

*Empowered*  
Coaching, LLC  

---

MOLLY CHRISTIANSON

*Empowered* **TO BE ME**

An *Empowered* Girl Event

With so many outside pressures and social media influences it is easy to lose ourselves and think we are less. During this special event

*Empowered* girls will take time to reflect on their unique qualities, who they aspire to be, and the girl they are.

*Empowered* **TO BE ME** participants will create an artistic reminder to hang in their rooms. Girls will also discuss the barriers that keep them from being their best selves and what they need to break them down so they can accomplish their life goals.

The *Empowered* **TO BE ME** Event is a 3 hour workshop that is appropriate for teen girls and will take place...

**June 3<sup>rd</sup> • 9-12pm**  
**GreatLIFE Corporate Office-Training Room**  
3800 West 53<sup>rd</sup> Street

**Investment: \$40** (*price includes tax*)

**Space is limited so reserve your seat today by emailing**  
[Molly@EmpoweredCoaching.com](mailto:Molly@EmpoweredCoaching.com).