



Mr. Joe Somerville, Principal

Mr. David Smith, Assistant Principal

Dear Parent/Guardian,

Thank you for registering your child with Gaylord Community Schools.

### Please provide the following documents to complete the enrollment:

- ORIGINAL BIRTH CERTIFICATE
- PROOF OF RESIDENCY must have parent/guardian name and address indicating residency
  (Ex. driver's license, utility bill, rent/lease agreement, property tax statement, voter's registration, mortgage document, certification from work, etc.)
- Copy of current IMMUNIZATION RECORD
- POWER OF ATTORNEY or GUARDIANSHIP PAPERWORK if student doesn't live with parent
- Latest IEP or 504 PLAN if student receives special education services

### Please fill out the following forms:

- STUDENT INFORMATION RECORD (Emergency Card)
- REGISTRATION PROOF OF RESIDENCY
- CONSENT FOR DISCLOSURE OF IMMUNIZATION INFORMATION
- STUDENT INFORMATION SHEET
- ELECTIVE CHOICES FORM
- AFFIRMATION OF PRIOR STUDENT RECORD
- AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION (Records Request)
- TRANSPORTATION REGISTRATION FORM (If applicable)
- CONCUSSION AWARENESS ACKNOWLEDGEMENT FORM

### These forms are to be filled out if the enrollment takes place after the school year has started:

- STUDENT/PARENT AGREEMENT SIGNATURE PAGE
- DIRECTORY INFORMATION OPT-OUT FORM
- CHROMEBOOK TECHNOLOGY USE AGREEMENT
- TECHNOLOGY PROTECTION PLAN (optional)
- \* Parent and student must schedule a meeting with building administrator before starting classes. That meeting should take place 48 hours after the forms have been completed and turned in.
- \* During the 48 hours prior to the meeting, the school counselor will make contact with the sending school to find the student's school history. The counselor will also contact the student's assigned teachers.
- \* The enrollment interview will then take place with parents, counselor, and building administrators. The student may then start classes the following day once all criteria are met.



# Vaccines Required for School Entry in Michigan

children are fully protected and any school vaccination requirements are met. serious diseases is to follow the recommended vaccination schedule at cdc.gov/vaccines. When following the recommended schedule school. These laws are the minimum standard for preventing disease outbreaks in group settings. The best way to protect children from Whenever children are in group settings there is a chance for disease to spread. Children must follow vaccine laws in order to attend

Varicella (Chickenpox)*	Meningococcal Conjugate (MenACWY)	Hepatitis B*	Measles, Mumps, Rubella (MMR)*	Polio	Diphtheria, Tetanus, Pertussis (DTP, DTaP, Tdap)	
2 or Curren	None		2	3 doses if o	4 doses DTP or DTaP 1 dose must be at or after 4 years of age	All Kindergarteners and 4-6 year old transfer students
2 doses at or after 12 months of age or Current lab immunity or History of varicella disease	1 dose at 11 years of age or older upon entry into 7 <sup>th</sup> grade or higher	3 doses	2 doses at or after 12 months of age	4 doses or 3 doses if dose 3 was given on at or after 4 years of age	4 doses diphtheria and tetanus or 3 doses if 1 <sup>st</sup> dose given on or after 1 year of age 1 dose Tdap at 11 years of age or older upon entry into 7 <sup>th</sup> grade or higher	All 7th Graders and 7-18 year old transfer students

the above ages upon entry into school. During disease outbreaks, incompletely vaccinated children may be excluded from school. Parents and guardians choosing to decline vaccines must obtain a certified non-medical waiver from a local health department. Read more about waivers at <u>Michigan.gov/Immunize</u> \*If the child has not received these vaccines, documented immunity is required. All doses of vaccines must be valid (correct spacing and ages) for school entry purposes. These rules apply to children who are

The Michigan Department of Health and Human Services will not exclude from participation in, deny benefits of, or discriminate against any individual or group because of race, sex, religion, age, national origin, color, height, weight, marital status, gender identification or expression, sexual orientation, partisan considerations, or a disability or genetic information that is unrelated to the person's eligibility.



# Everyone Is Here to Help

There are lots of adults ready to help students make the transition to GMS. Here are some of those people:

- Mr. Somerville, Principal
- Mr. Smith, Assistant Principal
- Mrs. Baril, School Counselor
- Mrs. Hartmann, Secretary
- Mrs. Moore, Secretary
- Teachers

All of the adults at Gaylord Middle School are always willing to answer questions, provide help and listen. Students should not be afraid to ask for help for any reason. Everyone is here to help!

