## MARCH 19 • 2023

## 4TH SUNDAY OF LENT





8601 Wolftrap Rd., Vienna, VA 22182-5026
P: 703.938.2828 • F: 703.938.2829
www.olgcva.org • www.olgcschool.org
Administered by the Oblates of
St. Francis de Sales

### Mass Schedule

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm Sunday 8am, 10am (online), 12pm (en español), 5pm

### **View Mass Online**

www.youtube.com/c/StreamingOLGC

### Chapel open for prayer

Mon - Fri, 9am - 5pm

**Confessions** Saturdays 9:00am or by appointment

### Office Hours

Mon - Fri 9am - 4:30pm, Closed 12-12:30pm for lunch

> "If the Dear Lord dwells within your heart, He will live in your every action."

> > - St. Francis de Sales

"Si el amado Señor mora dentro de tu corazón, vivirá en cada una de tus acciones.

- San Francisco de Sales

### **Outreach Collection Next Weekend**

Please consider purchasing items for our March Outreach Drive. We are assembling **Power Packs**, which will provide weekend meals to roughly 3,500 students at 43 Fairfax County schools each week during the school year. The weekend meal pack, which contains two items

each for breakfast, lunch, and dinner, plus two snacks and two drinks, helps alleviate a child's hunger and allows them to come to school on Monday morning fed, focused, and ready to learn. Food For Others needs our support to meet this need.

Pick up any of the items listed below and bring them to church next weekend.

Campbell's Chunky Microwavable Soup (or similar)

Chef Boyardee Microwavable Cups

**Hormel Comppleats Meals** 

Tuna/Chicken Salad Kits with Crackers

Mac & Cheese Cups

(Kraft, Velveeta, or other)

Cheese and Crackers (NO PEANUT BUTTER, please)

100% Fruit Juice Boxes - 8 oz

Fruit Cups

**Applesauce Squeeze Packets** 

Nutri Grain Bars

**Goldfish Crackers** 

Individual Sized Cereal

To see where the greatest need is, visit bit.ly/OLGC-power-packs-food

If you would like to help with sorting and packing, sign up at bit.ly/OLGC-power-packs-volunteers







### Mass Intentions/ Intenciones de la Misa

Presider schedule available at: bit.ly/PresiderSchedule

### Sat. / Sun., March 18 /19, 2023

- + Kirby Gates
- + Rev. E. Corcoran, Rev. A. Ernst and Rev. Collins O.S.F.S.
- + Sam R. Fisher
- + For the Baruffi Glymph Families
- + Irma Umaña Girón

### Monday, March 20, 2023

8:30am + Elaine Philomene Alles

### Tuesday, March 21, 2032

8:30am + Mark A. Manalo

### Wednesday, March 22, 2023

8:30am + Lorraine Nicole Fagan

### Thursday, March 23, 2023

8:30am + Khoai D. Vo

### Friday, March 24, 2023

8:30am + David A. Roby, Jr.

### Saturday, March 25, 2023

8:30am For the OLGC Community

### Sat. / Sun., March 25/26, 2023

- + Marian Reeves
- + Anthony J. Biello
- + Gustavo Beltran
- + Dr. Paul M. Duggan Maria Elizabeth Gallegos

Please keep those listed in the prayer intention book and the recently deceased in your prayers.

## Please pray for those for whom candles are lit:

**Church** Special intention for

the Han family

Chapel In Loving Memory of

+Anne Quinn Welsh

**OL Votive** Special intention of AP

### Welcome to Our Lady of Good Counsel

e, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please be in contact with our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

Pastor Rev. Matthew Hillyard, OSFSfrhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFSmkumar@olgcva.org
Retired Rev. William Metzger, OSFS william.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFSlfiorelli@oblates.org
<b>Deacon</b> Christopher Moore
Transitional Deacon Joe Katarskyjkatarsky@olgcva.org
School Principal Robin Williams 703.938.3600 rwilliams@olgcva.org
Liturgy/Music/Funerals Paul Ciotti 703.896.7411 liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426 amackinnon@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409 youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412 communications@olgcva.org
<b>Director of Finance</b> Emilynda Clomera 703.896.7402 eclomera@olgcva.org
Records/Child Protection Liaison 703.938.2828 welcome@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon . advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7418 events@olgcva.org
Reception Maria Romero 703.896.7419 welcome@olgcva.org
Intentions/Ministry of Care Maria Romero 703.896.7419 welcome@olgcva.org
RCIA/Adult Sacraments Barb Steele rcia@olgcva.org
Información en español Maria Romero 703.896.7419 welcome@olgcva.org
Pastoral Council (Tina Wickham)
Finance Council (Regina Stranix) FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210 svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744 betstim@gmail.com
Knight of Columbus Santa Maria Council #4654 www.knightsvienna.org
Counseling Catholic Charities Consejería Caridades Catolica

Our website, OLGCVA.org, is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: <a href="www.olgcva.org/liturgy-worship/funerals">www.olgcva.org/liturgy-worship/funerals</a>
Devotional Candles: <a href="www.olgcva.org/liturgy-worship">www.olgcva.org/liturgy-worship</a>

Join the Parish: olgcva.org/register

Schedule an Event: olgcva.org/about-us/facilities

Add Item to Bulletin/Media: <u>olgcva.org/about-us/communications</u>

Mass Intention Request: <u>olgcva.org/liturgy-worship/devotions/mass</u>

### **Moral Sense of Scripture**

This is the third in a series. See the Feb. 5 Bulletin for Part One and Feb. 26 for Part Two

hen Catholics talk about different "senses" of Scripture, they mean that the Bible has to be read in the context that it was intended in order for us to understand the meaning of what is actually being said in the Bible.

In addition to the literal sense of Scripture, there are three spiritual senses.

The second spiritual sense is the moral sense:

The events reported in Scripture ought to lead us to act justly. As St. Paul says, they were written "for our instruction." (CCC 85)

This one is difficult for a lot of us today, but it's partly because we don't place the actions in context, so it's easy to misunderstand what is happening at different points in the Bible and why.

Since the moral sense is one of the spiritual senses, it has to be based on the literal sense, which is why the context is important for understanding the morality. This is why Biblical scholars insist on the importance of the languages used in the Bible, and the context in which they're written, because that provides the foundation for understanding the literal meaning.

Taking the example of the Children of Israel crossing the Red Sea, the moral sense of this is not just one moral statement—there are many things we can see in that one event. We know intellectually that mortal

sin destroys the life of God within us, but God's presence and His grace are invisible to us. The visual representation of what sin looks like can be helped by bringing to mind the actions of the ancient Egyptians who acted under the Pharaoh's orders and tried to kill the people that the Pharaoh had set free, and the results of those actions of dying in the flood of water.



That scene can also remind us of Noah's Ark, where those who had rejected God died in the Flood, while those who followed God were saved from the waters of the flood.

Venial sin wounds our soul, but mortal sin destroys the life of God within us. The images of the Flood and the Crossing of the Red Sea show us both what happens when we sin (the wages of sin are death) but even more importantly, what happens when we repent and turn back to God.

Reading the passages through the lens of the moral meaning is both a warning of what not to do, but also an encouragement to repent and keep accepting God's grace.

Give justice to the weak and the orphan; maintain the right of the lowly and the destitute.

-Psalm 82:3

### QUESTION OF THE WEEK

A question to reflect on based on this week's scripture readings:

What keeps me from seeing the truth? What keeps my from acknowledging what I see?

### PREGUNTA DE LA SEMANA

Cuarto domingo de Cuaresma

¿Qué me impide ver la verdad? ¿Qué me impide reconocer lo que veo?



A Moment From De Sales: A blog by Fr. Richard R. DeLillio, OSFS, to help readers see the connection between life's everyday happenings and their growth in holiness. Visit website to read www.livetodaywell.org/.

DeSales Weekly: A Thursday newsletter to aid readers to Live Jesus! How to integrate the sacred and the secular to make the ordinary events of our lives extraordinary by bringing virtue, grace, and Jesus to all we do. Visit website to subscribe oblates.squarespace.com/desales-weekly#anchor.

### Readings for the Week/ Lecturas de la Semana

### For the Week of March 19, 2023

### **SUNDAY** Fourth Sunday of Lent

1 Sm 16:1b, 6-7, 10-13a; Ps 23: 1-3a, 3b-4, 5, 6; Eph 5:8-14; Jn 9:1-41

## MONDAY Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary

2 Sm 7:4-5a, 12-14a, 16; Ps 89:2-3, 4-5, 27 & 29; Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or Lk 2:41-51a

### TUESDAY

Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

### WEDNESDAY

Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

### THURSDAY Saint Toribio de Mogrovejo, Bishop

Ex 32:7-14; Ps 106:19-20, 21-22, 23; Jn 5:31-47

### FRIDAY

Wis 2:1a, 12-22; Ps 34:17-18, 19-20, 21 & 23; Jn 7:1-2, 10, 25-30

## SATURDAY Solemnity of the Annunciation of the Lord

Is 7:10-14; 8:10; Ps 40:7-8a, 8b-9, 10, 11; Heb 10:4-10; Lk 1:26-38

### **SUNDAY Fifth Sunday of Lent**

Ez 37:12-14; Ps 130:1-2, 3-4, 5-6, 7-8; Rom 8:8-11; Jn 11:1-45

### **Monthly Collections**

 Fiscal Year July 2022—June 2023

 Dec. 2022
 Jan. 2023

 Offertory
 293,141
 200,665

 Total Budgeted
 260,118
 244,437

 Variance
 33,023
 (43,772)

 YTD Received
 1,203,316
 1,403,982

 Budget YTD
 1,158,579
 1,403,016

 Variance
 44,737
 965

### Weekly & Second Collections

You may give with checks or cash via envelopes, give online at <a href="membership.faithdirect.net/VA875">membership.faithdirect.net/VA875</a>, or text amount to 703.810.7674. Thank you.

### March Second Collections

- 5 Easter Flowers/Environment
- 19 Catholic Relief Services

## Calendar (Subject to change, updates at <a href="https://www.olgcva.org/about-us/calendar">www.olgcva.org/about-us/calendar</a>)

March 19—25		
SUNDAY		1
Children's Liturgy of the Word	10 - 10:30 AM	Chapel
RCIA Breaking Open the Word	10:30 - 11 AM	Chapel
Nightlife Dodgeball	6 - 8 PM	Counsel Room & Gym
Jr High CCF	6:15 - 7:45 PM	School
MONDAY		20
Little Rock Scripture Study	10 - 11:30 AM	Zoom
Quilters	11:30 AM - 3 PM	Mary's Garden &
		SJC-Brisson Rm
Lent Evening Prayer & Reflection	7 - 8 PM	Chapel
TUESDAY		2
Tuesday Bible Study	9:45 - 11:45 AM	Zoom
CS Pack 976 Webelo Den Mtg	6 - 8 PM	Counsel Rm
Music Ministry (Hemmingson)	7 - 8:30 PM	Church
Youth Adoration	7 - 8 PM	Chapel
WEDNESDAY		2
PTO Parent CoffeeGrades K-2 Parents	9:15 AM	DeSales Hall
Light is On: Confessions & Adoration	6:30 - 7:30 PM	Reconciliation Rm & Chape
BSA Troop 976 Mtg	7 - 8:30 PM	Counsel Rm
RCIA Catechumenate	7:30 - 9 PM	SJC-Brisson Rm
Small Faith Group	7:30 - 8:30 PM	Zoom
Men's Basketball	8:30 - 10 PM	Fr. Brisson Gym
THURSDAY	21	2
Prayer Shawl Ministry	9:30 - 11 AM	SJC-Brisson Rm
CS Pack 976 Bear Den Mtg	6 - 8 PM	Counsel Rm
Music Ministry (Choir)	7 - 8:30 PM	Church
Men's Basketball	8:30 - 10 PM	Fr. Brisson Gym
FRIDAY		2
Early ReleaseTeacher Professional De		
Fish Fry	4 - 7 PM	DeSales Hall
Stations of the Cross	7 - 7:45 PM	Church
Stations of the Cross (Spanish)	7 - 7:45 PM	Chapel
SATURDAY	8 28 8 2	2
Elementary CCF	8:30 - 10 AM	School
Confessions	9 - 9:30 AM	Reconciliation Room
Used Uniform Sale	9:30 - 10:30 AM	Outside Brisson Gym Lobb
		(if rain, in Gym Lobby)
Baptisms	10 - 11 AM	Chapel
Emmaus	10 - 10:30 AM	School
Elementary CCF & RCIC	10:30 AM - 12 PM	School
Funeral: Antoinette Green	11 AM - 12 PM	Church
March Outroach: PowerPacks Collection	2.20 - 22	

Mass / Scrutiny III

March Outreach: PowerPacks Collection 3:30 - 5:30 PM

4 - 5 PM

Church

### **Lent Offerings**

## INTO THE BREACH: A DISCUSSION SERIES

**Sundays** • 3:30 - 5 pm in the Brisson Room (Aviat Rm this week)

Join the Knights of Columbus for a Lenten discussion series 3:30-5pm in the Brisson Room. The discussion will be based on the "Into the Breach" video series, which challenges men to seek greatness and to be heroically virtuous, to have a character marked by goodness and truth, strength, and courage.

## LENTEN EVENING PRAYER AND REFLECTION

**Mondays** • 7 pm in the Church

Join us on Monday evenings for Lenten Evening Prayer. Through this prayer, the people of God sanctify the day by continual praise of God and prayers of intercession for the needs of the world.

Each week, a reflection will be offered by clergy or lay persons to guide us to Holy Week.

## THE LIGHT IS ON Wednesdays • 6:30 - 7:30 pm

wednesdays • 6:30 - 7:30 pr in the Chapel

Welcome! Our doors are open, and the light is on. The Light is On is an initiative where churches across the DC metro area are open for quiet prayer and Confession every Wednesday evening during Lent. Come spend some time with Jesus in prayer, adoration, and reconciliation.

### **LENTEN FISH FRY**

Fridays • 4 - 7 pm in DeSales Hall

Join us for our annual Lenten Fish Fry, an inclusive and fun event that brings together and strengthens the greater OLGC parish community. Enjoy a fresh, homemade menu of items prepared by an army of volunteers.

