

Tips to Prepare for Your Next IEP Meeting

WEBVTT

00:00:08.600 --> 00:00:10.670

Welcome to our
Parent Information video.

00:00:10.670 --> 00:00:11.910

My name is Moira.

00:00:11.910 --> 00:00:14.090

And I'm Joe.
This video was offered to you

00:00:14.090 --> 00:00:16.150

by East County SELPA
in collaboration

00:00:16.150 --> 00:00:18.670

with the Exceptional Family
Resource Center. For parents,

00:00:18.670 --> 00:00:19.870

by parents.

00:00:19.870 --> 00:00:21.780

And here are four tips
to help you prepare

00:00:21.780 --> 00:00:23.380

for your next IEP meeting.

00:00:24.340 --> 00:00:25.940

Advance copies.

00:00:27.130 --> 00:00:29.460

Being familiar
with the format and vocabulary

00:00:29.460 --> 00:00:30.810

of an IEP document

00:00:30.810 --> 00:00:33.359

can help you feel more prepared
for an IEP meeting.

00:00:33.860 --> 00:00:37.750
We recommend asking that copies
of any draft assessment reports

00:00:38.280 --> 00:00:41.360
as well as draft
IEP forms be provided

00:00:41.360 --> 00:00:43.800
to you prior
to your scheduled meeting.

00:00:44.470 --> 00:00:47.090
Understand that schools
are not legally required

00:00:47.090 --> 00:00:49.720
to provide these documents,
but most teams

00:00:49.720 --> 00:00:52.060
will try to accommodate
a family if they can.

00:00:52.630 --> 00:00:56.280
If this is your very first IEP,
we recommend looking at a blank

00:00:56.280 --> 00:00:58.820
IEP form
just to familiarize yourself

00:00:58.820 --> 00:01:01.169
with what items the team
will need to complete.

00:01:01.750 --> 00:01:03.830
Tip number two, support person.

00:01:05.270 --> 00:01:07.200
Think about whether inviting

another participant

00:01:07.200 --> 00:01:08.420
would be a benefit.

00:01:08.420 --> 00:01:10.670
Some families will have
both parents attend,

00:01:10.670 --> 00:01:12.400
others will bring
a close friend.

00:01:12.400 --> 00:01:14.740
Still, others may include
an outside professional

00:01:14.740 --> 00:01:16.520
who knows the needs
of the student.

00:01:16.520 --> 00:01:18.650
Check out our video
on IEP team members

00:01:18.650 --> 00:01:20.540
for more about this topic.

00:01:20.540 --> 00:01:22.510
Tip number three,
parent concerns.

00:01:24.560 --> 00:01:27.610
Every IEP document has a space
to record your concerns

00:01:27.610 --> 00:01:29.570
about your child's education.

00:01:29.570 --> 00:01:31.190
So Joe and I hope
that you will not

00:01:31.190 --> 00:01:33.280

only draft
your list of concerns,

00:01:33.280 --> 00:01:35.330
but that you will share them
in advance

00:01:35.330 --> 00:01:36.950
with your child's case manager.

00:01:37.710 --> 00:01:41.400
These concerns can be about
academic or functional skills.

00:01:41.400 --> 00:01:45.020
They can be about social,
emotional or safety issues,

00:01:45.020 --> 00:01:48.930
about IEP services or support
or truly anything

00:01:48.930 --> 00:01:51.260
that you want
the IEP team to consider.

00:01:51.920 --> 00:01:53.690
Tip number four,
communication.

00:01:55.040 --> 00:01:56.880
Our most important tip
is to provide the school

00:01:56.880 --> 00:01:59.680
with the kind of communication
you would like to receive.

00:01:59.680 --> 00:02:01.580
When you are candid
about your concerns,

00:02:01.580 --> 00:02:03.610
the school can invite

appropriate school personnel

00:02:03.610 --> 00:02:05.730
to the meeting.

When you ask questions,

00:02:05.730 --> 00:02:07.870
the school can provide
information and data

00:02:07.870 --> 00:02:10.240
before the meeting.
When you and the school

00:02:10.240 --> 00:02:13.590
communicate about your child's
needs and skills,

00:02:13.590 --> 00:02:16.300
the focus of the meeting
stays on the student.

00:02:16.300 --> 00:02:18.170
We hope this video is valuable

00:02:18.170 --> 00:02:20.600
when you prepare
for your next IEP meeting.

00:02:20.600 --> 00:02:22.160
Please check out the QR code

00:02:22.160 --> 00:02:24.760
for contact information
and more details.

00:02:24.760 --> 00:02:26.720
Don't forget, like
and follow us on social media.

00:02:26.720 --> 00:02:27.980
With ADR

00:02:27.980 --> 00:02:30.360

Empowering Families to
Empower Students.