



*Sauk Rapids-Rice  
Golf Handbook  
2023*

# Sauk Rapids-Rice Golf Philosophy

## **Vision**

To be a team of trusted individuals, who support one another in their shared passion of being champions, and are dedicated to representing Sauk Rapids-Rice to the best of their abilities in the community, in the classroom and during competition!

## **Program Values and Culture**

Positive

Selfless

Detail Oriented

Competitive

Consistent

Mentally Tough

## **Athlete Expectations**

Joy

Learn

Respect

High Effort

Leadership / Mentorship

A Desire to Grow

Communication

## **Policies and Procedures**

### **Communication**

Communication is crucial for a successful and organized golf season. With varying locations and schedules subject to change daily with the weather, keeping lines of communication open is very important.

The primary form of communication will be through the Remind App. This app allows texting between coaches, athletes and parents without the exchange of phone numbers. By signing up, you will be able to receive updates as well as respond directly to the coaches.

**\*\*REMIND DIRECTIONS ARE AT THE END OF THIS HANDBOOK\*\***

*Coaches* - Will share updates using the Remind App. These updates will include sudden schedule changes as well as updates for departure and return times.

*Parents & Athletes* - Will sign up for the Remind App. **However, any communication about absences from school or practice should be sent through email to the coach directly.**

**Attendance Policy**

Students in golf must be in attendance the entire school day or have an excused absence note from a guardian in order to participate or practice in an activity the same day. Any unexcused absence during the school day will result in no participation in activities that evening. No early release will be given for students leaving for an activity to get clothes, food or equipment.

**Any player who misses their 1st period class after a meet, will be subject to loss of playing time per coaching discretion. Any recurring events will result in additional missed playing time.**

Athletes are responsible to speak to teachers BEFORE they are going to miss class for a meet. Being proactive will help with time management and the stress of making up missed work.

**Transportation**

Daily practice will be held at local golf courses. Transportation will not be provided by the school each day to Territories. Athletes are expected to find their own transportation home from practice. Buses/vans will be provided for all meets.

From the final bell at school, students are to be safe and responsible while traveling to practice. Any unsafe or immature events will be subject to discipline of the coach's discretion.

**Captains**

Any player, grades 11-12, can apply to be a captain during the first two weeks of practice. The application will include a verbal interview with the coaching staff and include a brief speech in front of the team. Captains will have the responsibility of communicating with fellow players about schedule changes, organizing warm up drills before practices and meets, modeling positive behavior choices on and off the course, helping to create an inclusive and inclusive team environment and being team ambassadors in school and in the community.

\*Note, captaincy may be stripped if required duties are not fulfilled.

**Storm Varsity Lettering Standard Policy**

Earning a varsity letter entails demonstrating Character, Commitment and Contribution to an individual's varsity program. Participants must be in good standing in accordance with the MSHSL Code of Conduct and the academic policies defined by ISD 47. Coaches/Directors will have discretion with lettering consideration.

Any athlete competing in six varsity events during the season will earn a varsity letter.

**Level of Competition**

Athletes will have opportunities to compete at the Varsity and JV level based on performance in practice, past meets and qualifiers.

## **TEAM SELECTION PROCESS**

The coaching staff will select each team. We have the following roster guidelines:

- Players will be limited in amount of tee times, but will be on the course when it is available

The selection process for meets will be based on the following:

- Overall skill level
- Effort (on and off the course)
- Attitude (on and off the course)
- Academic Standing
- Past Dedication, Consistency and Reliability

## **Dress for Practice & Meets**

*Practice:* Must follow course rules. Storm apparel preferred, no jeans, sweat pants or athletic shorts. Come to practice prepared.

*Meets:* Green Storm Golf polo with gray or khaki pants or shorts.

## **Athletic Honesty**

Golfers must be honest and have integrity when it comes to keeping score and playing the game of golf. Any situation that occurs when an athlete is dishonest or cheats will be dealt with at the coach's discretion.

## **Minnesota State High School League (MSHSL) INFRACTIONS**

It is expected that you follow the rules of the MSHSL Code of Conduct and Eligibility. Violations of these rules will carry a penalty outlined by the MSHSL and District Administration.