### STATIONS OF THE CROSS

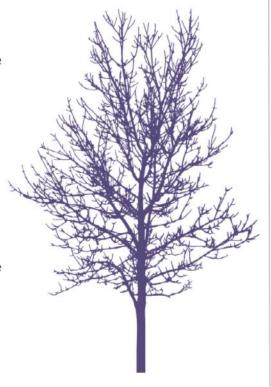
**Fridays** • 7 pm in the Church (English) & the Chapel (Spanish)

The Stations of the Cross is a Lenten devotion that offers witness to Jesus' Passion and Death. At each station, we use our senses and imagination to reflect prayerfully and encounter the visual images that represent Christ's love for us. The narthex doors will open at 6:30pm.

### TUESDAY SCRIPTURE STUDY Biblical Walk Through Christ's Passion

Tuesdays • 9:45 am on Zoom

Come explore No Greater Love: A Biblical Walk Through Christ's Passion. Walk step-by-step with Christ from the Garden of Gethsemane to Calvary. Filmed in the Holy Land, this five-part study reveals how the Old Testament prophecies, historical realities, and powerful symbolism come together to reveal God's unfathomable love for us. Tuesday mornings 9:45 to 11:45am by Zoom.



### 2ND COLLECTION THIS WEEKEND

### **Catholic Relief Services**

Funds from this collection support the work of Catholic organizations that aid victims of war and natural disaster, provide pastoral care to migrant workers, and help welcome refugees fleeing violence and persecution.

You can make an immediate lifesaving difference and give hope to children, mothers and fathers around the worldensuring that even during the pandemic the most vulnerable people are taken care of.

By participating in this year's collection, you help the Church reveal Christ's love to people in need around the world and across the country. You can give at Mass or through Faith Direct.



### **Triduum Choir Rehearsals**

### **Holy Thursday**

Tue. 3/21 7:30-9p Wed. 3/22 7-8:30p Thu. 3/23 7-8:30p

### **Good Friday**

Sat. 3/25 5-5:30p Sun. 3/26 11-11:30a

### **Great Easter Vigil**

Sun. 3/19 11-11:30a Sat. 4/1 5-5:30p Sun. 4/2 11-11:30a

### Combined Holy Thursday & Good Friday

Thu. 3/30 7-9:00p

Combined Great Easter Vigil Mon. 4/3 7-8:30p

### Easter Egg Hunt: Calling ALL kids!

Join us on the side lawn of the Church on Easter Monday, April 10th at 9:00am.

There will be a special appearance of the Easter Bunny, so bring your cameras/cell phones to take pictures.

Plastic Easter eggs, stickers, and individually-wrapped candy without nuts are needed.

Place your donations in the Easter boxes at the doors of the church.

A committee is needed to assemble the Easter eggs and to set them out. Email: pciotti@olgcva.org to help





## High School Scholarships Available through Belong!

Belong!, a Vienna nonprofit, has established scholarships to help high school students with financial need to continue their education at community college or technical school. For current seniors or those recently graduated from Madison, Oakton and Marshall High Schools. Application due April 15. For more information, go to www.belongvienna.org.



Scholarship Application: bit.ly/Belong-Application-2023

## SAVE THE DATE: MAY 20 Leyte Dance Theater - Padayaw

Experience 90 minutes of fun, culture, friendship, pure energy, and love in song, music, and dance. The performance takes place at West Springfield High School 6100 Rolling Road, Springfield. Tickets are \$40 and can be ordered by mailing a check (pay to Fil/Am Community Ministry) no later than May 1 with your name and contact info to:

Fil/Am Community Ministry 1106 Jackson Court Falls Church, VA 22046

For reservations or for more information, please contact: Chiqui 571.499.8277
Ena 703.505.6732
Verna 703.408.0652
Zeny 202.390.3037
filminolgc@gmail.com





### Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria 703.896.7419, mromero@olgcva.org

# "Estoy haciendo algo nuevo."



Los viernes, tendremos Las Estaciones de La Cruz a las 7:pm, en la Capilla en español y en la Iglesia en inglés.

### NORMAS PARA EL AYUNO Y LA ABSTINENCIA

El miércoles de ceniza y el viernes santo, 7 de abril, son días de abstinencia y de ayuno. Asimismo, los viernes durante la Cuaresma son días de abstinencia, los viernes durante la Cuaresma todas las personas a partir de los 18 años y los que no hayan cumplido los 59 años, deben ayunar. Se permite comer una vez durante el día de ayuno, aunque también pueden comer dos veces para mantener la energía, según la necesidad de cada individuo. Sin embargo, estas dos comidas no deben igualar a la cantidad de una comida completa. No se puede comer entre comidas, pero está permitido tomar líquido, incluyendo leche y jugos. La abstinencia se debe cumplir desde los 14 años en adelante. En los días de abstinencia, no se debe comer carne, aunque si la salud o la habilidad para cumplir su trabajo se ve seriamente afectado, la ley no lo obliga. Si tiene alguna duda sobre la práctica del avuno o de la abstinencia, consulte al Sacerdote de su parroquia. El ayuno, la

limosna y la oración, son las tres disciplinas tradicionales durante la Cuaresma. Los feligreses y los catecúmenos deben realizar estas prácticas con seriedad en espíritu de penitencia y en preparación para la Iniciación a la Iglesia o para la renovación de las promesas Bautismales durante la Semana Santa.

