

Menu for Week of March 20th-March 24th

Managed by CulinArt Group, open Monday – Friday
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MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL LOCALLY SOURCED VEGETARIAN VEGAN AVOIDING GLUTEN

LUNCH	Hot Food	QUIK PIK SANDWICH-	SNACK PAK
	Served with starch & vegetable	Sandwich served with apple slices	
MONDAY	Pulled Pork Sandwich 7.95 Gnocchi with Marinara & Parmesan 7.65	Organic Chicken Caesar Wrap 7.65 Sun butter & Jelly on Wheat bread 5.95	Celery, Carrots, Sun Butter and Raisins 3.70 Apple, Grapes, Pretzels, Caramel 3.70 Hummus, Cumber, Olives, Pita 3.70
TUESDAY	Five Spice Chicken Stir-Fry 7.95 Vegan Paella w/ Country Cornbread 7.65	Philly Mushroom Vegan Hero 7.65 Sun butter & Jelly on Wheat bread 5.95	Celery, Carrots, Sun Butter and Raisins 3.70 Apple, Grapes, Pretzels, Caramel 3.70 Hummus, Cumber, Olives, Pita 3.70
WELLNESS WEDNESDAY	Tomato Basil Baked Tilapia \$8.65 Chickpea & Cherry Tomato Pasta \$7.65	Turkey Burger & Fries 7.65 Sun butter & Jelly on Wheat 5.95	Celery, Carrots, Sun Butter, and Raisins 3.70 Apple, Grapes, Pretzels, Caramel 3.70 Hummus, Cumber, Olives, Pita 3.70
THURSDAY	BBQ Chicken Quarters 7.95 Corn, Black Beans and Orzo Medley 7.65	Vegetable Burger 7.65 Sun butter & Jelly on Wheat 5.95	Celery, Carrots, Sun Butter and Raisins 3.70 Apple, Grapes, Pretzels, Caramel 3.70 Hummus, Cumber, Olives, Pita 3.70
FRIDAY	Meat Lasagna w/ Vegetable Medley 7.95 Vegetable Lasagna w/ Vegetable Medley 7.65	Organic Chicken Caesar Wrap 7.95 Sun Butter & Jelly on Wheat Bread 5.95	Celery, Carrots, Sun Butter and Raisins 3.70 Apple, Grapes, Pretzels, Caramel 3.70 Hummus, Celery Carrot and Pita 3.70