

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

- Lunch**
- Sweet and Sour Chicken
 - Whole Grain Dinner Roll
 - Seasoned Corn
 - Turkey Ham & Cheese Sandwich
 - Sliced Fresh Apples
 - Chilled Peaches
 - Spring Mix Salad
 - Fresh Carrots
 - Fresh Celery Sticks

28

- Lunch**
- Turkey Corn Dog
 - Cereal, Yogurt & Cracker Fun Lunch
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Spring Mix Salad
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

1

- Lunch**
- Creamy Cheddar Cheese Sauce
 - Mini Whole Grain Soft Pretzel
 - Baked Apple Slices
 - Turkey Ham and Cheese Chef Salad
 - Whole Grain Dinner Roll
 - Sliced Fresh Apples
 - Chilled Peaches
 - Spring Mix Salad
 - Fresh Celery Sticks
 - Fresh Carrots
 - Kidney Bean hummus

2

- Lunch**
- Orange Chicken
 - Brown Rice
 - Chicken Caesar Salad Wrap
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Spring Mix Salad
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

3

- Lunch**
- Classic American Cheeseburger
 - Turkey and Cheese Sandwich
 - Sliced Fresh Apples
 - Chilled Peaches
 - Spring Mix Salad
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

6

- Lunch**
- Classic American Cheeseburger
 - Tater Tots
 - Curry Chicken Salad
 - Whole Grain Hamburger Bun
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Fresh Celery Sticks

7

- Lunch**
- Black Bean & Corn Nachos
 - Cereal, Yogurt & Cracker Fun Lunch
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

8

- Lunch**
- Campbell's Tomato Soup
 - Toasty Cheese Sandwich
 - Turkey Ham and Cheese Chef Salad
 - Whole Grain Dinner Roll
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

9

Student Led Conferences - No School

10

- Lunch**
- Bean & Cheese Burrito
 - Chicken Caesar Salad Wrap
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

13

- Lunch**
- Homemade Chicken Noodle Soup
 - Toasted Cheese Bagel
 - Bean & Cheese Burrito
 - Salsa
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Fresh Celery Sticks

14

- Lunch**
- Shepherd's Pie
 - Whole Grain Dinner Roll
 - Pizza Bagel Fun Lunch
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

15

- Lunch**
- Crispy Chicken Patty Sandwich
 - Turkey and Cheese Sandwich
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

16

- Lunch**
- Bean & Cheese Burrito
 - Italian Power Pack
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

17

- Lunch**
- Brooklyn Style Pepperoni Flatbread
 - Chicken Caesar Salad Wrap
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

20

- Lunch**
- Sweet and Sour Chicken
 - Whole Grain Dinner Roll
 - Seasoned Corn
 - Turkey Ham & Cheese Sandwich
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Fresh Celery Sticks

21

- Lunch**
- Turkey Corn Dog
 - Cereal, Yogurt & Cracker Fun Lunch
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

22

- Lunch**
- Creamy Cheddar Cheese Sauce
 - Mini Whole Grain Soft Pretzel
 - Baked Apple Slices
 - Turkey Ham and Cheese Chef Salad
 - Whole Grain Dinner Roll
 - Sliced Fresh Apples
 - Chilled Peaches
 - Fresh Chopped Romaine
 - Fresh Celery Sticks
 - Fresh Carrots
 - Citrus Chickpea Salad

23

- Lunch**
- Classic American Cheeseburger
 - Chicken Caesar Salad Wrap
 - Sliced Fresh Apples
 - Chilled Diced Pears
 - Fresh Chopped Romaine
 - Fresh Carrots
 - Green Peas
 - Broccoli Salad with Raisins

24

Professional Workday - No Students

27



Spring Break - No School

28



Spring Break - No School

29



Spring Break - No School

30

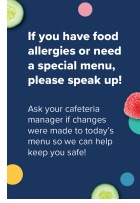


Spring Break - No School

31



Spring Break - No School



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 2/27/2023 at 11:44 am .

March 2023

Betty Kiefer

Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

Breakfast

- Egg & Cheese Sandwich
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

28

Breakfast

- Iced Cinnamon Roll
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

1

Breakfast

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

2

Breakfast

- Chocolate Chip Muffin
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

3

Breakfast

- Sausage Gravy
- Fresh Baked Biscuit
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

6

Breakfast

- Peachy Strawberry Smoothie
- Whole Grain Apple Cinnamon Muffin
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

7

Breakfast

- Peaches and Cream Overnight Oatmeal
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

8

Breakfast

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

9

Student Led Conferences - No School

10

Breakfast

- Pork Sausage Patty
- Waffle
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

13

Breakfast

- Mini Cinnis
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

14

Breakfast

- Iced Cinnamon Roll
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

15

Breakfast

- Breakfast Turkey Sausage Pizza
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

16

Breakfast

- Peach Cobbler Yogurt Parfait.
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

17

Breakfast

- Sausage Gravy
- Fresh Baked Biscuit
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

20

Breakfast

- Egg & Cheese Sandwich
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

21

Breakfast

- Iced Cinnamon Roll
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

22

Breakfast

- Fresh Fruit Pizza
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

23

Breakfast

- Pork Sausage Patty
- Waffle
- Cinnamon Toast Crunch
- Lucky Charms
- Reduced Sugar Trix
- Cocoa Puffs
- Low Fat Mozzarella String Cheese
- Fresh Whole Fruit

24

Professional Workday - No Students

27



Spring Break - No School

28



Spring Break - No School

29



Spring Break - No School

30



Spring Break - No School

31



Spring Break - No School



Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 2/27/2023 at 11:42 am .