

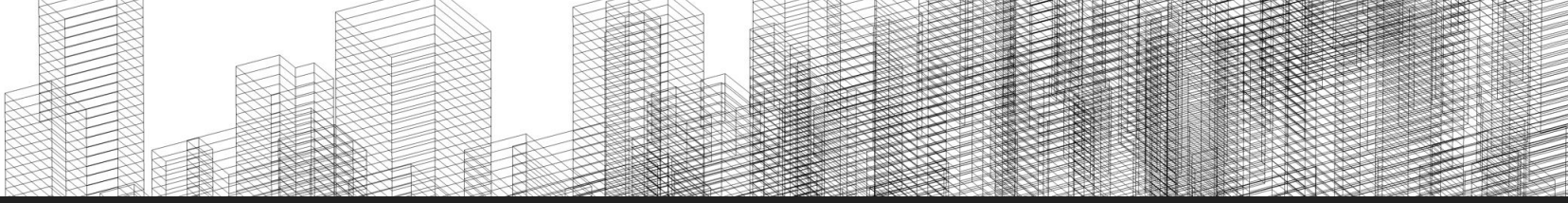
Navigating the Middle School Years

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DISCLAIMER!!

- None of the topics presented today are must do's, they are only ideas to take into consideration.
- No one method is a quick fix or perfect solution!



Social

- The importance of relationships!
- Perception
- Mind **your** business

Emotional

- Dynamics of power
- Staying grounded
- Valuing yourself
- A valuable failure
- Find the good**



Educational

-Organized thinking

- Having the clarity of mind and ingrained habits that allow us to filter through distractions, interruptions, forgetfulness and over-excitement which allows us to prioritize, plan, reason, remember, analyze and accomplish.

-Using the tools that we have!