## **ISD 47 District Policies**

### **SRR ACADEMIC POLICY:**

The primary focus of Sauk Rapids-Rice High School is academic achievement. Students must maintain satisfactory academic performance in order to participate in extracurricular activities. During each grading period the Activities Office will monitor academic progress for all students registered for an extracurricular program. This will be done at the halfway point during the regular season for each activities' competitive season, when the season is 12 weeks or shorter; for activities' regular competitive season longer than 12 weeks grades will be checked at the one-third and two-thirds points in the season.

Any students who are failing will serve a two-week probationary period, but can continue to practice and participate. During the probationary period, these students will take an academic progress sheet to all of their classes to check academic status. The progress sheets should be given to teachers on Wednesday's of each week, and turned into the Activities Office by Friday at 10 a.m. At the end of the second week of probation, the probationary students who are still failing will serve a two-week ineligible period from contests. They will remain ineligible until they are passing all classes. Students who are academically ineligible may continue to practice. These students will continue to complete weekly academic progress sheets until they become eligible.

### **FAILURE FROM PREVIOUS GRADING PERIOD**

Any student registered for an extracurricular or co-curricular activity who has a failure from either of the two previous grading periods will be ineligible for the next two contests after the "incomplete" period has been completed. The ineligibility will begin on the following Monday. For activities with less than 10 regularly scheduled season events, the student will miss the first contest after grades are distributed. The penalty will be served the first activity following the failure, and will be resolved after the completion of the entire season. I.E. Grades from winter and spring trimester will affect fall activities.

On Wednesday of the third week of a new trimester, students who have failed a class will take an academic eligibility progress sheet to all their current teachers. This will continue on a weekly basis during the current grading period. Academic eligibility progress sheets must be turned in weekly by 10 a.m. Friday to the Activities Office. Students who have failed a class in the previous trimester will not be allowed to participate in extracurricular contests until they are showing significant progress in all classes, but they may continue to practice and travel with the team.

## **THE ROLE OF PARENTS**

Parents, you play an integral role in the development of your child as an athlete. Your support is absolutely necessary for the success of your child and for the success of the team. Just as it is the coaches job to coach, the officials job to officiate and the players job to play, it is your role to parent. A coach will not tell you how to parent. This is your privileged role to support your student, just as a coach, player and official have their privileged roles.

- Be positive with your child. Let them know that they are accomplishing something by being an activity participant.
- Please refrain from yelling for any reason other than for encouragement.
- Please do not try to coach your child in or out of competition. It is hard for young athletes to make sense of conflicting messages. Advisors/Coaches sincerely care about the students! Coaching styles differ when interacting with people and situations. Student's lives are enriched by the experience of different types of leadership.
- Do not offer excuses to them if they are not participating. Encourage them to work hard and do their best. Just as important, is that you support the efforts of your child's coaches. If you are criticizing other players or coaches at home, you are putting your child in a no-win situation.
- Support the MSHSL rules pertaining to no use or possession of tobacco, alcohol or other controlled substances.
- Please do not call the coach to talk about your child's playing time. You have the role of parent and coaches have the role of coach. Coaches see players every day in practice and it is their desire to place players in situations where they can succeed.
- If you need to discuss issues or concerns, please follow the chain of communication.
- When you have a concern or issue with the program or coach, please follow the chain of communication/resolution process (on page 16 after getting a full story from your child. Please avoid communicating concerns with the coach/advisor directly following a performance or contest. The coach's duty, immediately following a contest/performance is to the participant/team, not the spectator. Allow at least one night/24 hours to pass to get your thoughts together.

## **Have Discussions with Your Child**

Talk to your child about their expectations for the season. Do so at the beginning as well as in the middle of the season. Often parents project their own hopes and dreams for their children onto their children without stopping to ask what they want for themselves. Do not assume you know. Ask your child about where they think they fit in on the team, what their perceived strengths and weaknesses are and what they hope they will accomplish over the course of the season. Ask your child what they want to accomplish throughout the course of their career. Most often, players know what their skill level is and where they belong.

Once you have the discussion, support your child. When your child is finished with a game, tell them that you love and support them. Tell them that you enjoyed watching them play. Do not rehash the game with your child unless they initiate it. Always speak positively, even if they are angry.

