

April



Post Falls School District
Nutrition Services



ELEMENTARY MENU 2023

Mon	Tue	Wed	Thu	Fri
<p>3 <u>Breakfast</u> Breakfast on a stick</p> <p><u>Lunch</u> Hamburger w/ cheese</p>	<p>4 <u>Breakfast</u> Muffin Variety Yogurt</p> <p><u>Lunch</u> Cheese Pull Apart Marinara Sauce</p>	<p>5 <u>Breakfast</u> Sausage, Egg & Cheese Sandwich</p> <p><u>Lunch</u> Corndog Giant Goldfish Cracker</p>	<p>6 <u>Breakfast</u> Texas French Toast Sausage Links</p> <p><u>Lunch</u> Turkey & Gravy Mashed Potatoes Dinner Roll Holiday Cookie</p>	<p>7 <u>Breakfast</u> Cocoa Puff Cereal Bar</p> <p><u>Lunch</u> Soft Pretzels Queso Cheese</p>
<p>10 <u>Breakfast</u> Breakfast Pizza</p> <p><u>Lunch</u> Chicken Patty Sandwich Potato Choice</p>	<p>11 <u>Breakfast</u> Whole Grain Blueberry Poptart Yogurt</p> <p><u>Lunch</u> Crispito Potato Choice</p>	<p>12 <u>Breakfast</u> Over Night Oats</p> <p><u>Lunch</u> All Beef Hotdog Sunchips</p>	<p>13 <u>Breakfast</u> Mini Pancakes Sausage Links</p> <p><u>Lunch</u> NEW! Mega Meatball Au Gratin Potatoes Green Beans</p>	<p>14 <u>Breakfast</u> Breakfast Nacho's</p> <p><u>Lunch</u> Ham & Turkey Pizza Ripper</p>
<p>17 <u>Breakfast</u> Breakfast on a stick</p> <p><u>Lunch</u> Corndog Giant Goldfish Cracker</p>	<p>18 <u>Breakfast</u> Muffin Variety Yogurt</p> <p><u>Lunch</u> Bean & Cheese Burrito Corn</p>	<p>19 <u>Breakfast</u> Breakfast Burrito</p> <p><u>Lunch</u> Rib BQ Sandwich</p>	<p>20 <u>Breakfast</u> Texas French Toast Sausage Links</p> <p><u>Lunch</u> Homemade Sausage Pizza</p>	<p>21 <u>Breakfast</u> Cinnamon toast Cereal Bar</p> <p><u>Lunch</u> Turkey Deli Sandwich Baked Chips</p>
<p>24 <u>Breakfast</u> Breakfast Pizza</p> <p><u>Lunch</u> Hamburger w/ Cheese Goldfish Crackers</p>	<p>25 <u>Breakfast</u> Whole Grain Blueberry Poptart Yogurt</p> <p><u>Lunch</u> Idaho Nacho's</p>	<p>26 <u>Breakfast</u> Over Night Oats</p> <p><u>Lunch</u> Corn Dog Giant Goldfish Crackers</p>	<p>27 <u>Breakfast</u> Mini Pancakes Sausage Links</p> <p><u>Lunch</u> Chicken Nuggets Garlic Toast Green Beans</p>	<p>28 <u>Breakfast</u> Breakfast Combo Bar Ham & Cheese</p> <p><u>Lunch</u> Soft Pretzel Cheese Sauce Goldfish Crackers</p>

ALL BREAKFASTS COME
WITH FRUIT OR JUICE
AND MILK

ALL LUNCHESS COME
WITH FRUIT, VEGGIES
AND MILK

See our virtual menu on
the Nutrition Services
homepage at
www.pfsd.com for
nutrition and allergen
information.

Meal Prices:

Milk—	\$0.50
Breakfast—	\$1.85
Reduced	\$.30
Lunch—	\$3.05
Reduced	\$.40
Adult lunch—	\$4.35

Alternate lunch choice:

Uncrustable PB&J



ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.