

APRIL 2023 PREP MENU

Full Pay Lunch -

\$3.90

Full Pay Breakfast

\$2.00


There will be no charge for reduced price meals throughout the remainder of the 22-23 school year

Monday

3 Popcorn Chicken Bowl
served w/ Roll, mashed
potatoes, gravy and
Corn

10 Chicken Drumstick
served w/ Roll, mashed
potatoes, gravy and
MICHIGAN VEGGIES

17 BBQ Chicken
served w/ Roll, mashed
potatoes, gravy and
MICHIGAN VEGGIES

24 
EMOJI Waffle & Chix
and Sweet Potato Fries

Tuesday

4 Taco Tuesday!
Cheese Quesadilla
MICHIGAN SALAD GREENS
Refried Bean

11 Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

18 Taco Tuesday!
Turkey & Cheese Enchiladas
Refried Bean

25 Fiesta Bar
Beef or Chicken Tacos or
Nachos w/ Toppings
Refried Beans

Wednesday

5 Beef Gyros w/ Tzakti
Sauce & Fries
JET'S Pizza Day!

12 **Testing
Day!**

19 Chicken Parmesan
Sandwich
JET'S Pizza Day!

26 Chicken Swarma w/
Tzakti Sauce & Fries
JET'S Pizza Day!

Thursday

6 Pasta with Marinara
Meatballs
Garlic Breadstick
MICHIGAN BROCCOLI

13 **Testing
Day!**

20 Cheese Ravioli
Garlic Breadstick
MICHIGAN BROCCOLI

27 Pierogi and Sausage with
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

7 **No
School!**

14 Beef Teriyaki
w/ rice and Stir-fried
Veggies

**21/2 Day No
Lunch!**

28 Orange Chicken
w/ WG rice and Stir-
fried Veggies

HAPPY SPRING!!!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA
TUESDAY - CHICKEN PATTY SANDWICH
WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER
THURSDAY - CHICKEN TENDERS
FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA

ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND 1% WHITE OR CHOCOLATE MILK

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Chicken Schwarma
Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions
Served with Crispy French Fries

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Chicken Alfredo Pasta
Al Dente Pasta tossed with creamy Alfredo cheese sauce and topped with diced white meat chicken served with Broccoli and garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Fiesta Bar
2 flour or corn tortilla chips filled with chicken or beef, topped with cheese with Lettuce, rice, beans and optional toppings served on the side.

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

Burgers
All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

NEW! EMOJI Waffle and Chix
Crisp, chicken Tender served with EMOJI Waffle and Syrup cup

Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Pierogi and Sausage

Cheese filled pierogi dumplings topped with sliced smoked sausage and served with a Garlic Breadstick and fresh roasted veggies

Pasta Bar

Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

Philly Cheese Steak

Thin slice beef served on a whole grain bun with provolone cheese and optional grilled peppers and onions Served with Crispy French Fries

Beef Gyros

Thin sliced Gyro Meat served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy French Fries

Fruit and Veggies!

Offered Daily

Includes Michigan Produce such as Blueberries, Cherries, Michigan Lettuce, Legumes and Apples

plus MUCH more Fruits and Veggies to Choose from!

BREAKFAST

\$2.00

DAILY SPECIALS

YOUR CHOICE OF

YOGURT PARFAITS

SMOOTHIES

HOMEMADE MUFFINS

BAGELS AND CREAM CHEESE

DONUTS

CEREAL, AND CEREAL BARS

ALL COMPLETE BREAKFASTS
INCLUDE CHOICE OF MICHIGAN
PRODUCE,

JUICE AND

1% WHITE OR CHOCOLATE MILK

Gluten Free

option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required

MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER