

**HEALTH ASSESSMENT FOR CHILDREN AND YOUTH**

Statement of Consent:

In order to better serve the health needs of my child, I hereby give my permission for the transfer of health screening records to school and other appropriate health professionals.

Parent or guardian \_\_\_\_\_

Date \_\_\_\_\_

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Parent/Guardian: \_\_\_\_\_  
 Child lives with: \_\_\_\_\_  
 Number in household: \_\_\_\_\_  
 Physician: \_\_\_\_\_  
 Dentist: \_\_\_\_\_  
 Eye Doctor: \_\_\_\_\_  
 School: \_\_\_\_\_

Birth date: \_\_\_\_\_ Male/Female: \_\_\_\_\_  
 City: \_\_\_\_\_  
 Zip: \_\_\_\_\_  
 Phone/Work: \_\_\_\_\_ Home: \_\_\_\_\_  
 Phone/Work: \_\_\_\_\_ Home: \_\_\_\_\_  
 Type of family housing: \_\_\_\_\_  
 Date of last examination: \_\_\_\_\_  
 Date of last examination: \_\_\_\_\_  
 Date of last examination: \_\_\_\_\_  
 Community Services: \_\_\_\_\_

FAMILY HEALTH HISTORY

Response Codes: M = Maternal P = Paternal S = Sibling NA = Not applicable.

1. Are there any chronic illness problems in your family such as heart disease, diabetes, cancer, convulsions, mental illness, substance abuse, or others? Comment?
2. Does any family member have a vision defect, hearing loss, or spinal deformity? Comment?

Code	Comment

CHILD/ADOLESCENT HISTORY

Response Codes: Y = Yes N = No NA = Not applicable.

1. Birth weight \_\_\_\_\_. Were there any pre-natal or delivery problems with the child?
2. Did this child walk, talk, and develop at the usual time?
3. Does this child/adolescent:
  - a. See a health care provider regularly?
  - b. Use any medication, drugs, or alcohol?
  - c. Have a history of any hospitalizations, surgeries or emergency room visits?
  - d. Have a history of any childhood diseases/illnesses?
  - e. Have a history of other communicable diseases?
  - f. Age of menarche \_\_\_\_\_. Have a history of menstrual problems?
  - g. Have a history of vision, speech, hearing or communication problems?
  - h. Have a problem with being tired or overactive?
  - i. Have any emotional or behavioral problems?
  - j. Need any special help in school or day care?
  - k. Have sexuality concerns?
- l. Have any chronic illness or disabling problems with (check those that apply):

Code	Comment

Headache \_\_\_\_\_ Convulsions \_\_\_\_\_ Diabetes \_\_\_\_\_ Ear aches \_\_\_\_\_ Back/spine/extremity problems \_\_\_\_\_  
 Cold/sore throat \_\_\_\_\_ Rheumatic fever \_\_\_\_\_ Genitalia \_\_\_\_\_ Oral/dental \_\_\_\_\_ \_\_\_\_\_  
 Heart/lung disease \_\_\_\_\_ Allergies/asthma \_\_\_\_\_ Digestive \_\_\_\_\_ Urinary/bowel \_\_\_\_\_ Other: \_\_\_\_\_

List present concerns of child/parent/guardian:

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**Immunization:** Record date of each dose received (mm/dd/yy)

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>		1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
DPT							MMR			
Td/DT							HBV			
OPV or IPV							Varicella #1 _____ #2 _____			
HIB							Hep A #1 _____ #2 _____			

**PHYSICAL EXAMINATION:** To be completed by health care provider approved to perform health assessments.

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Hgb or Hct: \_\_\_\_\_  
 Pulse: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Lead \_\_\_\_\_  
 Urinalysis: \_\_\_\_\_ Sickle Cell: \_\_\_\_\_ Other \_\_\_\_\_  
 Tuberculosis: \_\_\_\_\_ Head Circumference: \_\_\_\_\_

Code each item as follows: 0 = No significant findings 1 = significant findings	Code	Description of Findings
General appearance		
Integument		
Head - neck		
EENT		
Oral - dental		
Thorax		
Breasts		
Cardiovascular		
Abdomen		
Musculoskeletal		
Genitourinary		
Neurological		

**SCREENING**

1. Nutritional evaluation (all ages - each screen) (\* if applicable). Nutrition/WIC questionnaires available from 785-296-0092.  
 • Enrolled in WIC • Receiving vitamin supplement with iron • Without iron • Fluoride supplement

**Food intake review. Results:**

milk/milk products (breast fed/type of formula) \_\_\_\_\_  
 fruit/vegetables \_\_\_\_\_  
 Meat, beans, eggs \_\_\_\_\_  
 breads, cereals \_\_\_\_\_

2. Development: Type of screen \_\_\_\_\_ Results: \_\_\_\_\_  
 3. Speech: Type of screen \_\_\_\_\_ Results: \_\_\_\_\_  
 4. Hearing: Type of screen \_\_\_\_\_ Results: \_\_\_\_\_ Date last screen: \_\_\_\_\_  
 5. Vision: Type of screen \_\_\_\_\_ Results: \_\_\_\_\_ Date last screen: \_\_\_\_\_

**Significant assessment findings:**

**Recommendations (include referrals):**

**Follow Up:**

Additional information may be attached

**Anticipatory Guidance (circle those discussed)**

- |                    |                |
|--------------------|----------------|
| 1. Safety/poisons  | 8. Lifestyle   |
| 2. Nutrition       | 9. Development |
| 3. Parenting       | 10. Behavior   |
| 4. Family planning | 11. Sexuality  |
| 5. Discipline      | 12. Dental     |
| 6. Immunizations   | 13. Other      |

**Comments:**

\_\_\_\_\_ Date \_\_\_\_\_ Signature of physician or nurse approved to perform health assessments