

# Middle School Lunch Menu

April 3 - April 7, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



**MONDAY** Spaghetti w/ Meatballs, Breadstick, Mixed Veggies

**TUESDAY** Chicken Pot Pie, Roasted Squash

**WEDNESDAY** Orange Chicken w/ Rice, Green Beans

**THURSDAY** French Toast Sticks, Eggs, Sausage, Sweet Potato Fries

**FRIDAY** Chicken Tenders w/ Roll, Mashed Potatoes, Peas

*Served Daily:  
Bean and Cheese Nachos*



**MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans

**TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes

**WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans

**THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes

**FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Stewed Pinto Beans



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

**MONDAY** Chicken Tenders w/ Roll, Tater Tots

**TUESDAY** Chicken Nuggets w/ Roll, French Fries

**WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries

**THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges

**FRIDAY** Pizza Burger, French Fries



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

**MONDAY** Sausage Pizza

**TUESDAY** Personal Pepperoni Pizza

**WEDNESDAY** Jalapeno Popper Pizza

**THURSDAY** Mini Meatlover's Calzone

**FRIDAY** Cheeseburger Pizza



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*



This institution is an equal opportunity provider and employer.



Nutrition Information is available upon request.

# Middle School Lunch Menu

April 10 - April 14, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Walking Nachos, Corn
- TUESDAY** Grilled Cheese Sandwich w/ Tomato Soup, Potato Wedges, Roasted Broccoli
- WEDNESDAY** Chicken Parm Pasta w/ Breadstick, Mixed Veggies
- THURSDAY** Pulled Pork Sandwich, Baked Beans, Coleslaw
- FRIDAY** Chicken Tenders w/ Roll, Mashed Potatoes, Green Beans



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Chili and Cheese Coney, French Fries



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*

*Served Daily:  
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Stewed Pinto Beans



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

- MONDAY** Buffalo Chicken Pizza
- TUESDAY** Personal Sausage
- WEDNESDAY** Pizza Supreme Pizza
- THURSDAY** Sausage Calzone
- FRIDAY** Jalapeno Popper Pizza



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# Middle School Lunch Menu

April 17 - April 21, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Teriyaki Meatballs w/ Lo Mein, Broccoli
- TUESDAY** Scrambled Eggs, Pancakes, and Sausage, Sweet Potato Fries
- WEDNESDAY** Chicken Alfredo w/ Breadstick, Roasted Broccoli and Carrots
- THURSDAY** Chili w/ Cornbread, Corn
- FRIDAY** Popcorn Chicken Bowl w/ Roll, Green Beans



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges
- FRIDAY** Meatball Sub, French Fries



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*

*Served Daily:  
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Stewed Pinto Beans



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

- MONDAY** Italian Sausage Pizza
- TUESDAY** Personal Pepperoni Pizza
- WEDNESDAY** Jalapeno Popper Pizza
- THURSDAY** Mini Meatlover's Calzone
- FRIDAY** Cheeseburger Pizza



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# Middle School Lunch Menu

April 24 - April 28, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



- MONDAY** Walking Nachos, Corn
- TUESDAY** Teriyaki Pork w/ Rice, Asian Roasted Carrots
- WEDNESDAY** Macaroni and Cheese w/ Roll, Mixed Veggies
- THURSDAY** No School
- FRIDAY** No School

*Served Daily:  
Bean and Cheese Nachos*



- MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
- TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
- WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
- THURSDAY** No School
- FRIDAY** No School



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

- MONDAY** Chicken Tenders w/ Roll, Tater Tots
- TUESDAY** Chicken Nuggets w/ Roll, French Fries
- WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
- THURSDAY** No School
- FRIDAY** No School



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

- MONDAY** Buffalo Chicken Pizza
- TUESDAY** Personal Sausage Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** No School
- FRIDAY** No School



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: No School Special!*



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