

April Options School Lunch Menu

Lunch Prices
 Paid: \$3.25
 Reduced: No Charge
 Adult: \$4.50
 Milk: \$0.50

V=Vegetarian
 * = Pork

To view and make deposits into your student's meal account, to sign up for meal benefits and to access nutrition and allergy information, log onto www.schoolcafe.com.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------|--|--|-----------------------------------|---|
| 3 BBQ Chicken Filet Sandwich | 4 Buffalo or Crispy Layered Chicken Bowl | 5 Beef or Vegetarian Nachos (V) | 6 Teriyaki Beef Bowl | 7 Pasta with Meat Sauce |
| 10 Chicken Nuggets | 11 Buffalo or Crispy Layered Chicken Bowl | 12 Chicken or Vegetarian Nachos (V) | 13 No School Today | 14 No School Today |
| 17 Vegan Meatball Pasta | 18 Buffalo or Crispy Layered Chicken Bowl | 19 Beef or Vegetarian Nachos (V) | 20 Sweet and Sour Chicken Bowl | 21 Macaroni and Cheese (V) |
| 24 Rib B Que Sandwich | 25 Buffalo Chicken Tater Bowl | 26 Chicken or Vegetarian Nachos (V) | 27 Chili and Cinnamon Roll (V) | 28 Broccoli (V) or Chicken Alfredo Pasta |

What is included in your students lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

Offered Daily

- Buffalo or Crispy Chicken Sandwich
- Cheese Stuffed Breadsticks (V)
- Cheese (V) or Pepperoni* Pizza
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Variety of Deli Sandwich (V)
- Variety of Prepared Salad (V)
- Yogurt and Granola Cup (V)

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<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>