



Community Education Middle School Intramural Sports Program

2022-23

Clayton Middle School, Glendale Middle School, Hillside Middle School, Nibley Park Middle School, Northwest Middle School, and SLCSE – Bryant Middle School

Purpose

Our primary purpose is to incorporate social and emotional learning concepts to encourage youth to remain in school while building a sense of closeness in interpersonal relationships by being a part of the **Community Education Middle School Intramural Sports Program**.

Philosophy

The philosophy of the **Community Education Middle School Intramural Sports Program** (CEMSISP) is to provide students with an opportunity to participate in activities **“without a win at all cost atmosphere.”** The primary reason for participation in the CEMSISP is for the enjoyment of the activities rather than pressure to compete and win, as in athletic competition. The CEMSISP provides students with a level of sports that concentrates on learning the game(s) and developing skills. Students can develop or refine skills in a variety of activities.

The **Community Education Middle School Intramural Sports Program** adds a new dimension to your student’s education by improving their self-esteem, stimulating other interests, and providing students opportunity to achieve individual and team goals. While developing a sense of sportsmanship and fair play, they acquire knowledge and skills required to be **Ready for Tomorrow**.

SMART Goals

The **Community Education Middle School Intramural Sports Program** has set the following goals for creating and maintaining an after-school intramural sports program:

- **Goal:** The Community Education Middle School Intramural Sports Program will have an organized, full school year intramural sports program that provides opportunities for students to enhance their social interaction and reduce student conflicts as well as increase the physical activity levels of participating students while increasing their understanding and commitment to lifelong fitness.
 - **Objective #1a:** By May 2023, increase the percentage of students in grades 6-8 that participate in the Community Education Middle School Intramural Sports Program who are active in moderate to vigorous physical activity for at least 60 minutes per day at least 5 times a week (S3.M6.8) from 0% to 50% as measured by the [Borg RPE](#) scale and logged by each student on the daily [physical activity log](#).
 - **Objective #1b:** By May 2023, increase the number of sequential standards-based physical education and SEL curriculum lessons that are designed to meet grade-level outcomes consistent with the National Physical Education Standards & Outcomes (NPESO) and CASEL competencies from 0% to 50% as measured by the annual [Physical Education and Physical Activity Program Score Card](#) survey taken by the program staff.
 - **Objective #1c:** By the end of every 8-week intramural season, we will increase the percentage of students in grades 6-8 that participate in the Community Education Middle School Intramural Sports Program who design, implement, and complete their own individualized physical activity and fitness plans from 0% to 50% as measured by each student’s completions of the [FitnessGram - Personal Fitness Scores and Goal Setting Form](#).

Requirements to Participate

All students must meet the following requirements to be eligible to participate:

- Attend one of the **Community Education Middle School Intramural Sports Program** schools that sponsor the program.
- Students are enrolled in a site’s after school program on a first come, first serve basis. When a site’s program reaches capacity, no additional students will be allowed to enroll in that site’s program.
 - If an opening in a particular school’s program becomes available, that school will communicate the opening to its school community.
- **Tuition Fee** (uniforms, referees): **\$60.00 per season**

Season

The seasons run for eight (8) weeks and practices are two days per week. In the fall the intramural sports program consists of **soccer**, in the winter **basketball**, and in the spring **track**. All sessions are held after school. Bus transportation is provided for all scheduled events. **The Community Education Middle School Intramural Sports Program** is open to all students in grades 6-8. All games will be refereed, by professional referees paid as part of the fees. All students will receive a uniform as part of their paid fee.

Facilities & Equipment

Adequate facilities and equipment are critical to supporting the success of intramural programs. All our practices and games are held in our Middle School gyms. **Practices are held twice weekly.**

- The facilities are all in top performance because they are inspected regularly by the district facility department. Any repairs necessary are provided by the school district and taken care of immediately. All damaged equipment is removed and discarded instantly.
- The amount of equipment depends on the programs offered for the year. The equipment meets the needs of the participants so that the programs can serve the maximum number of participants under established safety standards.

Staff

Intramural Coordinators

Intramural Coordinators are middle school teachers selected because of their interest and dedication to the middle school philosophy of the Community Education Middle School Intramural Sports Program. They stimulate creative and energetic activities that provide an opportunity for participants to broaden their leisure pursuits, thereby increasing the quality of life for today and skills required to be Ready for Tomorrow.

Competencies for an Intramural Coordinator include:

- Knowledge and understanding of SHAPE [America's National Standards for Sport Coaches](#).
- Understanding of cognitive, psychosocial, and motor development in children and youths.
- Knowledge of and sequential progressions for components of physical fitness and appropriate training principles.
- Knowledge of a variety of sports and physical activities, including skills, rules, and officiating techniques.
- Knowledge of sports safety requirements and first aid.
- Knowledge of program planning and various resources available for providing appropriate physical activity experiences.
- Knowledge of and skills related to organizing competition (e.g., teams, ladders, tournaments, practices, rotations).
- Ability to collaborate with community, families, and partner organizations to provide continuum of athletic and physical activity opportunities.

Trainings for Intramural Coordinators and Coaches

- Prior to working with students, Intramural Coordinators and coaches must complete the requirements outlined through the Vector Athletics training found under the *Extra Trainings* tab.
- The training demonstrates the completion of a series of courses offered by Vector Learning Solutions that will enhance the ability of the coach to better serve the student, the school, the community, and the profession of coaching. Each coach takes the following required courses:
 - Athletic Liability
 - Concussion Awareness
 - Sport Supervision and safety
 - Steroid and PED Awareness in Athletics
 - Sudden Cardiac Arrest in Athletes
 - Title IX and Gender Equity in Athletics
- Training certificates need to be submitted to the Intramural Coordinator for record keeping.

Students

Behavior Expectations

1. The same school behavior and discipline rules and expectations that apply during the regular day-school also apply during after-school program hours.
2. Attend all practices to participate in an activity.
3. Remain in the activity until dismissal by the Intramural Coordinator or designee.
4. Be a good citizen and exhibit sportsmanlike conduct.
5. Players will remain with their Intramural Coaches in gymnasium both in at “home” games and in “visiting host school” games.
6. Players from “visiting” schools will follow the directions from the staff at the “host” school as well as the school behavior and discipline rules and expectations that apply at the “host” school during the regular school day.

Student Role

Students play an important role in the administration of the intramural program by selecting teams, assisting in refereeing games, and promoting the program. This enhances student leadership and responsibility. This active role is reinforced through the continuous cooperation and advice from the intramural coordinator.

Students' Health and Safety

So that intramural that the **Community Education Middle School Intramural Sports Program** will enhance participants' health and fitness, the following guidelines are in place:

- All activities should be structured to ensure that safety requirements are met, including consideration of each participant's readiness for the activity based on age, skill, and physical condition.
- Parents sign a waiver and consent form when they register their child for **The Community Education Middle School Intramural Sports Program**.
- Medical problems that can affect participation should be communicated to the Intramural Coordinator.
- Locker rooms shall be supervised, with clear rules for student behavior.
- Appropriate adult-to-student ratios must be kept; **grades 4 through 12: 1 adult to 15 students**.

Parents

Parent Participation

Parents are invited and encouraged to come and support their children, school, and **The Community Education Middle School Intramural Sports Program**. Parents play an influential role in the lives of their children, including the part they play when their children participate in interscholastic sports and activities. This is why the National Federation of State High School Associations ([NFHS](#)) has created a National Parent Credential which offers two free courses: 1st course-[Positive Parenting within School Programs](#) and 2nd course-[The Parent Seat](#).

Parents or Other Visitors to a School-Wide Intramural Event

- Parents or other visitors who have been invited to visit a school for a school-wide event such as for **The Community Education Middle School Intramural Sports Program** do not have to report to the main office when entering the school premises but may go directly to the location where the Intramural Coordinator has scheduled the intramural event. Upon the conclusion of the event leave the school premises.
- All visitors must be respectful of the school climate and comply with all laws, local school rules, board policies, and district administrative procedures.

Disruptive Behavior at a School Event

[Board Policy C-2](#): Visitors to School and its [administrative procedures](#) states under

V. Disruptive Behavior

- A. In accordance with state law, it is unlawful for any person to annoy, disturb, disrupt, or otherwise prevent the orderly conduct of the activities, administration, or classes of any school. The principal or principal's designee has the authority to exclude from school premises anyone who creates or is likely to create an unreasonable and substantial disruption of a class, activity, program, or other school function.
- B. Individuals who create an unreasonable and substantial disruption or appear likely to cause such a disruption to the educational environment; prevent employees from fulfilling their work assignments; or create a safety concern for anyone in the building will be asked to:
 1. stop the unlawful behavior, and
 2. leave school premises.
- C. If the disruptive behavior is severe, law enforcement may be called.
- D. Individuals who fail to adhere to these administrative procedures may have their ability to visit a school restricted and may be subject to criminal prosecution for criminal trespass, disorderly conduct, and/or disrupting the operation of a school.

Equity

All participants regardless of ability, gender, or ethnicity must have equal access to the **Community Education Middle School Intramural Sports Program**, facilities, equipment, leadership roles, and participation time.

COMMUNITY EDUCATION ATHLETICS PARENT & STUDENT CONTRACT

Student Conduct:

As members of athletic teams, students are high-profile representatives of their school. Students are expected to always act in an appropriate manner. The following behavior is inappropriate at all times and will not be tolerated:

1. Fighting
2. Profanity
3. Possession of, use of, or being under influence of alcohol, tobacco, or drugs
4. Unsportsmanlike conduct
 - a. Any act of unsportsmanlike or inappropriate conduct will be dealt with swiftly.
 - b. If the act occurs during an athletic contest, the student will be removed from the contest.
 - c. A student who strikes, curses or threatens an official, coach, or opponent during a game or at any other time because of resentment over occurrences or decisions, or who fails to maintain a standard of conduct satisfactory to the school administration, may be deemed ineligible to participate in interscholastic athletics.
 - d. A student who is ejected from a contest for a flagrant foul or unsportsmanlike conduct may be prohibited from participating in any contest for a minimum of one week, or if no contests are scheduled during that week, the next contest.
5. Rude or disrespectful behavior toward any person (i.e., teacher, parent, coach, official)
6. Taunting opponents or official.
7. Destruction of property
8. Any act of which moral turpitude is in question (Internet, Cyber Bullying, etc...)

Students who exhibit any of the above behaviors may be suspended from athletic competition for a period of time. Additionally, the student may face school disciplinary action by school administration through due process.

X _____

Student Signature

Date

Parent & Spectator Conduct

1. Everyone associated with an athletic event plays an important role in seeing that standards of sportsmanship are upheld. Fans are reminded that their sportsmanship and behavior reflects upon the reputation of their school.
2. A Spectator should...
 - a. Demonstrate good sportsmanship
 - b. Respect, cooperate, and respond enthusiastically to cheerleaders.
 - c. Censor fellow spectators who display negative behavior.
 - d. Respect the property of the school and the authority of school officials.
 - e. Never heckle, jeer, or distract members of opposing teams.
 - f. Never criticize the athletes or coaches for the loss of a contest.
 - g. Accept the decisions of the officials.

Parents or spectators, who do not adhere to sportsmanship guidelines, may be removed from an athletic contest(s) for a period of time as determined by the school administration.

X _____

Parent Signature

Date

Remember, cheer hard, but respect the game!



The Community Education Middle School Intramural Sports Program

PARENTAL WAIVER AND CONSENT FORM

As the parent or legal guardian of the child named on this application, I hereby give my full consent and approval for my child to participate as a team member in the sport designated in this application.

I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or conditions that would restrict full participation in these activities, except as listed below.

I hereby give permission to the staff, to obtain medical treatment for my child which I am either the parent or legal guardian, if I am not available and medical treatment is required. On behalf of my child, I hereby incorporate by reference and agree to comply with the policies stated in the affidavit.

In addition to giving my full consent for my child's participation, I do hereby waive, release, and hold harmless **The Community Education Middle School Intramural Sports Program**, its coordinators, coaches, referees, staff, supervisors, and representatives from any injury, claim, damages, cost, or cause of action which my child may have or may incur in the future as a result of injuries or damages sustained or incurred from whatever cause including, but not limited to the negligence, breach of contract or wrongful conduct of these parties, I hereby release them. I further agree that I shall hold harmless and fully indemnify the parties hereby released from any claims, damages, costs including attorney fees, and cause of action which may arise from any claim or cause of action made by me, through my child or on my behalf even if the damages, injuries or death are caused in whole or in part by any of the parties or entities hereby released, I acknowledge that I have read and that I understand each and every one of the above provisions in this waiver, release of liability and indemnification agreement and agree to abide by them.

List of any physical limitations: _____