## **COMMUNICATION CHAIN FOR THE SRR ACTIVITIES RESOLUTION PROCESS**

The Sauk Rapids-Rice School District's Resolution Process has been developed for the purpose of establishing and maintaining positive lines of communication between the school, parents/guardians and students for the resolution of concerns and as a forum for exploration of program ideas. This process is a means by which both concerns and issues about the programs can be resolved.

If parents/guardians or students have concerns, they should contact the coach/advisor the next work day. Coaches/advisors will share with parents' specific times when they are available during the work day because the District does not believe it is acceptable to interrupt classes in order to process an extra-curricular conflict.

Concerns that arise should not be addressed during or immediately following a contest. Event sites, practice areas, lobbies or locker rooms are not appropriate places to handle conflicts. Coaches/Advisors, parents and students are not to meet or deal with concerns at these times or places, rather than to set up a later meeting date.

\*If the concern is over something your child has told you about a game, practice or other situation, please make sure you have the complete story from your child and that your child is with you in the resolution meetings.

### **Steps for Resolution**

#### **Step One – Participant Concerns:**

A meeting between the student and coach/advisor will be scheduled or held to resolve issues or answer questions that are initiated by either the student or the coach/advisor.

Or

#### **Step One – Parent/Guardian Concerns**

A meeting between the coach/advisor, the parent/guardian and/or the student will be held or scheduled. The parent/guardian, student or coach/advisor can initiate this meeting.

#### **Step Two**

A meeting with the Activities Director will be held/scheduled if any one of the three parties (parent/guardian, student or coach/advisor) still feels that the issues or questions have not been resolved.

#### **Step Three**

A meeting with the building Principal will be held/scheduled if the issues or questions persist. The building Principal, along with the Activities Director, will be asked to mediate the issue.

#### **Step Four**

If the issues or questions still have not been resolved, they will then be referred to the Superintendent and if he/she chooses, to the Board of Education.

- At any step in the process, when an issue or question has been resolved, the resolution should be communicated to the affected parties.

### **Guidelines for a Resolution Meeting**

In any meeting between parent/guardian, student, and coach/advisor:

- Conversations will be respectful and appropriate in nature or the meeting will need to be rescheduled.

- Conversations regarding playing or participation time will be focused on skills, work ethic, attitudes and roles.
- Resolution participants are encouraged to be open-minded and keep the goals of the entire program in mind.
- For purposes of data privacy, discussions will focus on the parent's/guardian's student or child and not on other players or participants.

## ISD 47 | Social Media Best Practices *for Students*

### I have access to electronic devices, the Internet and social networks in order to:

- expand my learning
- communicate with others about what I am learning
- research and share topics for classroom projects or for my personal learning
- create items that highlight my learning
- learn how to be a responsible and productive digital citizen.

### Here are some things I need to know about using Social Media:

- Electronic devices include computers, laptops, iPads, iPods, tablets, cell phones, cameras, and other devices that allow me to create and communicate.
- Ways that I might communicate include, but are not limited to, websites, blogs, social bookmarking, social news, social networking, social photo and video sharing, wikis, online forums, and etc. Any technology element (text, audio, video, images, or multimedia) that invites you to interact within the site or with other visitors falls under the definition of social media. Examples include: Twitter, Facebook, Instagram, Google+, Pinterest, Tumblr, YouTube, Reddit, etc.
- I am responsible for all my online activities that take place through the network connection with my school devices or through access with my own personal electronic devices. If it's on social media, it is part of my identity whether it is online or off.
- I am responsible for obeying all laws, including copyright and [District Policy #524: Internet Acceptable Use](#).
- Bullying or harassing someone either in person or electronically is wrong and violates [District Policy #413: Harassment and Violence](#) and [District Policy #514: Bullying Prohibition](#). More importantly it is against the law.
- Communicating electronically includes using my camera and cell phone to communicate visually. When communicating electronically, I should ask myself: Is it safe? Is it kind? Is it respectful? Is it appropriate?
- I do not have an absolute right to take, publish/post photographs or videos of others at school, as it may impact their individual rights of privacy.
- I do NOT have the right of privacy when accessing the Internet or network while at school. My teachers and administrators have the right to access whatever I do online while in school.