### SACRAMENTO DEL BAUTISMO DE NIÑOS MENORES DE 6 AÑOS:

Comuníquese con Maria Romero 703.896.7419 welcome@olgcva.org Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. olgcva.org/sacraments/baptism

### **CATEQUESIS**

para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión. Comuníquese con Amy MacKinnon, amackinnon@olgcva.org o 703.896.7426.

### CONFESIONES

Confesiones en español durante el mes de marzo son el sábado 3 de 9 - 9:30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703.938.2828 o envíe un correo electrónico a <a href="mailto:frhillyard@olgcva.org">frhillyard@olgcva.org</a>. No se escuchan confesiones los domingos antes o después de la misa.

### **REZAR EL ROSARIO**

Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.

### BÚSQUEDA DE HUEVOS DE PASCUA ESCONDIDOS

iSe le hace un llamado a TODOS los niños! Acompáñenos en el jardín lateral de la Iglesia el lunes de Pascua, 10 de abril a las 9:00 am. Habrá una aparición especial del Conejo de Pascua, así que traiga sus cámaras/teléfonos celulares para tomarse fotografías.



Necesitamos huevos de plástico, calcomanías y dulces envueltos individualmente sin nueces.

coloque su donación en las cajas de pascua en las puertas de la iglesia.

Al igual se necesita un comité para ensamblar/armar los huevos de pascua y esconderlos.

### Las Segunda Colectas en marzo son

Flores de Pascua y decoración del Medio Ambiente

Servicios de Ayuda Católica
Esta colecta anual nos ayuda a
manifestar el amor de Cristo a nuestros
hermanos y hermanas necesitados.
Asistiendo a seis agencias católicas a
proporcionar apoyo y ayuda a las
comunidades en dificultades y a trabajar
por la paz y la reconciliación entre
nuestros hermanos y hermanas
marginados aquí y en todo el mundo.
Gracias por su generosidad.

### Senior Moments

Marge Van Lierde Gitkagirl@gmail.com 571.831.3951



### **ANOTHER RESOURCE**

In response to the recent series on fall prevention, a parishioner offered a suggestion that would be helpful after a fall. Something you can do is wear a watch which senses vou've fallen and will call 911 or an emergency contact. It does other things as well and works outside of the home. Apple makes one, and while this is not an endorsement of that product, it might be a good place to start researching so that vou can educate vourself about the various features available. This device would probably appeal to those who don't want to wear a medical alert pendant, which can be activated in the event of a fall, but most don't do it automatically; you need to press a button. They are available on a subscription basis, with a monthly fee that can vary widely. Either way, they are another option to consider, especially if you live alone.

### MORE

Another resource that can help you stay safe from falls is the nonprofit Rebuilding Together, which helps homeowners on limited incomes live safely in their homes. Their skilled volunteers and staff make home modifications and repairs at no cost for homeowners who qualify. Modifications include grab bars to use the shower and toilet safely, stair rails on both sides for more stability, handrails on exterior steps, brighter lighting, improved security by ensuring effective door locks, and general work including minor plumbing and electrical repairs. Call 703.528.1999 to learn more or to request an application.

For more information, visit rebuildingtogether-aff.org, e-mail info@buildingtogether-aff.org, or call 703.403.0842.

### ARE YOU A FAMILY CAREGIVER?

The Fairfax Area Agency on Aging's Caregiver & Supportive Services Unit invites you to join its upcoming webinar for family caregivers of older adults and/or adults with disabilities. "The Top Ten Legal 'Facts' That Family Caregivers Need to Know, But Probably Don't" is a new virtual presentation on Wednesday, April 10 from 12:00 pm to 1:00 pm.

### **FAIRFAX** COUNTY

VIRGINIA

This presentation will demystify the law and identify common mistakes that can be devastating to family caregivers and their loved ones. Topics will include critical misconceptions about Medicare and how it pays for skilled nursing care, must-know truths about courtappointed guardianships/ conservatorships, essential legal planning documents, government long-term care benefits, and the new trend toward interdisciplinary life care planning for older adults. When it comes to filling the role of family caregiver, many people "don't know what they don't know." This presentation is designed to make sure they are aware of the 10 most common innocent misunderstandings that can have critical consequences to those caregivers and their loved ones.

