

**VERDUGO  
•HILLS•**



**EST. 1937**

## **LAUSD Resources and Information for Families**

Link: <https://tinyurl.com/mufw9pxr>

### **Contact Us**

Email: [vhhs@lausd.net](mailto:vhhs@lausd.net)

Phone: 818-951-5400

Please stay updated by visiting our school website at [www.verdugohs.org](http://www.verdugohs.org) daily. If you have any questions, please contact us at our main office, visit [achieve.lausd.net/schoolupdates](http://achieve.lausd.net/schoolupdates), or call the dedicated hotline at (213) 443-1300.

# **POTENTIAL STRIKE UPDATES**

**3/21/23 - 3/23/23**

## **Virtual Office Hours**

VHHS administrators are available to provide students and families assistance with accessing Schoology, completing work independently and technical support with devices.

### **Zoom Meeting ID**

481-354-1686

Time: 9:00 - 10:00 a.m.

## **Grab and Go Food**

Families may pick up meals for their students at Grab & Go sites on Tuesday, March 21 from 7:30 to 10:30 a.m. Six meals per student will be provided at pickup, to cover breakfast and lunch over 3 days.

**Sunland Recreation Center  
8651 Foothill Blvd  
Sunland, CA 91040**

## **Student Supervision**

Student supervision will be provided at select school, City, and County sites. Please visit: <https://tinyurl.com/yup4fcuv>

**Mount Gleason MS  
Pinewood Elementary School**

## **Continuity of Learning Schoology Course**

Verdugo Hills High School (2022-2023)

# Mental Health is Important

Student Health and Human Services (SHHS) has established support teams to answer questions and provide linkage to resources.



## Mental Health Emergencies

In the event of a psychiatric emergency, utilize the following resources:

- For emergencies that are potentially life threatening, call 9-1-1.
- 24/7 Suicide & Crisis Lifeline: Text: “988” or call: (800) 273-TALK (8255)



## Non-Emergency Support – SHHS Hotline

Please know that the Student Health and Human Services hotline will be available every day from 8 a.m. to 4:30 p.m. to help with non-emergency mental health issues, food and nutrition, and any other support you may need. Please call:

(213) 241-3840



## For more information visit the SHHS Website

<https://achieve.lausd.net/shhs>