### As a responsible user of Social Media, I agree to:

- Keep my passwords to myself and not share them with others.
- Not post or send questionable, hurtful, offensive or inappropriate material.
- Talk with a responsible adult if someone has posted something that you find misleading or concerning.
- Maintain a high level of integrity, honesty and fairness when posting online or in social media networks.
- Follow rules of network etiquette and be polite when communicating with others electronically.
- Not use inappropriate language or access messages from others who use inappropriate language.
- Not take, post, or share pictures of others without their knowledge and approval.
- Not use others' work without permission or without citing their work according to copyright laws.

- Discuss my online activities with my parents so they understand how I am learning to be a good digital citizen.
- Seek out [digital citizenship resources](#) or ask a responsible adult when I'm not sure how to do something or whether something is okay to access or do.

### **What happens if I violate a law or am not a responsible digital citizen?**

- Violations may result in disciplinary action according to [District Policy #506: Student Discipline](#).
- Action may also be taken under [District Policy #514 - Bullying Prohibition](#) and [District Policy #413 - Harassment and Violence](#).

### **Leadership Eligibility**

Students holding leadership positions (captain of a team, officer of an organization, club, class candidates for Homecoming, Snow Daze, et cetera) for any activity under the umbrella of the Activities Department who are found in violation of Minnesota State High School League (MSHSL) and/or District #47 rules which result in a loss of participation opportunities, will be removed from their position of leadership and will be ineligible to hold another such position for the period of one (1) calendar year. If extenuating circumstances warrant, the student may appeal this restriction by initiating a discussion with the Coach/Advisor involved, the Principal or Activities Director.

### **Hazing and Harassment Policy**

The purpose of this policy is to maintain a safe learning and working environment for students and staff that is free from hazing and religious, racial or sexual harassment and violence. Hazing and harassment activities of any type are inconsistent with the educational goals of the school district and are prohibited at all times. (MSHSL Bylaw 209)

General Statement of Policy:

- 1) No student, coach, or advisor of the school district shall plan, direct, encourage, aid or engage in hazing.
- 2) No student, coach, or advisor of the school district shall permit, condone or tolerate hazing.
- 3) Apparent permission or consent by a person being hazed does not lessen the prohibitions contained in this policy.
- 4) This policy applies to behavior that occurs on or off school property and during and after school hours.
- 5) A person who engages in an act that violates school policy or law in order to be initiated into or affiliated with a student organization shall be subject to discipline for that act.
- 6) The school district will act to investigate all complaints of hazing and will discipline or take appropriate action against any student, coach, or advisor of the school district who is found to have violated this policy.



## **Golf Bag Supply List**

- |  |  |
|--|--|
| <input type="checkbox"/> Golf Clubs (no more than 14) Driver, Woods, Irons, Wedges, Putter (remember, you will be carrying these for 9+ holes of golf, only bring what you will use) | <input type="checkbox"/> Towel                         |
| <input type="checkbox"/> Golf Balls 6+   | <input type="checkbox"/> Rangefinder (if you have one) |
| <input type="checkbox"/> Tees  | <input type="checkbox"/> Water                         |
| <input type="checkbox"/> Golf Glove  | <input type="checkbox"/> Sunscreen                     |
| <input type="checkbox"/> Divot tool & ball marker  | <input type="checkbox"/> Bug spray                     |
| <input type="checkbox"/> Permanent marker  | Possible extra items for inclement weather             |
| <input type="checkbox"/> Sweatshirt/pullover for cooler weather  | <input type="checkbox"/> Rain jacket                   |
| <input type="checkbox"/> Extra pair of socks   | <input type="checkbox"/> Rain pants                    |
|  | <input type="checkbox"/> Umbrella                      |
|  | <input type="checkbox"/> Hand-warmers                  |
|  | <input type="checkbox"/> Winter hat/gloves             |

## **Meet Schedule**

Meet schedules can be found on the Central Lakes Conference website. There is a filter option to see Sauk Rapids-Rice Golf and then the specific level. These meets are subject to change due to weather, but will be updated as soon as possible.

