



Monday March 20, 2023		Dining Hall Hours	
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Breakfast - 7:00-8:00 am Snack - 9:25-9:40 am Lunch - Both Lunches After School Treats - 2:40-3:00 pm
Meatless Monday Wild Mushroom Stroganoff, Oven Roasted Broccoli and Garlic Focaccia		\$7.95	
Route 66 Adventure Free Range Chicken Cocciatore, Herb Penne, Spring Garden Ratatouille		\$7.95	
Market Grill Char Grilled Grass-fed Beef Burgers and Housemade Chips		\$7.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$7.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Mango Banana Smoothie		4.50-4.95	
Tuesday March 21, 2023		Breakfast Boosters	
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Organic yogurt, house made granola and assorted organic fruits
Platillos Latinos Taco Tuesday! Chicken Asada Tacos, Slow Cooked Black Beans, Cilantro Rice, Garden Salsa Fresca		\$7.95	
Platillos Latinos Grass-fed Beef Barbacoa Burrito Bowl, Slow Cooked Black Beans, Cilantro Rice, Garden Salsa Fresca		\$7.95	
Market Grill Char Grilled Grass-fed Beef Burgers and Housemade Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Take Away Assorted Artisan Sandwiches and Gourmet Salads		6.50 - 6.95	
After School Treats House-made Macaroni and Cheese		4.50 - 4.95	
Wednesday March 22, 2023		Offered Daily	
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Fresh Garden Salad Bar with organic vegetables, assorted toppings and house made dressing!
Passage to India Free Range Chicken Tikka Masala, Basmati Rice, Curry Seasonal Vegetables		\$7.95	
Kitchen Table Grass-fed Beef Sloppy Joes, House-made Chips, Matchstick Carrots and Celery		\$7.95	
Market Grill Char Grilled Grass-fed Beef Burgers and Housemade Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Take Away Assorted Artisan Sandwiches and Gourmet Salads		6.50 - 6.95	
After School Treats Carne Asada Nachos		4.50 - 4.95	
Thursday March 23, 2023			
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	
Market Grill Brooke Williamson: Pan Seared Salmon, Tartar Sauce, Ratto Ranch Asparagus, Lemon Rice Pilaf		\$7.95	
Global Adventure Penne Pasta Bake, Spicy Italian Sausage, Thirty-Hour Marinara, Fresh Mozzarella Cheese, Spring Italian Vegetable Medley		\$7.95	
Market Grill Char Grilled Grass-fed Beef Burgers and Housemade Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Take Away Assorted Artisan Sandwiches and Gourmet Salads		6.50 - 6.95	
After School Treats Free Range Buffalo Chicken Wraps w/ House-made Chips		4.50 - 4.95	
Friday March 24, 2023			
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	
Fun Food Friday Vegetarian Nacho Bar, Roasted Fitz Farm Mushroom, Tomato, Cheddar Cheese Sauce, Green Onion, Black Olive, Wo Chong Tofu, Garden Salsa Fresca		\$7.95	
Fun Food Friday Sweet and Sour Cauliflower, Jasmine Rice, Organic Stir-Fried Vegetable Medley		\$7.95	
Market Grill House-made Vegetable Burgers, House-cut Chips, House-made Pickles		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Shrimp, Combination		\$6.95	
Take Away Assorted Artisan Sandwiches and Gourmet Salads		6.50 - 6.95	
After School Treats Nacho Cheese Fries		4.50 - 4.95	

Menu Key



It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!

Epicurean Group at Moreau Catholic High School

Chef / Manager:
Roger Stillman

Sous Chef:
Tom Huxley