

April 2023 Middle/High Menu

Flavorful sides with every meal!

Lunch includes a choice of 5 components: protein, bread/grain, fruit, vegetable, and skim or 1% milk. Students may take five, four, or three, which must include a fruit or vegetable serving.

Milk: White, Chocolate, & Strawberry Skim, and 1% White

Seasonal Fresh Fruit: May include Apples, Oranges, Bananas, Strawberries, Grapes, Pineapple, Pears, Cuties® or Halos®, or Kiwi.

Breakfast



Each entrée is served with fruit, 100% juice, and milk.

Monday Pancake Sausage Stick

Tuesday Chicken Biscuit

Wednesday Breakfast Pizza

Thursday Egg & Cheese Biscuit

Friday Pillsbury Mini Cinnis

Monday

Tuesday

Wednesday

Thursday

Friday

Spring Break!

10 Primetime Spicy Chicken Sandwich
Lettuce & Tomato
Waffle Fries
Caesar Salad
Seasoned Green Beans
Applesauce

11 Teriyaki Beef Strips
or PBJ
Fluffy Rice
Steamed Broccoli
Freshly Baked Roll
Cinnamon Apples

12 Corn Dog
Sidewinder Potatoes
Pick-Me-Up Veggie Cup
Ranch Dip
Strawberry Cup

13 Popcorn Chicken
Mashed Potatoes
Garden Salad
Carrot Sticks
Triangle Toast
Fresh Fruit

14 Cheesy or Beefy Nachos
Salsa Cup
Shredded Lettuce
Pinto Beans
Peach Cup

17 Brookwood BBQ Sliders
Waffle Fries
Cowboy Beans
Veggie Cup
Sidekick Fruit Slushie

18 Corn Dog Nuggets
or PBJ
Carrot Sticks
Cheez-Its
Fresh Fruit
Graham Surprise

19 Boneless Wings
Baby Carrots & Celery
Ranch Dip
Tossed Salad
Texas Toast
Fresh Fruit
Chocolate Chip Cookie

20 Orange Chicken
Fluffy Rice
Steamed Broccoli
Fresh Artisan Bread
Fresh Fruit

21 Personal Pan Pizza
Seasoned Corn
Caesar Salad
Applesauce
Spring Dessert

24 Gold Creek Chicken Chunks
White Country Gravy
Potato Wedges
Festive Romaine Salad
Baby Carrots
Toast Wedges
Fruit Selections

25 **National School Bus Driver
Appreciation Day**
Honey BBQ Rib Sandwich
Baked Chips
Corn
Tossed Salad
Double Chocolate Oatmeal Bar

26 Scrambled Eggs
Southern Style Biscuit
with Sausage Patty
Salsa Cup
Seasoned Potato Wedges
Strawberry Cup

27 Baked Chicken Thigh/Drumstick
or PBJ
Mashed Potatoes
Cool Spot Salad
Green Beans
Freshly Baked Cinnamon Roll
Fruit Choices

28 Fish Strips
Cheesy Mac 'n' Cheese
Tossed Salad
Great Northern Beans
Corn Bread Square
Sidekick Fruit Slushie

Middle School Daily Trends

Monday: Hamburger or Cheeseburger

Tuesday: Make-Your-Own Burrito or Nacho

Wednesday: Pizza Choices

Thursday: Hot Dog

Friday: Chicken Fillet Sandwich

WARREN COUNTY PUBLIC SCHOOLS



NUTRITION & DINING SERVICES