

Diving Deeper with NHA Expert Josh Kuersten



Transformational Practices in Trauma

In this session Josh will share his interpretation of Dr. Bruce Perry’s work on Trauma, translating the philosophy and research into a model of applied practice that can adapt to any environment. This is a proven model that Josh has been sharing with classrooms and families for years with amazing results. It is a mind shift that takes into account the way that the brain interprets information given the emotional state of the person. It is the number one training Josh recommends when asked to provide “de-escalation training.”

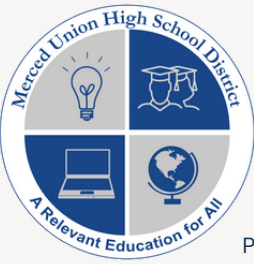
Josh is a behavior specialist who has been working in the field of education for 30 years. He holds a Special Education teaching credential and a Masters Degree in Education with a special focus in behavior and trauma informed practices. During his time as a behaviorist, he found his way to the Nurtured Heart Approach and for more than a decade has dedicated his time to integrating the approach into the foundational practices of behavioral and trauma informed interventions. He is an advanced trainer, peer leader and certified mentor of the Nurtured Heart Approach, and CEO of the Nurtured Heart Institute.

SPEAKER BIO:



Thursday
March 30th
5:30-7:00 p.m.

JOIN US VIA ZOOM:



Prior NHA training is encouraged but not required to attend. MUHSD staff will be compensated for attendance. Registration will close the 29th at 4 p.m. or when capacity is met. Spanish interpreter provided.

 [REGISTER HERE](https://forms.gle/8HycqexeJvamdJix5) or <https://forms.gle/8HycqexeJvamdJix5>