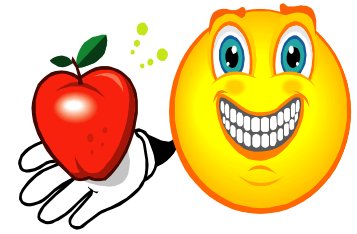


AGENDA

March 21, 2023
SHAC Meeting



- Welcome & Introductions
- Review & Approve Meeting Minutes – 11/1/2022
- **Health Education**
Drew 27 Chains – Fentanyl
- **Health Services**
Introduce new District RN – Ana Encinas
District Health Clinic Update
- **Counseling, Psychological, & Social Services**
Mind Over Matter
Johnson County Coalition Coordinator “Reach Council” – Nikki Bowman
- **Physical Education**
Jump Rope for Heart
- **Family/Community Involvement**
SHAC Family Night – Thursday, April 6 (5:30pm – 7:30pm)
Glow Run – 5K
- **Other Question, Comments, Concerns**
- Next Meeting: **May 16th at 1:30 pm**



SHAC Goals (2022-2023)
 Increase SHAC activities
 Increase involvement
 Ensure program activities are fully development

Mission Statement

The mission of the Alvarado Independent School District School Health Advisory Council is to facilitate opportunities for the overall life-long health and wellness of the Alvarado Community.

Vision Statement

It is the vision of the Alvarado Independent School District School Health Advisory Council to ensure Alvarado becomes an emotionally and physically healthy community.

AGENDA
March 21, 2023
SHAC Meeting

TSHAC Guiding Principles

Assuring a healthy future for all **T**exans will guide the work of this committee.

To that end, we will work to **S**upport a healthy and safe school environment that fosters learning.

We will dedicate our efforts to goals that will produce **H**ealthier minds and bodies through effective school health education and services.

Achieving **A**cademic success by providing leadership to those who teach and empower our students will be our sustaining and overarching charge.

We will champion the practice of **C**oordinated School Health to effectively reach our goals and objectives through the eight components of coordinated school health programming.

