# LANCASTER CITY SCHOOLS 2022—2023 LUNCH MENU FOR THOMAS EWING & GENERAL SHERMAN




Food Service Office, 901 E. Fair Ave., Maintenance Building

Karah Smith, Supervisor  Debbie Eldred and Kris Byers  740-687-7350



**August**

| M | T | W | TH | F |
|---|---|---|---|---|
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | | |

**September**

| M | T | W | TH | F |
|---|---|---|---|---|
| | | | 1 | 2 |
| / | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 |

**October**

| M | T | W | TH | F |
|---|---|---|---|---|
| 3 | 4 | 5 | 6 | 7 |
| 10 | 11 | 12 | / | / |
| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | / |
| 31 | | | | |

**November**

| M | T | W | TH | F |
|---|---|---|---|---|
| | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | / | / | / |
| 28 | 29 | 30 | | |

**December**

| M | T | W | TH | F |
|---|---|---|---|---|
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | / | / |
| / | / | / | / | / |

**January**

| M | T | W | TH | F |
|---|---|---|---|---|
| / | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| / | / | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 | | | |

**February**

| M | T | W | TH | F |
|---|---|---|---|---|
| | | 1 | 2 | 3 |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 | 17 |
| / | 21 | 22 | 23 | 24 |
| 27 | 28 | | | |

**March**

| M | T | W | TH | F |
|---|---|---|---|---|
| | | 1 | 2 | 3 |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 | 31 |

**April**

| M | T | W | TH | F |
|---|---|---|---|---|
| | | | | |
| 3 | 4 | 5 | 6 | / |
| / | / | / | / | / |
| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | 28 |

**May**

| M | T | W | TH | F |
|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | / |
| / | / | | | |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Special of the Day<br>Chef Salad & Bagel<br>Pizza<br>Chicken Patty Sandwich<br>Fruit, Veggies and Milk | Chicken Noodles & Roll<br>Chef Salad & Bagel<br>Pizza<br>PB&J<br>Fruit, Veggies and Milk | Beef Nachos<br>Chef Salad & Bagel<br>Pizza<br>Cheeseburger<br>Fruit, Veggies and Milk | Chicken Leg & Roll<br>Chef Salad & Bagel<br>Pizza<br>Ham & Cheese Pretzel<br>Fruit, Veggies and Milk | Bosco Sticks & Sauce<br>Chef Salad & Bagel<br>Calzones<br>Sloppy Joe on a Bun<br>Fruit, Veggies and Milk |
| Meatball Sub Sandwich<br>Chef Salad & Bagel<br>Pizza<br>Chicken Patty Sandwich<br>Fruit, Veggies and Milk | Salisbury Steak & Roll<br>Chef Salad & Bagel<br>Pizza<br>PB&J<br>Fruit, Veggies and Milk | Corn Dog/Mini Corn Dogs<br>Chef Salad & Bagel<br>Pizza<br>Cheeseburger<br>Fruit, Veggies and Milk | Chicken Tenders & Roll<br>Chef Salad & Bagel<br>Pizza<br>Ham & Cheese Pretzel<br>Fruit, Veggies and Milk | Beef & Cheese Taco<br>Chef Salad & Bagel<br>Calzones<br>Pulled Pork BBQ on a Bun<br>Fruit, Veggies and Milk |
| Cheesy Bread & Sauce<br>Chef Salad & Bagel<br>Pizza<br>Chicken Patty Sandwich<br>Fruit, Veggies and Milk | General Tso's Chicken<br>Chef Salad & Bagel<br>Pizza<br>PB&J<br>Fruit, Veggies and Milk | Hot & Spicy Chicken Sandwich<br>Chef Salad & Bagel<br>Pizza<br>Cheeseburger<br>Fruit, Veggies and Milk | Taquitos<br>Chef Salad & Bagel<br>Pizza<br>Ham & Cheese Pretzel<br>Fruit, Veggies and Milk | Sloppy Joe on a Bun<br>Chef Salad & Bagel<br>Calzones<br>Sub of the Day<br>Fruit, Veggies and Milk |
| Boneless Wings & Sauce<br>Chef Salad & Bagel<br>Pizza<br>Chicken Patty Sandwich<br>Fruit, Veggies and Milk | Spaghetti & Garlic Bread<br>Chef Salad & Bagel<br>Pizza<br>PB&J<br>Fruit, Veggies and Milk | Quesadillas<br>Chef Salad & Bagel<br>Pizza<br>Cheeseburger<br>Fruit, Veggies and Milk | Popcorn Chicken & Roll<br>Chef Salad & Bagel<br>Pizza<br>Ham & Cheese Pretzel<br>Fruit, Veggies and Milk | Toasted Cheese<br>Chef Salad & Bagel<br>Calzones<br>Pulled Pork BBQ on a Bun<br>Fruit, Veggies and Milk |

Lunch consists of a protein, a grain, fruit, vegetable and milk.

You may take all 5 but MUST select a fruit or vegetable and 2 other items to qualify for lunch prices of $2.35 or $0.40 reduced or free. Adult lunch price is $3.00 without milk. (Menus may change throughout the year)



**If the student does not have money, the meal is charged and the parents receive notification. Breakfast and extras may not be charged. Charges stay on their account until paid. Call the Food Service Supervisor to discuss payment arrangements.**

**PUT MONEY ON YOUR ACCOUNT**



CASH— Give to the cashier

CHECK— Make payable to your school's cafeteria & give to the cashier

CREDIT– www.lancaster.k12.oh.us-> Departments -> Food Services -> My School Bucks ($2.75 transaction fee)

**Applications for Free or Reduced priced meals can be submitted at any time during the school year. Complete one application per family & include all children on one application. Applications for Free or Reduced priced meals are available in the school office, the Food Service Office or Apply Online. Go to: www.lancaster.k12.oh.us-> Departments -> Food Services -> Free & Reduced Online Application (follow the prompts).**

***Special meals are available for doctor prescribed dietary needs. Call the Food Service Office.***

This institution is an equal opportunity provider.