



# APRIL 2023 MIDDLE SCHOOL MENU

Full Pay Lunch - \$3.40

11am-12:30pm

Full Pay Breakfast \$1.85

Delivered to classrooms at school start time

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

## Monday

**3**  
JET'S Cheese or  
Pepperoni Pizza

**10**  
JET'S Cheese or  
Pepperoni Pizza

**17**  
JET'S Cheese or  
Pepperoni Pizza

**24**  
JET'S Pizza  
or Try Something New!  
Asian Chicken Salad

## Tuesday

**4**  
Fiesta Bar  
Beef or Chicken Tacos or  
Nachos w/ Toppings  
Refried Beans

**11**  
Fiesta Bar  
Beef or Chicken Tacos or  
Nachos w/ Toppings  
Refried Beans

**18**  
Fiesta Bar  
Beef or Chicken Tacos or  
Nachos w/ Toppings  
Refried Beans

**25**  
Fiesta Bar  
Beef or Chicken Tacos or  
Nachos w/ Toppings  
Refried Beans

## Wednesday

**5**  
All Beef Hot Dog Bar  
Fries

**12**  
8th grade testing  
No Lunch!

**19**  
Greek Beef Gyro  
w/ Tzakti Sauce  
Fries

**26**  
Philly Steak and Cheese  
Sub w/ Fries  
& pepper/ Onions

## Thursday

**6**  
Macaroni & Cheese  
Garlic Breadstick  
Steamed Broccoli

**13**  
Cheese Lasagna  
Garlic Breadstick  
Steamed Broccoli

**20**  
Pasta Bar  
Garlic Breadstick  
Steamed Broccoli

**27**  
Cheese Cavatappi  
Garlic Breadstick  
Steamed Broccoli

## Friday

**7**  
No  
School!

**14**  
Popcorn Chicken Bowl  
Mashed Potatoes, Corn

**21**  
1/2 Day  
No Lunch!

**28**  
Chicken Drumstick,  
Bowl Mashed Potatoes,  
Corn

HAPPY SPRING!!!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white milk

248.341.5671



## DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR  
CHICKEN TENDERS  
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS  
AND MUCH MORE!!

Jet's Pizza: deep dish cheese,  
pepperoni or veggie pizza filled with  
marinara sauce and topped with  
mozzarella cheese

Lasagna Roll-up: pasta noodles  
filled with creamy ricotta and  
mozzarella cheese, topped with  
marinara sauce, served with garlic  
breadstick



### EMOJI Waffle and Chix

Crisp, chicken Tender served with EMOJI  
Waffle, Syrup cup

### *Fry Something New!*

#### Asian Chicken Salad

Lettuce, Mandarin Oranges, Chicken, Chow  
Mein Noodles w/ Sesame dressing and  
Scallion Flatbread

#### Philly Cheese Steak

Thin slice beef served on a whole grain  
bun with provolone cheese and optional  
grilled peppers and onions Served with  
Crispy French Fries

Chicken Patty Sandwich: lightly  
breaded white meat chicken on a  
whole grain bun with French Fries  
offered on the side as a Vegetable

Chicken Tenders: Lightly breaded  
white meat crispy chicken, served  
with homemade roll and butter

#### Hot Dog Bar

All beef hot dog to served on a  
whole grain bun with choice of  
chili, cheese sauce and much  
more!

#### Burgers

All Beef Patty with our without  
American Cheese. Served on a WG  
Bun with French Fries offered on  
the Side as a Vegetable

#### Fiesta Bar

2 flour or corn tortilla chips filled  
with chicken or beef, topped with  
cheese with Lettuce, rice, beans  
and optional toppings served on  
the side.

#### Pasta Bar

Your choice of Pasta topped with  
marinara sauce or Alfredo and  
choice of meatballs or chicken  
served with Broccoli and garlic  
breadstick

#### Beef Gyros

Thin sliced Gyro Meat served on a  
whole grain Pita with tangy cucumber  
sauce and optional diced tomatoes  
and onions  
Served with Crispy French Fries

Chicken Drumsticks: Lightly  
breaded crispy chicken, served with  
Creamy Mashed Potatoes, chicken  
Gravy and Corn

## BREAKFAST

Offered Daily  
in the Cafe 8:15-8:30am

Choose from  
Yogurt Parfait  
Bagels, Muffins  
Cereal Bars, Cereal  
All Breakfasts include up  
to a full cup of fruit  
and/or Juice and a 1%  
white or chocolate milk

### Fruit and Veggie Bar!

Offered Daily

Includes Michigan Produce such  
as Blueberries, Cherries,  
Michigan Lettuce, Legumes and  
Apples  
plus MUCH more Fruits and  
Veggies to Choose from!



Gluten Free  
option available per  
medical request-  
preorder required



Vegetarian and  
Dairy Free options  
available - preorder  
required

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY**  
**PROVIDER**