





WHAT'S ON THE MENU?



Insert School District Name Here: Insert Menu Name



Monday	Tuesday	Wednesday	Thursday	Friday
	 Locally Grown  Vegetarian	<p>1 National Pancake Day Pancake & Sausage Skewer</p> <p>Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>2 Cinnamon Rush French Toast</p> <p>Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>3 Ham & Cheddar Bagel or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>
<p>6 National School Breakfast Week Strawberry Poptarts Or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>	<p>7 Breakfast Smoothie w/ Graham Crackers or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>8 Home-style Sausage Biscuit or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>	<p>9 Breakfast Pizza or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>	<p>10 Blueberry Muffin w/ Low-fat Yogurt or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>
<p>13 Apple Cinnamon Muffin w/ Low-fat Yogurt or Assorted Cereal & Graham Cracker Assorted Fresh Fruit Assorted 100% Fruit Juice</p>	<p>14 Sausage & Toast Grits Assorted Cereal w/ graham crackers 100%Fruit Juice Assorted Fresh Fruit</p>	<p>15 Apple Frudel Or Assorted Cereal & Graham Cracker Assorted Fresh Fruit Assorted 100% Fruit Juice</p>	<p>16 Fresh Fruit& Granola Parfait or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>17 St. Patrick's Day Blueberry Poptarts Or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>
<p>20 Cinni Minis Or Assorted Cereal & Graham Cracker Assorted Fresh Fruit Assorted 100% Fruit Juice</p>	<p>21 Cinnamon Oatmeal Toast Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>22 Home-style Crispy Chicken Biscuit Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>23 Sausage & Toast Cheesy Grits Or Assorted Cereal & Graham Cracker Assorted Fresh Fruit Assorted 100% Fruit Juice</p>	<p>24 National Waffle Day Mini Maple Waffle or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>
<p>27 Cinnamon Rush French Toast Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh Fruit</p>	<p>28 Mini Blueberry Waffle or Assorted Cereal & Graham Cracker Assorted Fresh Fruit Assorted 100% Fruit Juice</p>	<p>29 Home-style Sausage Biscuit or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>	<p>30 Breakfast Pizza or Assorted Cereal w/ graham crackers 100% Fruit Juice Assorted Fresh fruit</p>	<p>31 Network Day No School</p>



WHAT'S ON THE MENU?



Insert School District Name Here: Insert Menu Name

Monday	Tuesday	Wednesday	Thursday	Friday
	 Locally Grown  Vegetarian	<p>1 Hamburger Steak w/gravy & Brown Rice Dinner Roll Seasoned Squash Garden Salad Assorted Fresh Fruit DK OA: Superfood Sweet Potato Hash</p>	<p>2 Chicken & Sausage Jambalaya Dinner Roll Green Beans Carrot Sticks Assorted Fresh Fruit</p>	<p>3 Baked Fish Sandwich Tater Tots Celery sticks Assorted Fresh Fruit</p>
<p>6 Chicken & Sausage Gumbo w/ Grilled Cheese Sandwich Mixed Vegetables Baby Carrots Assorted Fresh Fruit</p>	<p>7 Crunchy Turkey Tacos Mexicali Corn Pinto Beans Assorted Fresh Fruit</p>	<p>8 BBQ Porkchops Yellow Rice Dinner Roll Green Peas DK RCA: Superfood Sweet Potato Hash</p>	<p>9 National Meatball Day Meatballs W/WG Spaghetti Garlic Bread Seasoned Corn Garden Salad Assorted Fresh Fruit</p>	<p>10 Oven Fried Fish Yellow Rice Garlic Bread Potato Salad Green Beans Assorted Fresh Fruit</p>
<p>13 Chicken Noodle Soup Day Chicken Noodle Soup Grilled Cheese Sandwich California Blend Vegetables Celery Sticks Assorted Fresh Fruit</p>	<p>14 Pepperoni Pizza Tater Tots Black Beans Assorted Fresh Fruit</p>	<p>15 Loaded Baked Potato Bar Broccoli Florets Dinner Roll DK ASA: Superfood Sweet Potato Hash</p>	<p>16 Chicken Tenders French Fries Seasoned Corn Assorted Fresh Fruit</p>	<p>17 St. Patrick's Day Baked Fish Dinner Roll Baked Macaroni Braised Cabbage Baby Carrots Assorted Fresh Fruit</p>
<p>20 Red Beans w/WG Rice Cornbread Seasoned Carrots Seasoned Cauliflower Assorted Fresh Fruit</p>	<p>21 Macho Nacho Pinto Beans Mexicali Corn Assorted Fresh Fruit</p>	<p>22 Chicken Alfredo Pasta Dinner Roll Seasoned Broccoli Roasted Sweet Potatoes DK GWC: Superfood Sweet Potato Hash</p>	<p>23 Chicken Parmesan Dinner Roll Sautéed Spinach Seasoned Corn Assorted Fresh Fruit</p>	<p>24 Crispy Fish Sandwich Sweet Potato Fries Celery Sticks Assorted Fresh Fruit</p>
<p>27 White Beans w/WG Rice Dinner Roll Seasoned Mustard Greens Mixed Vegetables Assorted Fresh Fruit</p>	<p>28 Mild Buffalo Chicken Dip w/Tortilla Chips Celery Sticks Seasoned Black Beans Assorted Fresh Fruit</p>	<p>29 Classic Cheeseburger French Fries Baby Carrots Assorted Fresh Fruit DK LCA: Superfood Sweet Potato Hash</p>	<p>30 Baked Chicken w/Gravy Brown Rice Dinner Roll Seasoned Green Peas California Blend Vegetables Assorted Fresh Fruit</p>	<p>31 Network Day No School</p>



WHAT'S ON THE MENU?



