

# Local Wellness Policy: Triennial Assessment Summary

## Section 1: General Information

School(s) included in the assessment:

Schumann Elementary, Orono Intermediate School, Orono Middle School, Orono High School

Month and year of current assessment: February 2023

Date of last Local Wellness Policy revision: Dec 2022

Website address for the wellness policy and/or information on how the public can access a copy:

<https://drive.google.com/drive/folders/1f6V-8-ugogc38bgAYsiEhKcLOXh91gU1>

## Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 9

Designated School Wellness Leader

Name	Job Title	Email Address
Janet Frazen	District Nurse	janet.frazen@orono.k12.mn.us

School Wellness Committee Members

Name	Job Title	Email Address
Jackie DeRoma	Coordinator of Child Nutrition	jacklyn.deroma@orono.k12.mn.us
Lauren Spoke	Child Nutrition Specialist	lauren.spoke@orono.k12.mn.us
Scott Alger	Director of Human Resources	scott.alger@orono.k12.mn.us
Tiffany Clifton	Director of Comm. Ed	tiffany.clifton@orono.k12.mn.us
Max Olsen	OAC Manager	max.olsen@orono.k12.mn.us
Kathryn Haagenson	HS counselor and parent	kathryn.haagenson@orono.k12.mn.us
Kaela Gallup	Discovery Center Coordinator	kaela.gallup@orono.k12.mn.us

### Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language
- Other (please specify): MASBO policy

Describe how your wellness policy compares to model wellness policies.

This year the school board revised the wellness policy to be in line with the MASBO model language.

### Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion and education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The school district will encourage and support healthy eating by students and engage in nutrition promotion that is: offered as part of a comprehensive curriculum, part of health education classes, enjoyable, appropriate and relevant.		X		We have not looked into nutrition as a curriculum and there is room for more nutrition education in the classrooms.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Students need opportunities for physical activity and to fully embrace regular physical activity as a personal behavior. Opportunities for PA may be incorporated into other subject lessons where appropriate. Classroom teachers may provide short PA breaks.	X			Physical activity is incorporated into the school day through PE, recess, and learning breaks.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The school district will encourage all students to make age appropriate healthy selections of foods and beverages, including those sold individually outside the reimbursable school meal programs, such as through a la carte/snack lines, vending machines, fundraising events, concession stands, and student stores.	X			Child nutrition covers vending, concessions and has advised the student store when needed. We will continue to promote healthy options throughout the district.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Wellness policy 533-3 through 533-4	X			Principals are to monitor student food sales and ask the coordinator of child nutrition if there is a question regarding smart snacks. We will continue to collaborate to ensure proper sales.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
533-4		X		Students are encouraged to bring in non food treats in classrooms. Still room to ensure food is not being used as a reward.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
School-based marketing will be consistent with nutrition education and health promotion. Schools will restrict Food and beverages marketing to the promotion of only those foods and beverages that meet the smart snacks nutrition standards	X			We have not seem new marketing within the district.

Include any additional notes, if necessary: