residency from the County Registrar of Voters
O Lease / Rental agreement	O Current vehicle registration showing residency address
O Utility bill for the current month	O Letter from parent's employer on company letterhead
O Property Tax Bill	O Copy of money order for rent payment
O Mortgage Statement	O Other

I declare that I physically reside at:

(complete address)

I declare under the penalty of perjury that the student listed below resides at the above address. I also agree to notify the school within two (2) weeks when residency has been changed. I understand that a new affidavit and a new proof of residency must be submitted. <u>If I move</u> <u>outside the district, appropriate forms will also be required.</u>

Falsification of any information or document required for residency verification or the use of the address of another person without actually residing there may result in; withdrawal of student from Gaylord Community Schools and/or being held liable to reimburse the district for expenses incurred to educate this student.

Student Nam	Grade	
Sibling Names	School	

Parent / Guardian Name

Parent / Guardian Signature

Relationship to Student

Date

Gaylord Community Schools

Consent for Disclosure of Immunization Information to Local and State Health Departments

Immunizations are an important part of keeping our children healthy. Schools and State and Local health departments must monitor immunization levels to ensure that all communities are protected from potentially life-threatening diseases and, if necessary, respond promptly to an emerging public health threat. It is important that disease threats be minimized through the monitoring of students being immunized.

Sharing immunization and personally identifiable information including the students name, Date of Birth, gender, and address with local and state health departments will help to keep your child safe from vaccine preventable diseases. The Family Educational Rights and Privacy Act (FERPA), 20 U.S.C. § 1232g, requires written parental consent before personally identifiable information from your child's education records is disclosed to the health department. If your child is 18 or over, he or she is an "eligible student" and must provide consent for disclosures of information from his or her education records.

You may withdraw your consent to share this information in writing at any time.

I authorize Gaylord Community Schools to release my child's immunization record_to the Michigan Department of Health and Human Services and Local Health Department. I understand this information will be used to improve the quality and timeliness of immunization services and to help schools comply with Michigan Law. This includes any immunization information and limited personally identifiable information from the school.

Student's Name:	Date of Birth://
Student Building:	Grade Level:
Signature of Parent/Guardian or Eligible Student:	Date://
Printed Parent/Guardian Name:	

Rev.8/2/18

Gaylord Middle School 7th Grade Registration 2023-2024

Student Name (print)

Electives Place an X to indicate your elective choice. You can choose one, both or neither.

Band

Band is a year-long class. The 7th grade band program meets daily. Band students perform 3-4 concerts in per year. Members of the 7th grade also have the opportunity to play in the pep band and the jazz band. Students also participate in MSBOA District 2 Band Festival and have the opportunity to participate in Solo and Ensemble Festival.

Chorus

Chorus is a **year-long** class that is open to all students who are interested in singing. The group will perform several times a year, including at the annual Veteran's Day assembly, a Winter Concert and a Spring Concert. Gaylord Middle School Choirs will also perform at Choir Festivals. Students will also have the opportunity to audition for Middle School State Honors Choir. In addition to learning how to sing, students will also begin learning basic music theory.

Rotation classes (nine weeks each):

- Art
- Health
- Physical Education
- Math Connection

7th Grade Schedule

- Students will take the required core classes of Language Arts, Math, Social Studies and Science.
- Students may choose to take both Band and Chorus.
- Students who choose Band or Chorus will also have all rotation classes.
- Students who do not choose Band or Chorus will have all rotation classes and a pair of other elective classes that vary year to year.
- All course offerings are subject to change.

Parent Signature Student Signature



AFFIRMATION OF PRIOR STUDENT RECORD

[NOT a request for records]

	[100		
Student Name:			Grade:
Previous School Distri	ct:		
DISCIPLINE			
weapons, alcohol or o property committed	drugs, or for the willful infliction of	blic or private school in Michigan or an of injury to another person or for any a hool sponsored activity, or on a pub d activity.	ct of violence against persons and/or
] NO SYSTEM YES		
SPECIAL EDUC	ATION SERVICES / Section 5	<u>04</u>	
My child received th	ne following services:		
Ľ	SPECIAL EDUCATION SERVIC	CES Section 50	4
The undersigned affir	ms that the above information is v	what parent/guardian indicated in above	e student's registration form.
		District Representative	Date
	(name of previous school)		
Please check one:			
	ording to our records, we verify th	at the information provided above <u>IS</u> co	prrect.
	ording to our records, the informa	tion provided above <u>IS NOT</u> correct.	
Please email the follo	wing student records to GCS.REG	ISTRAR@GAYLORD.K12.MI.US or fa	x to 989-732-6029 :
Attachment:	Transcript/Report Card	I IEP, MET, 504 Plan, etc.	Discipline Records
Signature of Sending	District Administrator or Designee	Title	Date



AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION

Student Name:	DO	B:	Grade:
Has your child ever attended Gaylord Community Schools?		OYES	School Bldg: SME NOE GMS GIS GHS Year/s attended:
School Transferring From:		_ School	District:
Previous School Address:			
Phone No.: Fax	No.:		

I authorize release of the following records for the child listed above:

Has the above child received special education services?

