



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A LOT IS GOING ON AT THE YMCA

## SUMMER CAMPS AND FALL PROGRAMS

The York YMCA offers multiple programs for youth, teens, and families. The sports programs offer a quality sports experience for all skill levels, including practices and games, under the direction of qualified YMCA instructors.

Register early by returning the form (on the back of this flyer) to the York YMCA. Financial assistance is available. Stop by the York YMCA front desk at least one week prior to the start of the program to ask for a financial assistance application.

Contact Doug Markel at 717-843-7884, ext. 263 or [dmarkel@rosesymca.org](mailto:dmarkel@rosesymca.org) for more information.



**WHEN:** SUMMER AND FALL  
**WHERE:** York Branch YMCA  
**WHO:** AGES 4 - TEEN, ALL SKILL LEVELS

The School District neither encourages nor discourages a student's participation in the activity described herein.

**YMCA OF THE ROSES**  
90 North Newberry Street  
York, PA 17401  
717-843-7884  
[www.rosesymca.org](http://www.rosesymca.org)



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### SUMMER SPECIALTY CAMPS

Our Specialty Camps will be located at the York YMCA again this year. The day will focus on instruction and games along with a daily recreational swim. Participants are to bring a bagged lunch, water bottle, swimsuit and towel. Camps run from 9-3:30pm with "extended care" from 6:30-9am and 3:30-6pm if required. The weekly fee for the sports specialty camps is; YMCA Members - \$145, Non-Member - \$175. The "Art and Splash" camp weekly fee is YMCA Members - \$175, Non-Members - \$205.

**BASKETBALL CAMP (COED):** Take it to the hoop! Individual skills, along with game techniques and strategies are taught through age-appropriate instruction, drills and games. Choose the week best suited for your child based on their skill level. This camp includes a daily recreational dip in the pool.



Basketball Camp-Rookies. Ages: 6-8 (June 12-16). This week is for those with little or no experience.

Basketball Camp-Intermediate. Ages 7-9 (June 19-23). This week is for those with some basketball experience and must be able to dribble.

Basketball Camp-Advanced. Ages 8-10 (June 26-30). This week is for those with basketball experience and ready to take their skills to the next level.

**ALL SPORTS CAMP (COED):** Participants will learn and play in a recreational and instructional setting, a variety of sports throughout the week including floor hockey, baseball, flag football, soccer, and more, all held inside the York YMCA Branch gymnasium. The All Sports Camp includes a daily recreational dip in the indoor pool.

Ages: 6-7 (July 24-28)

Ages: 8-10 (Aug. 7-11)

**GIRLS VOLLEYBALL CAMP:** YMCA Girls Volleyball Campers will enjoy learning valuable skills through instruction, drills and games. Our experienced instructors work with participants based on their skill level. Volleyball Camp includes a daily recreational dip in the indoor pool (not mandatory).



Volleyball Camp-Beginners. Ages: 10-13 (July 10-14) This week is for those with little or no experience.

Volleyball Camp-Advanced. Age 11-14 (July 17-21) This week is for those with playing experience such as being on a club or middle school team, or attended a prior volleyball camp or like program, and looking to take their skills to the next level.

**ART WITH A SPLASH CAMP:** Our artist will enjoy a broad range of art education throughout the week....drawing, painting, sculpture, craft projects, and more. After a full morning of art education and projects, campers will enjoy an afternoon of recreational swimming at the York YMCA's Graham Aquatic Center Outdoor Pool. Art with a Splash Camp is offered the weeks of 6/12, 6/19, 6/26, 7/10, 7/17, 7/24 and 7/31, all for ages 6-8. Participants which register for more than one week will see no two weeks are the same.

### FALL PROGRAMS

#### FREE OUTDOOR SOCCER CLINIC

For those which have not participated in a soccer program before and are considering joining the Outdoor Soccer League. Participants will gain instruction on the fundamentals of soccer in a recreational environment. All attending must register, no later than Sept. 8, online at [www.rosesymca.org](http://www.rosesymca.org) or by calling 717-843-7884 x 260.



Saturday, Sept. 19 at Small's Athletic Field. 31 Hamilton Ave, 17401

Ages 4 - 6 at 9 a.m., ages 7 - 11 at 10 a.m. FREE for all.

#### OUTDOOR SOCCER LEAGUE

Beginners and experienced participants will learn and enhance their soccer skills including ball handling, passing, shooting and control in an instructional setting through practices and games, all on Saturday mornings. Each day held at the Small's Athletic field. Look for our Indoor Soccer League to begin in Jan. Ages 4 - 5's will be at 9 a.m., ages 6 - 8's at 10 a.m. and ages 9 - 11's at 11 a.m. Coed.

Saturdays, September 16 - November 11

\$35/YMCA Members \$70/Non-Members

#### GIRLS INTRAMURAL VOLLEYBALL

Ages 11-14. This program focuses on instruction in a recreational environment, with pick-up games incorporated toward the end of the session. Great for beginners and/or those which need further fundamental skill enhancement.. REGISTER EARLY!

Mondays, 6:30 - 8 p.m. 9/11—11/6

\$40/YMCA Members, \$80/Non-Members

#### YMCA OF THE ROSES GIRLS CLUB VOLLEYBALL (Ages 11-18)

This program is for girls who want to practice and compete at a high level. Practices are twice a week from Dec. - May with weekend tournaments twice a month at locations throughout PA. Try-outs begin in early October for 11-14U and mid-November for 15-18U. YMCA membership not required to try-out. Contact [dmarkel@rosesymca.org](mailto:dmarkel@rosesymca.org) for details. Check out the YMCA of the Roses Girls VBC facebook page and [rosesymca.org/programs](http://rosesymca.org/programs).

#### FENCING

Fencing for ages 10 through adults at the York YMCA. For further information, go to [rosesymca.org](http://rosesymca.org) or email [kebleecker@comcast.net](mailto:kebleecker@comcast.net)

#### SAFE KIDS TAE KWON DO

The practice of Tae Kwon Do teaches children and adults discipline, self-control, and safety. For ages 6 years through adults, and Families. For more information or to register, call Judith at 717-252-2824.

To register for a "specialty camp" or fall program, go to [www.rosesymca.org/programs](http://www.rosesymca.org/programs) or stop by your local YMCA of the Roses Branch membership desk. For further information or questions on any of these camps or programs, contact [dmarkel@rosesymca.org](mailto:dmarkel@rosesymca.org) or call 717-843-7884 x 260.