There are many employees at FUSHD that currently participate in the FSA and Dependent care plans. As a reminder to those employees, these plans need to be updated each year during CSEA’s Flex Open Enrollment (usually early September) so please make sure that you schedule an appointment if you are already participating in these plans and would like to continue it for the following year.

For everyone else, especially new hires, this is your opportunity to participate in our supplemental benefit offerings through American Fidelity. The most popular plan choices include; Permanent Life Insurance, 403b, Cancer Plan, Accident Plan and the FSA / Dependent Care programs. These are supplementary benefits that are paid for by the employee, through monthly payroll deductions.

A Flexible Spending Account (FSA) allows an employee to set aside a portion of earnings pre-tax to pay for qualified expenses, most commonly for Medical expenses & Dependent Care expenses.

To enroll in an FSA, you must schedule a meeting with an American Fidelity Representative at the link below. American Fidelity is the District’s provider for both Section 125 Plan and Voluntary Benefits. They will help you with the enrollment process and completing the enrollment form.

Schedule an Appointment with American Fidelity: https://enroll.americanfidelity.com/EDAE2BCD