

Community Mental Health Resources

Bridges: A Center for Grieving Children

(253)403-1966

311 South L St Tacoma, WA 98405

Bridges provides a safe place for you and your child to grieve. We support families with children between the ages of 4 and 18 who are coping with a loved one's serious diagnosis or who have experienced the death of someone they care about.

Comprehensive Life Resources

(253)396-5800

1305 Tacoma Avenue S Tacoma, WA 98402



CLR offers accessible community-based behavioral health services, guided by recovery-oriented principles and best practices, for Pierce County adults and youth.

CONSEJO

Counseling & Referral Service

Tacoma Youth Services

5915 Orchard St. West

Tacoma, WA 98467

Office: 253.414.7461

Outpatient Mental Health Services

Consejo strives for our patients to acknowledge their concerns and problem areas. Our goal is to help our clients achieve wellness and encourage positive change one step at a time. Consejo focuses on promoting recovery and wellness based on the client's needs. Mental Health services include:

- Mental Health Screenings
- Behavioral Health Assessments
- Individual, Group, and Family therapy
- Trauma-informed care
- Case Management and Care Coordination
- Peer support recovery services
- Less Restrictive Alternatives (LRA)
- Psychiatric evaluations
- Medication management
- Tele- medicine visits
- Services to children, youth, adults, and older adults
- School-Based services to children and adolescents



1323 South Yakima Ave.
Tacoma, WA 98405

(253) 383-3697

Family Behavioral Health is an integrated, intensive service area within Catholic Community Services providing care using a "Wraparound" (Individualized and Tailored) approach. Services are designed for children/youth and families with multiple and complex needs, severe histories and who tend to be involved with multiple child-serving systems. Family Behavioral Health has been among industry innovators who continually "push the envelope" and challenge traditional thinking in social services.

Eastside Community Clinic

Appointment: (253)441-4742 | Phone (253)441-4742
1708 East 44th Street Tacoma, WA 98404

Behavioral Health Services include coping with stress, anxiety or anger, Child behavior problems and a variety of other mental health issues

Greater Lakes 72nd Street Clinic

(253) 620-5800

1415 East 72nd Street, Suite B, Tacoma, WA 98404

The 72nd St Clinic provides a full range of recovery based, client centered, mental healthcare for adults, children, youth, and families with Medicaid coverage.

Healing Places Counseling Center

(253)564-4233

621 Pacific Ave Suite 102 Tacoma, WA 98402

Healing Places Counseling Center is a group of professionals serving people with mental illness and those struggling with challenging life experiences.

Hope Sparks Relatives Raising Children Program

(253)565-4484

6424 North 9th Street Tacoma, WA 98406



Since 1895, HopeSparks has been providing behavioral health, family services, and basic needs to children and families in Tacoma and Pierce County. HopeSparks is a recognized leader in behavioral health, early intervention, kinship care, home visiting, and parent education. Each year, thousands of children and families turn to HopeSparks for critical and life-changing support.

MultiCare Behavioral Health MultiCare

(253)697-8400

We deliver confidential, compassionate care to address the mental health challenges people face throughout their lifetime. From early childhood through adolescence, adulthood and older adulthood, our programs help people in Pierce and King Counties achieve wellness and live to their fullest potential.



- » Individual psychotherapy
- » Case management for adults and children
- » Psychiatric medication assessments and management for adults and children

2121 S. 19th Street

Tacoma, WA 98405 office: 253.396.1634

Sea Mar Community Health Centers is a community-based organization committed to providing quality, comprehensive health, human, housing, educational and cultural services to diverse communities, specializing in service to Latinos.

Pierce County residents with Medicaid