WELCOME TO...

Gaylord Middle School



Gastord Middle School
600 East, Fifth Street,
Gastord, MI 4,9735
(989)731-0848

(989)731-0848

# What to expect...

# The First Day of School

Students do not need to worry about where to go or what to do on the first day of school. A letter will be



mailed home at the end of summer. It will indicate the student's 1st hour teacher. On the first day of school, all 7th grade students will report to the gym. The 1st hour teachers will be introduced and students will line

up with their teacher. The teachers will lead the students to their classroom, pass out schedules, assign lockers and give the students a tour of the building.

# Finding Your Way

Students tend to worry about how they will find their classes. Students will find room numbers on their schedules that match the room numbers on the classrooms. Most importantly, all teachers stand in the hallways between classes ready to help students find their way. There is nothing to worry about!

## Schedule

One big change that students will experience is switching classes each hour. Students will have seven class periods. Each class will be in a different classroom with a different teacher.

Sample Schedule

	Time	Subject
1st hour	7:58-8:58	ELA
2nd hour	9:02-9:53	Elective
3rd hour	9:57-10:49	Elective
4th hour	10:53-11:45	Science
Lunch	11:45-12:20	Lunch
5th hour	12:24-12:59	Seminar
6th hour	12:59-1:51	Social Studies
7th hour	1:55-2:47	Math

### Lockers

Each student will be assigned their own locker on the first day of school. Combinations will be given out on the first day as well. Students will have a chance to practice opening their locker and get help from the teacher if necessary. It is very



important that students do not share their locker combination with anyone.

# **School Supplies**

Each teacher will let students know what school supplies will be most helpful for that particular class. However, in gen-



particular class. However, in general it is helpful if students have some pencils, folders, spiral note-

books, highlighters and most students like to have a 3-ring binder.

# Being Prepared

Students have four minutes in between classes. During this time they will visit their locker to pick up materials for their next class, get a drink or use the bathroom if necessary and arrive at their next class before the bell. It is very important that students come prepared with the materials required for that particular class.

# Organization

Having several different classes with several different teachers increases the need for good organization. Each student will receive a planner on the first day of school.

Students are highly encouraged to write down all assignments in their

planner is a good way for parents to see what homework students have. It is also important for students to keep their materials well organized. Using separate folders and notebooks for each class is helpful.

planner. Looking at the student's

# Getting Involved

Getting involved in school activities is a great way to meet new people and feel more connected to GMS. Several athletic activities are available through the school including football, volleyball, basketball, wrestling, cheerleading and track. Students must have a physical on file to participate in athletics. GMS also offers a number of other activities such as student council, robotics, cross county ski club, art club, archery club, and book club. Announcements are made so students will know when and where to sign up.

# Dress Code

In the first few pages of the student planner, you will find the student handbook which includes the dress code. GMS does enforce this dress code. This is not the dress code in it's entirety, but rather some points to keep in mind while school shopping.

- Shorts and skirts must be at or below the student's fingertips.
- Clothing which exposes undergarments or excessive skin is prohibited.
- Clothing that displays obscene, violent or profane language or pictures are prohibited.



- Ripped or torn clothing, which includes jeans with rips or frayed spots, above the knees, are prohibited.
- Pajamas or pajama pants

are not to be worn to school.

Headwear (ball caps, winter hats, headbands, etc.) are not to be worn in school.

### **GAYLORD COMMUNITY SCHOOLS** 2023-2024 STUDENT INFORMATION RECORD

	, ,		oquootoui Oigii, uuto, uiiu	return to your student's school.		
Student's Legal Last Name:		First Name:	Middle Name:	Preferred First Name:		
Home Phone:		Gender: (M/F)	Grade	Date of Birth:		
Student's Residence Addres	SS:		City:	Zip Code:		
Mailing Address for Student	Mailings:		City:	Zip Code:		
School District of Residence	<b>9</b> :		County of Residence	e Birthplace: (City / State / Country)		
Please note that if ethnicity and ra	ace information is no	ot provided, the US Depart	ment of Education requires th	e school district to provide an answer on our behalf.		
ETHNICITY (check one)			RACE (number all that ap	oply)		
Non-Hispanic	African Am	erican	American Indian / A	alaska Native Asian		
Hispanic	Native Haw	vaiian / Pacific Islander	White Hispanic / Latino			
LANGUAGE SPOKEN AT HO	OME:(select all tha	at apply) English	Spanish Other:	(specify)		
STUDENT LIVES WITH: (che	ck one):					
Both Parents	Mother On	y Father	Only Fost	er Parents Other (specify below)		
Joint Custody	Mother / St	ep-Father Father	/ Step-Mother Host	Step-Mother Host Family		
Legal Guardian						
STUDENT'S RESIDENCE IS:	(check one)					
Single Family Dwellin	g	N	fore than 1 family in house	Motel / Car / Campsite		
With Friends / Family			helter	Other		
		PARENT II	NFORMATION			
Mother Name:			Father Name:			
Cell Phone:			Cell Phone			
Home Phone:		Home Phone:				
Email: Email:						
Email:						
Email: Work Place/Phone:						
Work Place/Phone: Lives with Student (selec	<u> </u>		Email: Work Place/Phone: Lives with Student (s	select one):YESNO		
Work Place/Phone:	<u> </u>		Email: Work Place/Phone: Lives with Student (s	select one): YES NO		
Work Place/Phone: Lives with Student (selec	household as the stu	dent, send school mailings	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):	select one):YESNO NO		
Work Place/Phone:  Lives with Student (select of a parent does not live in the same of the	the Armed Force	dent, send school mailings ces and on active dut his student OR if there is a	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES	NO ation by order of a court, please list them here.		
Work Place/Phone:  Lives with Student (select of a parent does not live in the same of the	the Armed Force	dent, send school mailings ces and on active dut his student OR if there is a	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES	NO ation by order of a court, please list them here.		
Work Place/Phone:  Lives with Student (select If a parent does not live in the same Is any parent a member of  If there are adults who are res	the Armed Force	dent, send school mailings  ces and on active duth  his student OR if there is a  A PARENT WITHOUT LE	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES  any other guardianship informs GAL DOCUMENTATION OF	NO ation by order of a court, please list them here. I FILE AT THE SCHOOL		
Work Place/Phone:  Lives with Student (select If a parent does not live in the same Is any parent a member of  If there are adults who are res WE CA	the Armed Force tricted from seeing to the NOT RESTRICT	dent, send school mailings  ces and on active duth  his student OR if there is a  A PARENT WITHOUT LE	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES  any other guardianship informs GAL DOCUMENTATION Office including mother and face	NO ation by order of a court, please list them here. I FILE AT THE SCHOOL ther listed above)		
Work Place/Phone:  Lives with Student (select If a parent does not live in the same Is any parent a member of  If there are adults who are res WE CA	the Armed Force	dent, send school mailings  ces and on active duth  his student OR if there is a  A PARENT WITHOUT LE	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES  any other guardianship informs GAL DOCUMENTATION OF	NO ation by order of a court, please list them here. I FILE AT THE SCHOOL		
Work Place/Phone:  Lives with Student (select If a parent does not live in the same Is any parent a member of  If there are adults who are res WE CA	the Armed Force tricted from seeing to the NOT RESTRICT	dent, send school mailings  ces and on active duth  his student OR if there is a  A PARENT WITHOUT LE	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES  any other guardianship informs GAL DOCUMENTATION Office including mother and face	NO ation by order of a court, please list them here. I FILE AT THE SCHOOL ther listed above)		
Work Place/Phone:  Lives with Student (select If a parent does not live in the same Is any parent a member of  If there are adults who are res WE CA	the Armed Force tricted from seeing to the NOT RESTRICT	dent, send school mailings  ces and on active duth  his student OR if there is a  A PARENT WITHOUT LE	Email:  Work Place/Phone:  Lives with Student (stothis address (Optional):  y (select one):YES  any other guardianship informs GAL DOCUMENTATION Office including mother and face	NO ation by order of a court, please list them here. I FILE AT THE SCHOOL ther listed above)		

RESIDENT STATUS: K-8 HOMEROOM TEACHER: DISTRICT OF RESIDENCE: DISTRICT ENTRY DATE:

PM BUS ROUTE:

Secondary Route Info - AM: PM:

OTHER CHILDRE	N RESIDING IN THE	E HOME:		
Name (Last, First)	Birthdate	Grade	School Attending	
			<u> </u>	
MEDICA	L INFORMATION			
ALLERGIES:		TIONS:	and idian intertents office 0 MEO NO.	
Food (List below) (Contact cafe for special diets)				
Animals (List below) Medications (List below)	Diabetes			
Other (List below)	Convulsions / Seizures (Explain below) Convulsions / Seizures (Explain below)			
Other (Electionary)		Other Medical Inic	Timetion (Explain bolow)	
Parent providing Epipen? YES NO				
Please list any allergies and/or provide spe	ecific information on o	conditions checked	l above:	
Please provide any additional information regarding your child	s health or medical is	sues you would lik	te the school to be aware of:	
Medical Authorizations and Aut	thorization to Transpo	ort in Case of Emer	gency	
In case of an accident or serious illness, I request the school to contact me	e. If the school cannot	reach me, I hereby a	authorize the school to call the physician	
indicated and follow his/her instructions. If the physician cannot be reache	d, the school may mak	e necessary arrange	ements for the well-being of my child.	
Doctor Name:				
octor Name: Doctor Phone:				
PERSONS AUTHORIZED TO PICK UP	CHILD FOR EMER	GENCY PURPOS	E ONLY	
If your child is injured, ill, etc., and needs to leave school, we will first contact	•			
the following individuals authorized to pick up your child from school for eme	ergency purposes only.	Your child should I	know the person. ID may be requested.	
YOUR CHILD WILL NOT BE REL	EASED TO ANY UNA	UTHORIZED PERS	ON	
Name (Last, First)	Relationsh	ip	Phone	
I affirm that as the parent/legal guardian, all information provid	ad is true and accor	rate and that my	child and I reside at the listed	
address. I understand that any false information provided by m		-		
and the state of t	a, oabjoot iile	ugai pondities		
Signature of Parent / G	uardian		Date	



### **REGISTRATION PROOF OF RESIDENCY**

Proo	of of residency S	ubmitted:			
O Driver's license O Lease / Rental agreement O Utility bill for the current month O Property Tax Bill O Mortgage Statement	current month O Letter from parent's employer on company letterhead O Copy of money order for rent payment				
I declare that I physically reside at: _		(complete addres	s)		
I declare under the penalty of perjury I also agree to notify the school with understand that a new affidavit and outside the district, appropriate for	thin two (2) wee I a new proof of	ks when reside residency mus	ency has been changed. I		
Falsification of any information or do address of another person without a from Gaylord Community Schools an incurred to educate this student.	actually residing t	here may resul	t in; withdrawal of student		
Student I	Name		Grade		
Sibling Names	Grade		School		
	,				
Parent / Guardian Name		Parent / G	uardian Signature		
Relationship to Student			 Date		

### **Gaylord Community Schools**

### Consent for Disclosure of Immunization Information to Local and State Health Departments

Immunizations are an important part of keeping our children healthy. Schools and State and Local health departments must monitor immunization levels to ensure that all communities are protected from potentially life-threatening diseases and, if necessary, respond promptly to an emerging public health threat. It is important that disease threats be minimized through the monitoring of students being immunized.

Sharing immunization and personally identifiable information including the students name, Date of Birth, gender, and address with local and state health departments will help to keep your child safe from vaccine preventable diseases. The Family Educational Rights and Privacy Act (FERPA), 20 U.S.C. § 1232g, requires written parental consent before personally identifiable information from your child's education records is disclosed to the health department. If your child is 18 or over, he or she is an "eligible student" and must provide consent for disclosures of information from his or her education records.

You may withdraw your consent to share this information in writing at any time.							
I authorize Gaylord Community Schools to release my child's immunization record_to the Michigan Department of Health and Human Services and Local Health Department. I understand this information will be used to improve the quality and timeliness of immunization services and to help schools comply with Michigan Law. This includes any immunization information and limited personally identifiable information from the school.							
Student's Name:	Date of Birth://						
Student Building:	Grade Level:						
Signature of Parent/Guardian or Eligible Student:							
Printed Parent/Guardian Name:							

