



LAMPETER-STRASBURG ELEMENTARY MENU

APRIL 2023

| <u>MONDAY</u> March 27 | <u>TUESDAY</u> March 28 | <u>WEDNESDAY</u> March 29 | <u>THURSDAY</u> March 30 | <u>FRIDAY</u> March 31 |
|---|---|--|--|---|
| Chicken Tender Sub Cinnamon Sweet Pot Fries Fruit/Milk <i>Weekly Alternate: Pork BBQ Sandwich</i> <i>Weekly Salad: Turkey BLT Salad</i> | Stromboli/Marinara Potato Wedges WG Cookie Fruit/Milk <i>Weekly Alternate: Pork BBQ Sandwich</i> <i>Weekly Salad: Turkey BLT Salad</i> | Baked Ham/Roll Whipped Potatoes Green Beans Fruit/Milk *Fruit Slushies | Cheese Quesadilla/Salsa Fiesta Rice & Beans Romaine Tossed Salad Fruit/Milk | Pizza "Muchable" Kit Sun Chips Fruit/Milk |
| April 3 | April 4 | April 5 | April 6* | April 7 |
| Hot Dog/Roll Tater Tots Baked Beans Fruit/Milk <i>Weekly Alternate:</i> <i>Weekly Salad:</i> | Ham/Chs on Pretzel Roll L-S Chicken Corn Soup Fruit/Milk <i>Mini Ranch Pierogi's</i> <i>Spicy Chicken Salad*HH / Grilled Chicken Salc</i> | Yo to Go Bag** Cucumber Coins/Dip WG Goldfish Pretzels Milk | Creamy Mac & Cheese Soft Pretzel Rods Steamy Broccoli Fruit/Milk |  |
| April 10 | April 11 | April 12 | April 13 | April 14 |
|  <i>Weekly Alternate:</i> <i>Weekly Salad:</i> | Cheese Sticks/Marinara Romaine Tossed Salad Fruit/Milk <i>Turkey & Cheese Sub</i> <i>Tuna Topped Salad</i> | Cheeseburger on Roll Baked Chips Hummus/Celery Fruit Slushies/Fruit Milk | Tangerine Chicken&Broccoli Fried Rice Fortune Cookie Fruit/Milk | DOMINOS PIZZA Romaine Tossed Salad Fruit/Milk |
| April 17 | April 18 | April 19 | April 20 | April 21 |
| Chicken Nuggets Baked Potato | Grilled Cheese Sandwich Tomato Soup WG Goldfish Crackers Fruit/Milk | Sausage & FT Sticks OR Scambled Eggs/FT Hash Brown Fruit Slushies/Fruit Milk | Walking Taco/Salsa Steamy Corn Crunchy Chick Peas Fruit/Milk | Tony's Pizza Romaine Tossed Salad Fruit/Milk |
| <i>Weekly Alternate: Meatball Parm Sub (meatballs & cheese)</i> <i>Weekly Salad: Diced Ham & Cheese Salad</i> | | | | |

**Yo to Go includes 4oz yogurt, string cheese, WG muffin and WG Goldfish pretzels

... *EARLY DISMISSAL

Baby Carrots and/or Celery available daily

For Questions on the menu please contact:

Hans Herr: Connie Richwine, Kitchen Manager,
717-464-3311 Ext 4023; connie_richwine@l-spioneers.org

Lunch Prices
Grades 1 -5 - \$2.85
Adult - \$5.00
Milk - \$.60

Available Daily
PB&J
Salad with Protein
*Milk included with all meals**

Lampeter Elementary: Missi McAleer, Kitchen Manager,
717-464-3311 Ext 5013; milissa_mcaleer@l-spioneers.org

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