Rory Clark, the presenter, is an Elder Law attorney and founder of GuideWISE Family Caregiver Support Network. He is a qualified Master Counsellor in Estate and Trust Law by the Virginia Law Foundation with more than 35 years of experience. He is the managing partner and founder of the Legacy Elder Law Center.

Register at bit.ly/CAREWEB1. All webinars are free and open to family caregivers, older adults, adults with a disability, professionals, and the community at large. All webinars will be recorded, and registrants will receive a link to the recording of the live event. For questions, contact <a href="mailto:Giuliana.ValenciaOrdonez@fairfaxcounty.gov">Giuliana.ValenciaOrdonez@fairfaxcounty.gov</a>, or call 703.324.5484.

## NEW 2023 EDITION OF SOURCEBOOK NOW AVAILABLE

The brand new issue of Sourcebook is hot off the press and ready for delivery! Some of you may already be familiar with it. It's the most complete resource focused on senior living that you can find anywhere. Besides interesting articles, there's a comprehensive listing of the many options for senior living arranged by location, and includes contact information, size, price range, amenities, and other helpful information. There's no charge for this little treasure which I highly recommend to anyone contemplating moving to a retirement community. There's an online version as well, but I prefer the paper one for convenience while using it. You may order as many copies as you need. E-mail orders@proaging.com and in a short while it'll come in the mail. There are no mailing fees either. If you're considering relocating, you need to do your homework, gathering as much information as possible. You can do this with this one publication, which will make your search infinitely easier.

### **Elder Wisdom**

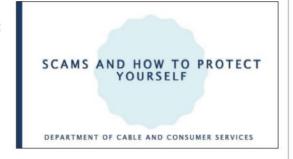
"The best way out is always through."

Robert Frost

### **DIOCESAN & COMMUNITY NEWS**

## **Protecting Yourself from Scams**

This month's McLean District Station Community Engagement Program meeting was about scams and how to protect yourself. To view the slides from the presentation, go to bit.ly/scams-presentation.



This monthly program is presented in coordination with

the McLean District Police Station that OLGC falls under, and the topics change monthly. If you are interested in attending these monthly meetings, please reach out to Committee Chair Patrick Smaldore, <a href="mailto:patricksmaldore@live.com">patricksmaldore@live.com</a> to be added to the email list.

## **In-Person Cherry Blossom Family Celebration**

### Saturday, Mar. 25, 1:30—5 pm Smithsonian American Art Museum

8th and G Street NW Washington Join us for our annual celebration of spring and the blooming trees of DC. Enjoy a taiko drumming

Image credit: Nen Daiko performing at SAAM's Cherry Blossom Celebration, 2022, Norwood Photography

performance by **Nen Daiko**, traditional Japanese dance with **Onoe Dance**, and break out your best Japanese pop dance moves with **Les The DJ**. Craft your own cherry blossom tree to take home, make a koinobori kite to fly

at the kite festival, or try your hand at an origami Sakura. Explore SAAM's galleries with a scavenger hunt and enjoy festive treats from a special menu celebrating the cherry blossoms offered by the Courtyard Café.

The event is free but tickets are required: <u>bit.ly/SAAM-Cherry-blossoms</u>

## Catholic Boarding Schools in Native America: Truth-Telling Through Historical Research

Please join the St. John Neumann Racial Justice Ministry and Dr. Kathleen Holscher for her Zoom presentation, Catholic Boarding Schools in Native America:Truth-Telling Through Historical Research, at 7 p.m. on Tuesday, March 21. To receive the Zoom link, please register at <a href="https://bit.ly/3Z2YPlW">https://bit.ly/3Z2YPlW</a>. Closed captioning in Spanish will be provided.



### **Upcoming Diocesan Events**

Visit <u>arlingtondiocese.org/all-events</u> for details

Rosary in Thanksgiving for the Gift of Human Life with Bishop Burbidge March 25 | 8:00am

Day of Prayer and Healing March 25 | 9:00am

Mass and Annointing of the Sick March 25 | 11:05am

Sundays with the Sisters March 26 | 2:00pm

## Sorrowful Mysteries Silent Retreat for Women

As we prepare for Holy Week, join Fr. Noah Morey for a walk through of the Sorrowful Mysteries with a glimpse of the joy and glory on Sunday as we celebrate the Annunciation—for Our Lady of Sorrows is also the cause of our joy. Retreat dates are Friday-Sunday, March 24-26. For further information visit our web page (www.arlingtondiocese.org/retreat-events). To register, please contact Deacon Mark Maines at mark.maines@arlingtondiocese.org.



## Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese-straight to your inbox. Sign up here: arlingtondiocese.org/email.