Insert School District Name Here: Insert Menu Name

Monday Tuesday Wednesday Thursday Friday

 Locally Grown

 Vegetarian

1
BBQ Chicken Pizza
Or
Buffalo Chicken Wrap
Or
Chicken Caesar Salad

2
Popcorn Chicken Wrap
Or
Taco Salad
Or
Breaded Chicken Sandwich

3
Garden Salad
Or
Pepperoni Pizza
Or
Buffalo Chicken Wrap

6
Chicken Ranch Wrap
Or
Cheeseburger
Or
Pepperoni Pizza

7
Garden Salad
Or
Cheese Pizza
Or
Hamburger

8
Taco Salad
or
Veggie Pizza
Or
Breaded Chicken Sandwich

9
Chef Salad
Or
Pepperoni Pizza
Or
Tuna Salad Sandwich

10
Garden Salad
Or
Veggie Pizza
Or
Chicken Salad Wrap

13
Chicken Salad Wrap
Or
Hot-n-Spicy Chicken Sandwich
Or
Hamburger Pizza

14
Taco Salad
Or
Supreme Pizza
Or
BBQ Cheddar Burger

15
Garden Salad
Or
Pepperoni Pizza
Or
Chicken Fajita Wrap

16
Garden Salad
Or
Cheese Pizza
Or
Hamburger

17
Tuna Salad Sandwich
Or
Chicken Caesar Salad
Or
BBQ Chicken Pizza

20
Taco Salad
or
Veggie Pizza
Or
Breaded Chicken Sandwich

21
Garden Salad
Or
Cheese Pizza
Or
Hamburger

22
Chef Salad
Or
Pepperoni Pizza
Or
BBQ Meatball Sub

23
Taco Salad
or
Veggie Pizza
Or
Hot-n-Spicy Chicken Sandwich

24
Chicken Salad on WW Bun
Or
Grilled Cheese Sandwich
Or
Veggie Pizza

27
Garden Salad
Or
Cheese Pizza
Or
Mushroom Swiss burger

28
Taco Salad
or
Veggie Pizza
Or
Hot-n-Spicy Chicken Sandwich

29
Garden Salad
Or
Cheese Pizza
Or
Hamburger

30
Garden Salad
Or
Pepperoni Pizza
Or
Buffalo Chicken Wrap

31
Network Day
No School



WHAT'S ON THE MENU?



Insert School District Name Here: Insert Menu Name

Monday Tuesday Wednesday Thursday Friday



Locally Grown



Vegetarian

1
Chicken Salad on WW Bun
Baby Carrots
Assorted Fresh Fruit

2
Popcorn Chicken Wrap
Cherry Tomatoes
Assorted Fresh Fruit

3
Chicken Alfredo Pasta
Broccoli Florets
Assorted Fresh Fruit

6
Hamburger
Cauliflorets
Assorted Fresh Fruit

7
Stewed Chicken
w/Brown Rice
Mixed Vegetables
Assorted Fresh Fruit

8
Tuna Salad on Bun
Cherry Tomatoes
Assorted Fresh Fruit

9
Meatballs & Spaghetti
Corn
Assorted Fresh Fruit

10
Chicken Salad Wrap
Baby Carrots
Assorted Fresh Fruit

13
Baked Ham
Baked Macaroni
Cinnamon Glazed Carrots

14
Chicken Ranch Wrap
Broccoli Florets
Assorted Fresh Fruit

15
Cheeseburger
Tater Tots
Assorted Fresh Fruit

16
Tuna Salad Sandwich
Celery Sticks
Assorted Fresh Fruit

17
Chili Cheese Hotdogs
Broccoli Florets
Assorted Fresh Fruit

20
Macho Nachos
Black Beans
Assorted Fresh Fruit

21
Hot-n-Spicy Chicken
Sandwich
Cauliflorets
Assorted Fresh Fruit

22
BBQ Chicken Wrap
Celery Sticks
Assorted Fresh Fruit

23
Chicken Salad on WW Bun
Baby Carrots
Assorted Fresh Fruit

24
Popcorn Chicken
Cherry Tomatoes
Assorted Fresh Fruit

27
Hamburger Steak w/gravy
& Brown Rice
Seasoned Squash
Assorted Fresh Fruit

28
Toasted Ham & Cheese
Sandwich
Cherry Tomatoes
Assorted Fresh Fruit

29
Tuna Salad Sandwich
Celery Sticks
Assorted Fresh Fruit

30
Cheeseburger
Tater Tots
Assorted Fresh Fruit

31
Network Day
No School