

# California Data 2020

**5,363** Deaths  
Related to Any  
Opioid Overdose

**3,857** Deaths  
Related to  
Fentanyl  
Overdose

**15,664** ER Visits  
Related to Any  
Opioid Overdose

## Treatment Options Modalities



Treatment services should be personalized to a person's needs, recovery preferences, and the level of care that is needed. Services may include or combine any of the following:

- Group/ Individual therapy
- In/Outpatient services
- Medication Assisted Treatment (MAT)
- Collaborations with criminal justice, corrections, reentry groups, and/ or social services, etc.

# DRUG FREE KERN



## Resources for Treatment

**Crisis Hotline**  
1-800-991-5272

**Gateway Services**  
866-266-4898

**Suicide Prevention Hotline**  
1-800-273-8255

Visit [drugfreekern.org](http://drugfreekern.org)  
for additional resources

## KERN COUNTY DATA

### 2019

117 opioid overdose deaths  
54 Fentanyl overdose deaths  
36 Heroin overdose deaths  
Death rate is 12.89 per 100K

**28.5% Increase**  
**93% Increase**  
**80% Increase**  
**25% Increase**

### 2020

222 Opioid overdose deaths  
536 ER Visits Related to Opioid Overdose  
125 Hospitalizations Related to opioid Overdose  
Death rate was 24.3 per 100k



[DrugFreeKern.org](http://DrugFreeKern.org)

DFK 01 (6-22)

Drug Free Kern provides substance use prevention outreach and education to strengthen the health, healing, and safety of the Kern Community.

# What is Fentanyl?

Fentanyl is nearly undetectable and  
**can hide anywhere**

## What is Fentanyl?



### Fentanyl is a drug meant to treat severe pain

- Synthetic opioid
- 50-100x more potent than morphine
- Commonly misused and abused in the United States
- Being produced illegally in labs for illicit distribution
- Can be combined with other drugs
- Is nearly undetectable increasing likelihood of accidental overdose

### Counterfeit Pills

- Made to look like legitimate pharmaceutical pills
- Created and sold illegally
- Manufactured with unauthorized ingredients
- Most Contain fentanyl-an opioid 40-50x stronger than heroin
- Increased risk for overdose



A fatal dose of fentanyl is 100x smaller than a fatal dose of heroin



3 mg of fentanyl is enough to kill an average adult

## Risk Factors for an Opioid Overdose

1. Using alone
2. Variations in drug strength and drug purity
3. Switching the mode of administration
4. Having a lower tolerance due to a period of abstinence
5. Having a low tolerance due to lack of prior use
6. Poor physical health (multiple medications)

## Signs of Overdose

1. Deep snoring or wheezing
2. Blue or grayish skin tint, usually starting in the lips and fingertips
3. Pale, clammy skin
4. Not responding to stimulation
5. Pulse is faint
6. Breathing is slow and irregular or has stopped

- Fentanyl is lethal even in small amounts
- Experimentation with substances is increasingly dangerous because of widespread contamination and cutting with fentanyl
- Be wary of ingesting unknown substances and do your best to ensure they are not contaminated with deadly compounds
- Naloxone is widely available and can save lives
- Look out for your friends and family
- Do not hesitate to get them help in the event of an emergency

## Good Samaritan Law AB 472

The California Good Samaritan Law provides protection from arrest, charge and prosecution for people who seek emergency medical assistance at the scene of a suspected drug overdose.

## Naloxone

is a medication used to reverse an opioid overdose. It is easy to use, widely available, and there is very little risk of harm if administered accidentally.

Naloxone is the generic name for Narcan.



## Where To Get Naloxone

Any primary care physician can prescribe Naloxone. Most pharmacists can prescribe Naloxone in California without a prescription from a doctor. Naloxone is covered by private insurance, Medical, Medicare or available through cash pay.

## What to do if someone is Overdosing

- Check responsiveness
- If unresponsive, administer Naloxone
- Call 911
- Administer rescue breathing or CPR
- Place person in recovery position (on their side)
- Administer aftercare