

Name: \_\_\_\_\_ Session: \_\_\_\_\_ Teacher: \_\_\_\_\_ Date: \_\_\_\_\_ 1

### Health Article Critique Form

Complete this form after reading an article relating to some aspect of health and wellness. You must attach a copy of the article to this sheet and return to your Health/PE instructor. The article may come from a newspaper, magazine, or reliable Internet website.

Title of Article: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Source (magazine/newspaper/Internet): \_\_\_\_\_

1. List and define 4 words or abbreviations from the article that are relevant to the article's topic.

a. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

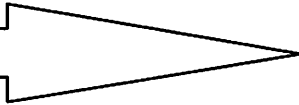
b. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

c. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

d. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Which area(s) of health does this article pertain to? Physical/Emotional/Social? Explain.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Don't forget to complete the summary on page 2!!! 

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3. **Summary**—Give a brief summary of the article. Cover all the main points in at least one paragraph. Include who, what, where, why, when, and how. Also, include your opinion of the article. Do you agree or disagree with the material being presented? Why or why not?

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