

**Mental Health Meeting
Minutes
2-19-2019**

Attendees

Jodie McDougal
Julie Batey
Linda Kramer
Andy Hill
Ashley Reudiselli
Roger Havens
Eric Jackson
Steve Brady
Rob Earle
Michele Minick
Vickii Albanese
Julie Cloonan
Phil Titterington
Lauren Ross
Erin Simpson
Jenny Manos
Nance Watts
Meagan Neuman
Beth Beal
Lynn Decker
Nikki Farson
Emily Burke
Steve Moore
Chris Roberts
Joanne Gahan
Doug Beeman
Megan Bruno
Maria Burk
Tiffany Shelton

Jodie McDougal called the meeting to order
Motion was made to name Julie Batey as treasurer protemp
Motion was approved 3-0

Motion was made to approve the minutes from the previous meeting
Motion was approved 3-0

Julie Cloonan explained the elementary gap analysis provided by the elementary school counselors

Ms. Cloonan explained that counseling support should be similar to RTI support

Whole-class instruction is first step

2nd step is small group

Last step is one-on-one support

Recommended increased support at elementary closer to 250-1 ratio

Suggested this would lead to better coping skills

Mrs. Neuman added that the need for coping skills is increasing at Overlook

Steve Moore asked if coping skills could be addressed in curriculum

Mrs. Neuman stated that its addressed in multiple guidance lessons

Vicki Albanese summarized the Intermediate gap analysis

She stated the biggest concern is in regards to follow-up

She gave examples of behavior follow-up

Students returning from hospitalization meeting

"Intake meeting"

Vicki indicated that she has seen student needs changed over time

An increase in hospitalizations, juvenile detention, and basic needs

Steve Moore echoed Vicki Albanese's concern that follow-up is very difficult

Mr. Moore stated that the needs of the high school is changing to more adult

Jenny Manos stated that when students return from hospitalizations or treatment they are not "fixed" and will need more support

Julie Batey asked how big of an issue it is to not being able to connect a student to an therapy counselor.

Jenny Manos explained that at WMS it is only about 3 students a year since we added Pastoral Counseling services

Jenny Manos discussed that counselors often do not have recovery time after handling crisis situations. She added that frequently WMS sees significant "life or death" issues with students attempting self harm or being at risk of harm from others.

Ms. Manos added that the gap of time is the significant issue. Ms. Manos stated that the increase in 504s has added to this issue.

Lauren Ross echoed the challenges of time and follow-up mentioned by the other buildings. Mrs. Ross stated that it has been a long-time since she was able to do a preventative lesson in a classroom.

Dr. Hill asked Mrs. Ross if having someone other than a counselor complete many of the high school counseling duties (testing, career day, etc..) would allow the guidance department to better serve the kids. Mrs. Ross said that it would help.

Mr. Moore suggested that testing and 504s could be removed from counseling duties

The school counselors feel that a more specialized mental health staff member is not needed for follow-up or serious situations. The counselors feel that they are appropriately trained to deal with these situations. The counselors feel that a person in this position would just add more steps to get help for students.

Phil Titterington explained the role of the ADAMH board providing handouts of services used by school districts in the county. Phil explained ICAT and service coordination within the county. Phil added that the county has a emergency helpline that is available to anyone in the county 24-7. Phil mentioned that if there is an area of prevention or other services where a need is identified the ADAMH board is interested in providing support.

Dr. Hill stated that Bellafaire has expressed interested in providing resiliency/prevention services for elementary students if the committee elected to move in that direction. The elementary counselors expressed interest in meeting with Bellafaire to discuss this further

The next meeting has been scheduled for Monday, March 4th at 4:00 p.m. in the high school media center

The meeting was motioned to be adjourned and voted to be adjourned at 5:08