

McCANN TECHNICAL SCHOOL NORTH ADAMS, MA

MENU FOR WEEK OF March 20-24, 2023

MILK IS SERVED WITH ALL BREAKFASTS & LUNCHES
CHOICE OF FRESH FRUIT WITH ALL LUNCHES

BREAKFAST

LUNCH

MONDAY

Assorted Juices
Banana
Assorted Cereal
Apple Cinnamon Muffin

Hot Dog on a Bun
Sweet Potato Fries
Baked Beans
Bananas and Strawberries

TUESDAY

Assorted Juices,
Cinnamon Apple Slices,
Plain or Blueberry Pancakes with Syrup

Buffalo Chicken Macaroni and Cheese
Glazed Carrots
Corn
Whole Grain Bread
Cinnamon Apple Slices

WEDNESDAY

Assorted Juices
Peaches
Breakfast Pizza with
Egg, Cheese and Ham

Ham, Turkey & Cheese Wrap
Shredded Lettuce & Tomato
Potato Rounds
Crispy Vegetables with Ranch Dressing
Peaches

THURSDAY

Assorted Juices
Pineapple
Assorted Cereal
Cranberry Crumb Cake

Stir Fry Chicken Bowl Choice of Asian
Chicken, Stir fry Vegetables, Stir fry Cabbage
Seasoned Rice,
Whole Grain Bread
Pineapple

FRIDAY

Assorted Juices
Pears
Grilled Cheese & Egg Sandwich

Cheese Ravioli with Tomato Sauce
Caesar Salad
Broccoli
Whole Grain Bread
Pears

MENU FOR WEEK OF March 27-31, 2023

CHOICE OF FRESH FRUIT DAILY WITH ALL LUNCHES
MILK IS SERVED WITH ALL BREAKFASTS & LUNCHES

BREAKFAST

LUNCH

MONDAY

Assorted Juices,
Applesauce,
Assorted Cereal
Chocolate Chip Scones

Barbecue Chicken & Cheese Wrap
Shredded Lettuce & Tomato
Sweet Potatoes Fries
Green Beans
Fresh Fruit

TUESDAY

Assorted Juices
Sliced Pears
Sausage & Cheese Omelet
Home Fries
Toast

Meatball Grinder with Tomato Sauce
Sautéed Peppers & Onions
Seasoned Spinach
Broccoli
Pears

WEDNESDAY

Assorted Juices
Applesauce
Waffles with Syrup

Hot Roast Pork Sandwich with Jus lie
Mashed Potatoes
Glazed Carrots
Applesauce

THURSDAY

Assorted Juices
Pineapple
Assorted Cereal
Assorted Breakfast Pastries

Soft Tacos with Taco Sauce
Shredded Lettuce & Tomato
Green Peas
Refried Beans
Pineapple

FRIDAY

Assorted Juices
Scrambled Eggs with or without Cheese
Toast with jelly

Cream of Tomato Soup
Grilled Cheese Sandwich
Potato Rounds
Frozen Juice Cup

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