

Northwest Narwhals – 2023 North Texas Summer League

The Northwest Narwhals swimming team is a member of the North Texas Summer League. Our program is for Northwest ISD students ages 5-18 and offers a competitive format over a short period of time.

Parents Meeting: 12:00 pm Saturday, May 6, 2023 at the NISD Aquatic Center located at 1976 Texan; Justin, TX 76247. All prospective parents are encouraged to attend this meeting.

Requirements: 10 and under swimmers will need to be able swim 25 yards of the pool using the freestyle stroke while using side breathing. 11-18 swimmers will need to do the same while going 50 yards.

Tryouts: Saturday, May 6, 2023 from 1:00 pm – 4:00 pm
- 10 and Under from 1:00 pm – 2:30 pm
- 11 and Over from 2:30 pm – 4:00 pm
Friday, May 12, 2023 from 4:00 pm – 6:00 pm
Saturday, May 13, 2023 from 2:00pm– 4:00 pm

If you are unable to attend one of these tryout dates, **PLEASE** email Coach Pottorff at kpottorff@nisdtx.org to set up a tryout time.

Cost: \$200.00 for each swimmer that qualifies for the team (\$175.00 for NISD District Employees). No refunds after June 1, 2023. Cost includes all entry fees, an awesome tee-shirt, and a team swimming cap.

Pre-Season Practice Schedule:

May 15, 2023 – May 24, 2023 (Mondays and Wednesdays)

10 and Under	4:00 pm – 4:45 pm
11-18	4:45 pm – 5:45 pm

Regular Season Practice Schedule:

May 30, 2023 – July 14, 2023

Morning Practices (Monday – Friday)

11-18	9:45 am – 11:00 am
10 and Under	11:00 am – 12:00 pm

Evening Practices (Monday-Thursday)

10 and Under	7:00 pm – 7:45 pm
11-18	7:45 pm – 8:45 pm



<https://northwestisdac.store.rankone.com/Camp/List>

Meets:

Time Trials - Saturday, June 10, 2023 at the NISD Aquatic Center
Circuit Meet – Wednesday, June 21, 2023 at the Keller ISD Natatorium
Circuit Meet – Wednesday, June 28, 2023 at the Northwest ISD Aquatic Center
Regional Championship – Saturday July 15, 2023 at the Northwest ISD Aquatic Center

Contact:

Kristi Pottorff at Kpottorff@nisdtx.org