### GAYLORD MIDDLE SCHOOL INFORMATION SHEET

LAST NAME:	
FIRST NAME:	
MIDDLE NAME:	GRADE:
PLACE OF BIRTH:	DATE OF BIRTH:
MAILING ADDRESS:	
STREET ADDRESS:	
HOME PHONE:	
NAME OF PERSON(S) RESIDING WITH STUDENT:	
FATHER/STEP FATHER:	CELL PHONE:
EMPLOYED BY:	WORK PHONE:
MOTHER/STEP MOTHER:	CELL PHONE:
EMPLOYED BY:	WORK PHONE:
FAMILY DOCTOR:	OFFICE PHONE:
DOES THIS CHILD REQUIRE SPECIAL SEAT PLACEMENT IF YES, EXPLAIN:  IS THIS CHILD PRESENTLY ENROLLED IN SPECIAL EDUC	CATION? YES OR NO
HAS THIS CHILD EVER BEEN ENROLLED IN SPECIAL EDU IF YES TO EITHER QUESTION, EXPLAIN:	
IS THIS CHILD ADOPTED? YES OR NO	DOES THIS CHILD KNOW THEY ARE ADOPTED? YES OR NO
HAS THIS STUDENT REPEATED A GRADE? YES OR NO	IF YES, WHICH GRADE AND WHY:
DOES THIS CHILD READ WELL? YES OR NO	
PLEASE LIST ANY INFORMATION YOU FEEL WOULD HE	ELP US BETTER UNDERSTAND YOUR CHILD:
SIGNATURE OF PARENT/GUARDIAN	DATE

<b>Q</b> th	Grade	Flective	Choices	2023-24	School Yea	ı
a	CHAUC	PACCLIVE	CHUICES	<i></i>	OCHOUL LEA	LI

Student Name	
Parent Signature	

Mark your top three choices; 1, 2 and 3.

### Band\*

This year long symphony band exists for students who are strong in the basic fundamentals of technique, rhythm, tone and musicianship, and indicate a strong interest in music. This band progresses from intermediate to advanced intermediate in music knowledge and performance skills. Most years, the band performs two parades, three concerts and a rated festival.

### Chorus\*

This year long class is open to all students who are interested in singing. The group will perform several concerts as well as a rated festival. Students will also have the opportunity to audition for Middle School State Honors Choir. In addition to learning how to sing, students will also begin learning basic music theory.

### **Exercise Science\***

This year long class will focus on examining the effects of exercise and physical activity on the body. The class will include classroom activities in addition to vigorous physical activity.

### Spanish\*

This year long class is equivalent to Gaylord High School's Spanish I class. Students need to earn a minimum of one year of a foreign language in order to graduate high school and completing this class can count for that credit.

### **STEM**

This course is intended to integrate STEM (Science, Technology, Engineering and Mathematics) through project based learning. Students will be engaged by frequent hands-on activities geared towards combining each of the STEM disciplines. Creativity and collaboration will be encouraged as students solve problems.

### **Outdoor Education**

Students will gain an appreciation of the natural world and learn new ways to have fun outdoors. The Otsego Environmental Learning Site located behind GMS will provide outdoor experience. Subjects covered will include map reading, Michigan laws and regulations, trees and forestry, orienteering, outdoor survival, snowshoeing, mammals and tracks, camping and backpacking, fish, and Michigan invasive species.

### Home Ec

This class will introduce students to basics such as nutrition, personal care, career exploration, employability skills, household management, sewing and other life skills.

### **Social Media**

Citizenship Students will learn about what it means to be a digital citizen, media bias, logical fallacies, finding the truth in social media, forming an argument, our role in a global society, and how social media has changed the way the world works.

### Graphic Design

This course uses a creative process of combining art, technology and business to communicate ideas. The main tools are image (illustration and digital photos) and typography (letter font styles) to create attractive layouts. Students explore a range of design techniques using various digital art software, digital equipment and programs. Students who had Graphic Design in 7<sup>th</sup> grade may take this class although it is not a requirement.

### **Physical Education**

Students will be involved in individual and group activities, indoor and outdoor, depending on the season. They will be introduced to lifelong activities.

### **Problem Solving**

This course focuses on critical thinking and problem solving.
Students use logical progression skills found in creating computer code, while developing future job skills. We also explore problem solving approaches

### Advanced Health & Fitness

Students will gain an understanding of their personal health and fitness. The class week will be divided into three days in the classroom and two days connecting classroom instruction to fitness in the gym/weight room.