Licensed, Bonded & Insured

- Service Upgrades
- · Car Charger Installations
- Recessed Lighting
- Troubleshooting

**Free Estimates** 703-273-5040

10% OFF LABOR

FINANCING

AVAILABLE

### We put NOVA families first.



8381 Old Courthouse Rd. Suite 330 Vienna, VA 22182 (703) 938-9090 FamilyFirstVA.com

# Pathe SERVICES, INC

### PLUMBING HEATING HVAC REMODELING

1313 POWHATAN STREET ALEXANDRIA, VA 22314-1342

(703) 836-6775

www.caffiservices.com service@caffiservices.com

Serving the DC Metropolitan Area since 1967

LOUIS J. ZINZI

Beautiful Floors for Home or Office Carpet, LVT, Wood & Vinyl Floors

### LOUIS ZINZI CARPETS LTD.

We re-stretch & repair carpet "Shop from your home or office - just call" LouisZinzi1@icloud.com (703) 237-1115







## Karen Graves Weichert

156 Maple Avenue East Vienna, VA 22180

(703) 338-3089

email: realtorkarengraves@aol.com www.Karen-Graves.weichert.com





www.garciasremodelingservicesinc.com Carpentry
 Kitchen

- Hardwood Floor
   Painting Plumbing • Drywalls • Bathroom
  - Power Wash
     Doors
- Open Drain Finish Basement Crown Molding • Electric Fixtures





Get this bulletin emailed to you every week.

Simply go to

www.DM.CHURCH/3085...or scan -



25 YEARS OF ORTHODONTICS FOR OLGC FRIENDS AND FAMILY

2.5% of your Orthodontic Fees Dontated to the Church

(July 2022 - July 2023)



### TIMOTHY P. MORAHAN Attorney at Law

BOYLAN AND MORAHAN, PLC Wills, Trusts & Estates Real Estate

(703) 893-5551

## **Builds Trust**



Roofs Decks

MainStreet-Home-Improvement.com







For information on advertising, please call Mike Jurosky 7-648-5996 or email mjurosky@diocesan.com

DI⊕CESAN

Catholic Life Every Day

### BETTER HEARING. BETTER LIVING



Elizabeth M. Hoehl, Au.D. DOCTOR OF AUDIOLOGY



Providing quality hearing healthcare. 124 Park Street S.E. • Suite 202 • Vienna, Virginia 22180 703-938-5060 • Email: vienna.hearing@gmail.com

www.viennahearingcenter.com

### CARPET DYNAMICS

Complete Multi-Step Carpet Cleaning Process

703-560-1221 Serving Northern VA

crancis Lawler

Owner

P.O. Box 2152 Vienna, VA 22183

Licensed, Bonded

& Insured

## We have your neighborhood covered! Free Estimates • Family Owned and Operated Member of Diocese of Arlington for 40+ years 703-335-7788 • summitroofing.com







## CEPEDAGROUP

703-855-4056

www.cepedagroup.com



## ComForCare.

- · Personal care
- · Chores and errands
- · Medication reminders
- Meal preparation

John and Debbie Kipps, owners

For a **personalized** care plan, call 703-870-3711 www.comforcare.com/VA/n-fairfax

### Oakcrest School Oakcrest.org

An independent school for girls in grades 6-12 guided by the teachings of the Catholic Church.

Summer Programs for Girls



- DESIGN
- PRINT & MAIL
- SIGNAGE
- APPAREL & **PROMOTIONAL PRODUCTS**
- FULFILLMENT & DISTRIBUTION

8618 Westwood Center Dr.

Suite LL-100 Tysons Corner, VA 22182

www.dayandnight.com

703.734.4940

SERVING THE COMMUNITY FOR OVER 40 YEARS

JOHN NUGENT & SONS EATING | COOLING | PLUMBING | ELECTRIC | GENERATORS () () () () Parishioner

Call 703-356-7499 to request service ANYTIME am or pm! www.nugentsons.com



Ruby's Home CLEANING SERVICES "We Sanitize & Disinfect" you are tired of cleaning up after your cleaning service, call me! 703-477-1932 mrubyrodriguez12@Hotmail.co

Voted #1 Most Trusted Real Estate Agents in the USA



Cell: 571.356.1445 • Office: 703.239.2525 Buyand Sellwith Michelle S@Gmail.com

.BruceandTanya.com 🗈 🗈





Maintenance • Turf & Shrub Care Irrigation • Landscape Design Hardscapes 703.641.4790 www.wheats.com

Washingtonian Top Doctor Awarded



**General Pediatrics Pediatric Mental Health Pediatric Research Center** 

**Open Evenings & Saturdays** 

100 East St S.E. #301 Vienna, VA 22180 703.938.5555

www.advancedpediatrics.com



An established, premier home care provider awarded the "Best of Home Care" Award for the highest customer satisfaction ratings based on blind survey of clients. www.paragonhomecare.com

Call Us For A Free Assessment Today (703) 942-8950



Paragon Assisted Living Schedule a Tour: (571) 449-6029 www.paragonassistedliving.com

We welcome residents into warm home settings, care for them with respect and devotion, and ensure their days are filled with hope, purpose and joy.

