



APRIL 2023 INTERNATIONAL ACADEMY MENU

Full Pay Lunch - \$3.90 - \$4.25

11am-1pm

Full Pay Breakfast \$2.00-\$2.50

7:30am/9:15am

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

Monday

3
JET'S Cheese or
Pepperoni Pizza

10
JET'S Cheese or
Pepperoni Pizza

17
JET'S Cheese or
Pepperoni Pizza

24
JET'S Pizza
or *Try Something New!*
Asian Chicken Salad

Tuesday

4
Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

11
Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

18
Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

25
Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

Wednesday

5
All Beef Hot Dog Bar
Fries

12
**1/2 Day
No Lunch!**

19
Greek Beef Gyro
w/ Tzakti Sauce
Fries

26
Philly Steak and Cheese
Sub w/ Fries
& pepper/ Onions

Thursday

6
Macaroni & Cheese
Garlic Breadstick
Steamed Broccoli

13
**1/2 Day
No Lunch!**

20
Pasta Bar
Garlic Breadstick
Steamed Broccoli

27
Cheese Cavatappi
Garlic Breadstick
Steamed Broccoli

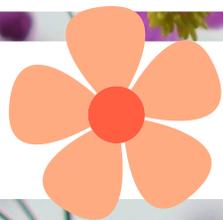
Friday

7
**No
School!**

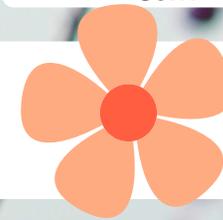
14
Popcorn Chicken Bowl
Mashed Potatoes, Corn

21
Orange Chicken
Rice/Fortune Cookie
Asian Blend Veggies

28
Chicken Drumstick,
Bowl Mashed Potatoes,
Corn



HAPPY SPRING!!!



All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white milk

248.341.5671

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!**

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

 **EMOJI Waffle and Chix**
Crisp, chicken Tender served with EMOJI Waffle, Syrup cup

Fry Something New!

Asian Chicken Salad

Lettuce, Mandarin Oranges, Chicken, Chow Mein Noodles w/ Sesame dressing and Scallion Flatbread

Philly Cheese Steak

Thin slice beef served on a whole grain bun with provolone cheese and optional grilled peppers and onions Served with Crispy French Fries

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Hot Dog Bar

All beef hot dog to served on a whole grain bun with choice of chili, cheese sauce and much more!

Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Fiesta Bar

2 flour or corn tortilla chips filled with chicken or beef, topped with cheese with Lettuce, rice, beans and optional toppings served on the side.

Pasta Bar

Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

Beef Gyros

Thin sliced Gyro Meat served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions
Served with Crispy French Fries

Chicken Drumsticks: Lightly breaded crispy chicken, served with Creamy Mashed Potatoes, chicken Gravy and Corn

\$2 BREAKFAST

**Offered Daily
in the Cafe before school
and the 9:15 break
Choose from
Yogurt Parfait
Bagels, Muffins
Cereal Bars, Cereal
& Daily Hot Specials
All Breakfasts include up
to a full cup of fruit and/or
Juice and a 1% white or
chocolate milk**

Fruit and Veggie Bar!

**Offered Daily
Includes Michigan Produce such
as Blueberries, Cherries,
Michigan Lettuce, Legumes and
Apples
plus MUCH more Fruits and
Veggies to Choose from!**



Gluten Free
option available per
medical request-
preorder required

Vegetarian and
Dairy Free options
available - preorder
required

**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**