### AFFIRMATION OF PRIOR STUDENT RECORD

[NOT a request for records]

Student Name:			Grade:
Previous School:			
Previous School District:			
> <u>DISCIPLINE</u>			
weapons, alcohol or drugs, c property committed on sch	r for the willful infliction of i	c or private school in Michigan or an injury to another person or for any a ol sponsored activity, or on a publictivity.	ct of violence against persons and/o
□ NO	YES		
> SPECIAL EDUCATION	I SERVICES / Section 504	<u>I</u>	
My child received the follo	wing services:		
SPE	CIAL EDUCATION SERVICES	Section 504	1
		District Representative	 Date
		=======================================	
From:	(name of previous school)		_
Please check one:			
According t	o our records, we verify that	the information provided above <u>IS</u> co	rrect.
According t	o our records, the informatio	n provided above <u>IS NOT</u> correct.	
Please email the following st	udent records to GCS.REGIS	TRAR@GAYLORD.K12.MI.US or fax	c to 989-732-6029 :
Attachment:	Transcript/Report Card	IEP, MET, 504 Plan, etc.	Discipline Records
Signature of Sending District	Administrator or Designee	Title	



### **AUTHORIZATION TO RELEASE CONFIDENTIAL INFORMATION**

Student Name:			DOB:		G	rade:
Has your child e	ver attended Gaylor	d Community School	s? ONO OYES		ool Bldg: SME NOE ar/s attended:	
School Transferr	ing From:		Schoo	l Distri	ct:	
Previous School	Address:					
Phone No.:			Fax No.:			
I authorize relea	se of the following r	ecords for the child li	sted above:			
COMPLETE CU	IMULATIVE TRAN	ISCRIPT	CURRENT MET, IEP, 50	4 Plan	Confidential Files	(IEPC)
BIRTH CERTIFI		IDRAWAL GRADES	MEDICAL FILE		Psychological & D	iagnostic Reports
IMMUNIZATIO	ON RECORD CURF	RENT SCHEDULE	SOCIAL WORKER REPO	RTS	DISCIPLINE RECOI	RD
* The Michigan At	and Privacy Act, Final torney General ruled	Rule on Educational	equested by authorized Records, Federal Regist I school district may not the school district.	er, Jun	e 17, 1976, Vol41, N	lo. II, Page 2465."
	as a notification that Gayer Section 25 for the above	ylord Community Schools ve student.	will be requesting an			
UIC No First Date of Attendance:					Signature of GCS A	dministrator
	PLEASE FOW	ARD STUDENT REC	ORDS TO SCHOOL I	NDICA	ATED BELOW:	
	Da	te Request Sent:				
	Da	_			<del></del>	

### **Gaylord Community Schools Transportation Registration Form**





Return registration forms to your students' sch During the summer months, please return to the Board		-	nue.
Date:	ge 🗆 Moved		
<sup>®</sup> It may take Transportation Dept. up to 5 school days to arrange for busing upon receiving this form.	More processing tire the new school yea		
Student Name	School	Grade	Gender
Bus Stop will be at or closest to the students address. We can accommo	date ONLY one Pick Up an	d ONLY one Drop	Off location
AM Pick Up (check one) ☐ Home ☐ Day Care ☐ Other Contact	t Name		
AddressPhone	#		
PM Drop Off (check one) ☐ Home ☐ Day Care ☐ Other Contact	t Name		
AddressPhone	#		
*Signature of Parent/Guardian*Print	Sign		
Email:	Phone:		
Please Fill Out Top	Half 👚		
Joint Custody/Shared Parenting Only If student will be transabove, please indicate below. A copy of court papers must be p	=		han listed
Parent Name R	Relationship to Studen	t	
	Name		
PM Drop Off (check one) ☐ Home ☐ Day Care ☐ Other Contact	Name		
Email:			
It is the responsibility of the shared custody parents to info	orm students school o	bus schedule	weeкiу
Route #Stop		В	US START
Route #Stop			
Route $\square$ PS $\square$ Parent Noti. $\square$ Attached $\square$ Driver $\square$	Notes:		

### UNDERSTANDING CONCUSSIONS **Educational Material for Parents and Students**

(Content Meets MDCH Requirements)

Sources: Michigan Department of Community Health, CDC and the National Operating Committee on Standards for Athletic Equipment (NOCSAE), National Athletic Trainers Association

		Some Common Symptoms		
Headache	Balance Problems	Sensitivity to Noise	Poor Concentration	Not "Feeling Right"
Pressure in the He	ead Double Vision	Sluggishness	Memory Problems	Feeling Irritable
Nausea/Vomiting	Blurry Vision	Haziness	Confusion	Slow Reaction Time
Dizziness	Sensitivity to Light	Fogginess	"Feeling Down"	Sleep Problems
		Grogginess		

### WHAT IS A CONCUSSION?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a fall, bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. A concussion can be caused by a shaking, spinning for a sudden stopping and starting of the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious. A concussion can happen even if you haven't been knocked out.