C	COMPLETE CUMULATIVE	TRANSCRIPT	CURRENT MET, IEP, 504 Plan	Confidential Files (IEPC)
BI	SIRTH CERTIFICATE	WITHDRAWAL GRADES	MEDICAL FILE	Psychological & Diagnostic Reports
IN	MMUNIZATION RECORD	CURRENT SCHEDULE	SOCIAL WORKER REPORTS	DISCIPLINE RECORD

Has /have the above child received section EQ4 convisor?		⊖ YES
Has/have the above child received section 504 services?	\bigcirc NU	\bigcirc YES

If marked yes, area(s) services provided: _____

* Parental permission is no longer required when records are requested by authorized school personnel in compliance with "Federal Education Rights and Privacy Act, Final Rule on Educational Records, Federal Register, June 17, 1976, Vol41, No. II, Page 2465."

* The Michigan Attorney General ruled on April 23, 1982 that a school district may not withhold records of a student who transfer to another district if the student has an outstanding obligation to the school district.

Please accept this as a notification that Gaylord Community Schools will be requesting an FTE adjustment per Section 25 for the above student.

UIC No.

First Date of Attendance:

Signature of GCS Administrator

PLEASE FOWARD STUDENT RECORDS TO SCHOOL INDICATED BELOW:

Date Request Sent: _____

GCS District Registrar	North Ohio Elem.	South Maple Elem.	Gaylord Intermediate School	Gaylord Middle School	Gaylord High School
615 S. Elm Ave.	912 North Ohio Ave.		240 East Fourth Avenue	600 East Fifth Avenue	90 Livingston Blvd.
Gaylord, MI 49735	Gaylord, MI 49735	Gaylord, MI 49735	Gaylord, MI 49735	Gaylord, MI 49735	Gaylord, MI 49735
Phone: 989-705-3027	Phone: 989-731-2648	Phone: 989-731-0648	Phone: 989-731-0856	Phone: 989-731-0848	Phone: 989-731-0969
	Fax: 989-731-3387	Fax: 989-731-0095	Fax: 989-732-6475	Fax: 989-732-2632	Fax: 989-731-2585

Gaylord Community Schools Transportation Registration Form

Transportation questions please call: (989) 705-3022

During the summer months, please return to the Board	ool building during sc of Education Office- 6	-	iue.
Date:	ge 🗆 Moved		
[®] New <u>enrollment</u> registration forms must be completed and returned to the Registrars' Office.	e [®] Families with multip only one form.	le students need t	o submit
 It may take Transportation Dept. up to 5 school days to arrange It may take Transportation Dept. up to 5 school days to arrange More processing time may be necessary during the new school year registration period. 			
Student Name	School	Grade	Gender
Bus Stop will be at or closest to the students address. We can accommo	date ONLY one Pick Up an	d ONLY one Drop	Off location
AM Pick Up (check one)	t Name		
AddressPhone#	#		
PM Drop Off (check one) Home Day Care Other Contact	t Name		
AddressPhone#			
*Signature of Parent/Guardian*Print	Sign		
Email:	Phone:		
	Phone:		
Please Fill Out Top			
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans	Half 1	ination other t	
Please Fill Out Top	Half 1	ination other t	
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans	Half 1 sported to/from a dest	ination other t tion form.	han listed
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R	Half 1 sported to/from a dest	ination other t tion form.	han listed
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R AM Pick Up (check one) □ Home □ Day Care □ Other Contact	Half to/from a dest provided with registrat Relationship to Student	ination other t tion form.	han listed
Please Fill Out Top Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p</u> Parent Name R AM Pick Up (check one) □ Home □ Day Care □ Other Contact	Half sported to/from a dest provided with registrationship to Student Name	ination other t tion form.	han listed
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p Parent Name</u>	Half sported to/from a dest provided with registrationship to Student Name	ination other t tion form.	han listed
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be transa above, please indicate below. A copy of court papers must be p Parent Name Parent Name AM Pick Up (check one) Home Day Care Other Contact Address PM Drop Off (check one) Home Day Care Other Contact Address	Half sported to/from a dest brovided with registrat celationship to Student Name	ination other t	han listed
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be trans above, please indicate below. <u>A copy of court papers must be p Parent Name</u>	Half sported to/from a dest orovided with registrat elationship to Student Name Name	ination other t	han listed
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be transa above, please indicate below. A copy of court papers must be p Parent Name Parent Name R AM Pick Up (check one) Home Day Care Other Contact Address PM Drop Off (check one) Home Day Care Other Contact Address Phone#_	Half sported to/from a dest provided with registrat celationship to Student Name Name Phone: prm students school of	ination other t tion form.	han listed
Please Fill Out Top I Joint Custody/Shared Parenting Only If student will be transabove, please indicate below. <u>A copy of court papers must be p</u> Parent Name	Half	bus schedule v	han listed

UNDERSTANDING CONCUSSIONS

Educational Material for Parents and Students

(Content Meets MDCH Requirements)

Sources: Michigan Department of Community Health, CDC and the National Operating Committee on Standards for Athletic Equipment (NOCSAE), National Athletic Trainers Association

Some Common Symptoms					
	Headache	Balance Problems	Sensitivity to Noise	Poor Concentration	Not "Feeling Right"
	Pressure in the Head	Double Vision	Sluggishness	Memory Problems	Feeling Irritable
	Nausea/Vomiting	Blurry Vision	Haziness	Confusion	Slow Reaction Time
	Dizziness	Sensitivity to Light	Fogginess	"Feeling Down"	Sleep Problems
			Grogginess		

WHAT IS A CONCUSSION?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. A concussion can be caused by a shaking, spinning for a sudden stopping and starting of the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. A concussion can happen even if you haven't been knocked out.

You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If the student reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student who may have had a concussion should not return to activity on the day of the injury and not until a health care professional says they are okay to return to activity.

IF YOU SUSPECT A CONCUSSION:

- 1. SEEK MEDICAL ATTENTION RIGHT AWAY-A health care professional will be able to decide how serious the concussion is and when it is safe for the student to return to regular activities, including sports. Don't hide it, report it. Ignoring symptoms and trying to "tough it out" often makes it worse.
- 2. KEEP YOUR STUDENT OUT OF ACTIVITY-Concussions take time to heal. Don't let the student return to activity the day of the injury and not until a health professional says it is okay. A student who returns to activity too soon, while the brain is still healing, risks a greater chance of having a second concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. Repeat or second concussions increase the time it takes to recover and can be very serious. They can cause permanent brain damage, affecting the student for a lifetime. They can be fatal.
- TELL THE SCHOOL ABOUT ANY PREVIOUS CONCUSSION(S)-Schools should know if a student had a previous concussion. A 3. student's school may not know about a concussion received in another sport or activity unless you notify them.

SIGNS OBSERVED BY PARENTS:

- Appears dazed or stunned Can't recall events prior to or after a hit or fall Answers questions slowly Is confused or has trouble with homework or Appears fatigued Loses consciousness (even briefly) school assignments Forgets an instruction Moves clumsily Shows mood, behavior or personality changes

CONCUSSION DANGER SIGNS:

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. If a student sustains a bump, blow or jolt to the head or body and the following danger signs are present, immediate medical attention should be sought at the closest emergency department.

- One pupil larger than the other
- ٠ Repeated vomiting or nausea
 - Has unusual behavior
- Weakness, numbness or decreased coordination
- places
- Becomes increasingly confused or agitated
- A headache that gets worse
- Loses consciousness (even briefly)
- Is drowsy and cannot be awakened
- **Convulsions or seizures**

- Slurred speech
- Cannot recognize people or
 - WHAT SHOULD YOU DO?

If a student reports one or more symptoms of a concussion after receiving a bump, blow or jolt to the head or body, h/she should be immediately removed from activity (this includes but is not limited to, athletics, PE classes, band, dance, aerobics, theatre and choir.) The student should only return to activity with the permission of a health care professional experienced in evaluating concussions. Rest is key during recovery. Exercising or activities that require a lot of concentration (such as studying, working on the computer or playing video games) may cause concussion symptoms to reappear or get worse. Students who return to school after a concussion may need to spend fewer hours at school, take rest breaks, be given extra help and time, and spend less time reading, writing or on a computer or iPad. After a concussion, returning to sports and school is a gradual process and should be monitored by a health care professional. Concussions affect each individual differently. Some may recover quickly and fully while others may have symptoms that last for days, weeks or even months.

To learn more, go to www.cdc.gov/concussion

CONCUSSION AWARENESS

EDUCATIONAL MATERIAL ACKNOWLEDGEMENT FORM

By my name and signature below, I acknowledge in accordance with Public Acts 342 and 343 of 2012 that I have received and reviewed the "Understanding Concussions: Education for Parents and Athletes" provided by <u>Gaylord Community Schools.</u>

Student Name Printed

Parent or Guardian Name Printed

Student Name Signature

Parent or Guardian Name Signature

Date

Date

Return this signed form to your school's athletic office or to your coach. The school must keep this on file until the student is age 18. We realize this may not be the first nor the last time you sign and submit this form, as each organization needs to have a copy. Thank you for your cooperation and understanding.

Students and parents please review and keep the educational materials available for future reference.