



North Polk Community Schools Pacing & Course Description Guide



Grade Level: 11-12

Content: Psychology

Year: 2021-22

Course Description/Rationale

This course provides an introduction into psychology. It is the study of the individual and his or her behaviors. A basic overview of the methods of psychology will be discussed as well as human development, learning/cognition, personality/individuality and psychological disorders. (1 HS credit)

Name of Unit	Time Frame	Essential Learning Target	Standard(s)
Introduction and Research	2 weeks	<p>Understanding of the different fields of psychology and the role of psychologists.</p> <p>Knowledge of the 7 different approaches to psychology.</p> <p>Understand the importance of research and the different types of research used in psychology.</p>	<p>SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.</p> <p>SS-Psy.9-12.17. Demonstrate a basic understanding of the scientific methods that are at the core of psychology.</p> <p>SS-Psy.9-12.19. Adhere to and consider the impact of American Psychological Association and federal guidelines for the ethical treatment of human and nonhuman research participants.</p> <p>SS-Psy.9-12.20. Collect and analyze data designed to answer a psychological question using</p>

			<p>basic descriptive and inferential statistics. SS-Psy.9-12.21./S S-Soc.9-12.21. Explain how the validity and reliability of observations and measurements relate to data analysis. SS-Psy.9-12.22./S S-Soc.9-12.22. Apply the major theoretical approaches and perspectives in behavioral science to our daily lives and civic engagement.</p>
Child Development	2 weeks	<p>Understand the theories of Piaget, Erikson, Kohlberg, and Freud. Understand the different parenting styles. Knowledge of how children development and its impact on the rest of the lifespan.</p>	<p>SS-Psy.9-12.13. Explain how social, cultural, gender, and economic factors influence behavior and human interactions in societies around the world. SS-Psy.9-12.18. Evaluate and utilize theories and methodologies, necessary to plan, conduct, and especially interpret research results.</p>
Adolescent Development	1 week	<p>Explain some of the challenges of adolescent development. Explain what differentiates adolescence from other areas of development. Understand the role of Erikson's identity theory in adolescence.</p>	<p>SS-Psy.9-12.14. Examine how an individual's involvement in a collective group can influence their individual thoughts and behaviors SS-Psy.9-12.15. Analyze the influence different individual members of a</p>

			group can have on the collective thought and behavior of the group as a whole.
Adult Development	1 week	Understand development continues into adulthood. Understand Elizabeth's Kubler-Ross stages of grief, death and dying.	SS-Psy.9-12.13. Explain how social, cultural, gender, and economic factors influence behavior and human interactions in societies around the world. SS-Psy.9-12.14. Examine how an individual's involvement in a collective group can influence their individual thoughts and behaviors SS-Psy.9-12.15. Analyze the influence different individual members of a group can have on the collective thought and behavior of the group as a whole.
The Brain and Nervous System	3 weeks	Understand how neurons and the nervous system works. Understand the major structures of the brain and how they work. Understand the link between the brain functions and behavior. Differentiate between the ways of studying the brain and how the different tests work. Understand how the endocrine system works. Identify the types and functions of hormones. How did Phineas Gage' accident contribute to brain science?	SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.
States of Consciousness and Perception and Illusion	2 weeks	Understand the stages of sleep. Understand sleep disorders. Understand the importance of sleep on health. Explain what an illusion is and how it tricks our brain. Understand Gestalt psychology.	SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.

Learning and Behavior	2 weeks	Understand classical and operant conditioning. Know the theorists Pavlov, Watson, Skinner, and Bandura. Be able to identify the terms of classical conditioning. Be able to identify the schedules of reinforcement.	SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.
Stress and Health	1 week	Understand the role stress plays in our daily lives. Understand the body's stress response. Understand the role stress plays in the body's health. Understand the body's flight or fight response. Understand ways to cope with stress.	SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.
Abnormal Psychology	4 weeks	Understand how and why the DSM V is used. Understand the criteria for behavior to be considered a disorder. Understand the various categories of disorders. Understand the importance of mental health.	SS-Psy.9-12.16. Investigate human behavior from biological, cognitive, behavioral, and sociocultural perspectives.