You can't see a concussion. Signs and symptoms of concussions can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If the student reports any symptoms of a concussion, or if you notice symptoms yourself, seek medical attention right away. A student who may have had a concussion should not return to activity on the day of the injury and not until a health care professional says they are okay to return to activity.

### IF YOU SUSPECT A CONCUSSION:

- 1. SEEK MEDICAL ATTENTION RIGHT AWAY-A health care professional will be able to decide how serious the concussion is and when it is safe for the student to return to regular activities, including sports. Don't hide it, report it. Ignoring symptoms and trying to "tough it out" often makes it worse.
- KEEP YOUR STUDENT OUT OF ACTIVITY-Concussions take time to heal. Don't let the student return to activity the day of the injury and not until a health professional says it is okay. A student who returns to activity too soon, while the brain is still healing, risks a greater chance of having a second concussion. Young children and teens are more likely to get a concussion and take longer to recover than adults. Repeat or second concussions increase the time it takes to recover and can be very serious. They can cause permanent brain damage, affecting the student for a lifetime. They can be fatal.
- TELL THE SCHOOL ABOUT ANY PREVIOUS CONCUSSION(S)-Schools should know if a student had a previous concussion. A student's school may not know about a concussion received in another sport or activity unless you notify them.

### SIGNS OBSERVED BY PARENTS:

- Appears dazed or stunned
- Is confused or has trouble with homework or school assignments
- Forgets an instruction

- Can't recall events prior to or after a hit or fall
- Appears fatigued

- Answers questions slowly
  - Loses consciousness (even briefly)

Moves clumsily

Shows mood, behavior or personality changes

### **CONCUSSION DANGER SIGNS:**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. If a student sustains a bump, blow or jolt to the head or body and the following danger signs are present, immediate medical attention should be sought at the closest emergency department.

- One pupil larger than the other
- Repeated vomiting or nausea
- Becomes increasingly confused or agitated
- Is drowsy and cannot be awakened

- Slurred speech
- Has unusual behavior
- A headache that gets worse

- Weakness, numbness or decreased coordination
- Cannot recognize people or places
- Loses consciousness (even briefly)
- Convulsions or seizures

### WHAT SHOULD YOU DO?

If a student reports one or more symptoms of a concussion after receiving a bump, blow or jolt to the head or body, h/she should be immediately removed from activity (this includes but is not limited to, athletics, PE classes, band, dance, aerobics, theatre and choir.) The student should only return to activity with the permission of a health care professional experienced in evaluating concussions. Rest is key during recovery. Exercising or activities that require a lot of concentration (such as studying, working on the computer or playing video games) may cause concussion symptoms to reappear or get worse. Students who return to school after a concussion may need to spend fewer hours at school, take rest breaks, be given extra help and time, and spend less time reading, writing or on a computer or iPad. After a concussion, returning to sports and school is a gradual process and should be monitored by a health care professional. Concussions affect each individual differently. Some may recover quickly and fully while others may have symptoms that last for days, weeks or even months.

To learn more, go to www.cdc.gov/concussion

### **CONCUSSION AWARENESS**

### **EDUCATIONAL MATERIAL ACKNOWLEDGEMENT FORM**

By my name and signature below, I acknowledge in accordance with Public Acts 342 and 343 of 2012 that I have received and reviewed the "Understanding Concussions: Education for Parents and Athletes" provided by <u>Gaylord Community Schools.</u>

Student Name Printed	Parent or Guardian Name Printed
Student Name Signature	Parent or Guardian Name Signature
Date	 Date

Return this signed form to your school's athletic office or to your coach. The school must keep this on file until the student is age 18. We realize this may not be the first nor the last time you sign and submit this form, as each organization needs to have a copy. Thank you for your cooperation and understanding.

Students and parents please review and keep the educational materials available for future reference.