**Trusted Senior Care Provider** 

at Your Home ... or Ours!

Call for Move-In Specials!



Assisted Living & Memory Care

703.223.5226 • TheResidenceAtColvinRun.com

(703) 716-ROOF (7663) | www.sjroof.com



## ST JOSEPH'S ROOFING

Roofing | Siding | Gutters | Windows/Doors Insurance Claims | Storm Damage | Repairs



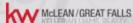
### Fariba Ferdowsi 703.581.2700 faribaf@kw.com

faribaferdowsi.co ed in VA. DC & MD 703.636.730

6820 Elm Street | McLean, VA 22101

For a Complimentary Consultation for Selling or Renovating Call Today!

- Professional Home Sales & Marketing Help Homeowners with Renovations & Adding Value Downsizing Division & Seniors Real Estate Specialist
- Land and New Construction Sales Negotiations
- Staging NVAR Top Producer



2000



## Money & King Funeral Home & Cremation Services

Life Celebrations

Serving All of Northern Virginia • 171 Maple Ave. W., Vienna, VA

(703) 938-7440 • moneyandking.com



Call 703.442.8203 today

www.myflorist.com | 1984 Chain Bridge Road | Tysons



TYSONS (703) 356-0250 8310 A Old Courthouse Rd.

Tysons, VA 22182

FAIRFAX (703) 945-2200

2810 Old Lee Highway Suite 200A Fairfax, VA 22031

FALLS CHURCH (703) 417-9840

5659 Columbia Pike, Suite 100 Falls Church, VA 22041

www.SmileMakersCenter.com

### VIENNA DANCE ACADEMY

Ballet . Jazz . Tap . Ballroom PRE-SCHOOL THRU ADULTS www.ViennaDanceAcademy.com Members Dance Educators of America 111 CHURCH STREET 703-938-8294

2880 Hartland Road Falls Church VA, 22043 703.204.2826

Serving North Arlington, Falls Church, McLean & Vienna

Lawn Mowing . Lawn Fertilization & Treatment . General Clean Up . Mulching

www.paulsbestlawn.com

### Virginia

Non-Emergency Medical Transport Service On Time All The Time Chalsea Hutchinson, Account Executive 571-432-7233



703-865-7710

Nativity Parishioner Mention this ad for a reduced consultation ra www.keithleylaw.com



John M. Coppola, Esquire

Specializes in Wills, Trusts, Estate Plans & Estate Administration 3600 Chain Bridge Road•Fairfax, VA 22030
Contact us for a Complimentary Consultation

703-934-4895 | pcoppola@coppolaep.com



Elizabeth Matteson Jones DDS MS **Board Certified Orthodontist** 

Early Interceptive Treatment for Children Invisalign for Teens & Adults Surgical Orthodontics Complimentary Initial Consultation

703-573-0200 MerrifieldOrthodontics.com **OLGC Parishioner since 1993** 



The Bed and Breakfast Version of Assisted Living!



A Small Assisted Living with a Big

03-846-0395

www.tysonswoods.com



Paige Carney (703) 631-0050

416 Maple Ave West · Vienna, VA www.purpleonioncatering.com

CRIS ANN TERNISKY, DDS **GOLNAZ JALALI, DDS** PEDIATRIC DENTISTRY

6711 Whittier Ave. McLean, VA (703) 356-1875



DEBORAH BRADLEY, Parishioner Offers tutoring services in H.S. Level French, Spanish and German dbradley0529@gmail.com (703) 554-4816



Pruning Shrubbery • Leaf Removal • Drainage • Sod & Plant Installations



We Come To You!

703-638-3674 jmcdetailing@aol.com



Orthodontics & Cosmetic Dentistry

Jerome A. Covel, D.D.S., P.C. Hollie B. Stack, D.D.S., P.C. James P. Henon, D.D.S., P.C. Stephanie Hovos, D.D.S.

habla español

120 Beulah Road, N.E., Vienna, VA 22180

(703) 938-2000

### Kelley's Tree Services, LLC

Serving Northern Virginia for Over 20 Years Call Us at (703) 862-2271

- Tree removal
- Stump grinding & removal
- Storm Damage
- · Tree trimming
- Tree pruning
- Tree fertilizing

Kelleystree@gmail.com • 24/7 emergency service



Wills, Trusts, & Probate for Catholic Families

(703) 865-6100

Fairfax, VA

www.pjilaw.com

welcome@pjilaw.com









703-533-0341 1102 W. Broad St., Falls Church, VA 22046

www.murphyfuneralhomes.com