## JOIN US FOR A VIRTUAL DISCUSSION ON MENTAL HEALTH AND STIGMA REDUCTION



## **AGAINST**

Stigma

BE INSPIRED BY HEARING OTHERS SHARE THEIR EXPERIENCE, STRENGTH AND HOPE WITH MENTAL ILLNESS

Contact PEI at 951-955-3448 or scan the QR code to reserve your spot.





Funded by Mental Health Service Act through Riverside University Health System - Behavioral Health Prevention and Early Intervention