## **Tentative Schedules**

### **Boys Varsity (2023)**

Monday, March 20th Practice Begins  
Monday, April 24th @ Home - Territory (scramble tournament)  
Thursday, April 27th @ St. Cloud - St. Cloud Country Club  
Monday, May 1st @ Home - Territory  
Friday, May 5th @ Sartell - Blackberry  
Monday, May 8th @ Willmar - Eagle Creek  
Tuesday, May 9th @ Brainerd - Legacy  
Thursday, May 11th @ St. Cloud Country Club Invite  
Friday, May 12th Pre-Sections @ Rich Spring  
Tuesday, April 16th @ Alexandria - Alexandria Country Club  
Monday, May 22nd @ Rocori - Rich Spring CLC Championship Day 1  
Tuesday, May 23rd @ Fergus Falls - Pebble Lake CLC Championship Day 2  
Tuesday/Wednesday, May 30th/31st Sections @ Rich Spring

### **Girls Varsity (2023)**

Tuesday, March 21st Practice Begins  
Thursday, April 20th @ Alexandria - Alexandria Golf Club  
Monday, April 24th @ Sartell - Blackberry Ridge  
Monday, May 1st @ Willmar - Eagle Creek  
Tuesday, May 2nd @ Brainerd - Madden's E.  
Saturday, May 6th @ Alexandria - Geneva Golf Club  
Thursday, May 11th @ Fergus Falls - Pebble Lake  
Friday, May 12th @ Pre-Sections @ Headwaters Golf Club  
Monday, May 18th @ CLC Championship Day 1 @ Rich Spring  
Tuesday, May 22nd @ CLC Championship Day 2 @ Home - Territory  
Thursday/Friday June 1st/2nd Sections @ Headwaters Golf Club

### **Boys & Girls JV (2023)**

Monday, March 20th Boys Practice Begins  
Tuesday, March 21st Girls Practice Begins  
Monday, April 10th @ Sartell - Blackberry  
Monday, April 17th @ Alexandria - Alexandria Golf Club  
Tuesday, April 25th @ Home - Territory  
Tuesday, May 2 @ Willmar - Eagle Creek  
Monday, May 8th @ Brainerd - Madden's E.  
Thursday, May 11th @ Rocori - River Oaks  
Monday, May 15th @ Tech/Apollo - Wapicada  
Thursday, May 18th @ Fergus Falls - Pebble Lake

### **Coaching Contacts**

#### **Scott McCabe- Girls**

[scott.mccabe@isd47.org](mailto:scott.mccabe@isd47.org)

320-258-1900 (w)

#### **John Gans - Boys**

[john.gans@isd47.org](mailto:john.gans@isd47.org)

320-258-1536 (w)

### **To Sign up for Remind Text Updates**

#### **Boys Golf**

Text @srrgolf to the number 81010

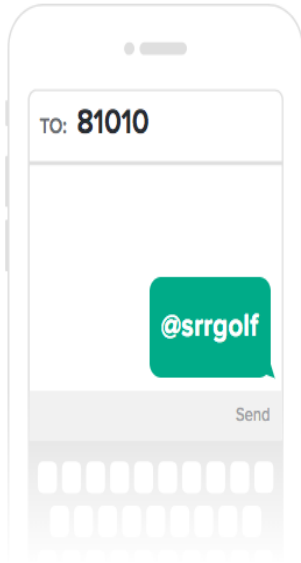
#### **Girls Golf**

Text @srrggolf to the number 81010

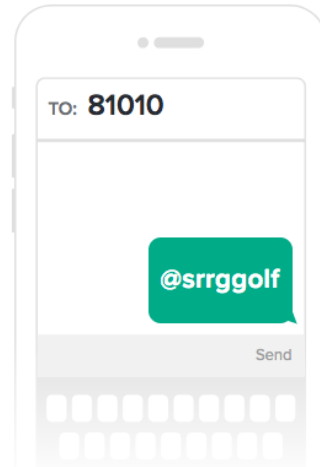
#### **Middle School Golf**

Text @srrbirdie to the number 81010

## Boys



## Girls



## Middle School

