LANCASTER CITY SCHOOLS 2022—2023 ELEMENTARY LUNCH MENU



Food Service Office, 901 E. Fair Ave., Maintenance Building

Karah Smith, Supervisor Debbie Eldred and Kris Byers 740-687-7350



August

M	T	W	TH	F
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

September

M	T	W	TH	F
			1	2
/	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October

M	T	W	TH	F
3	4	5	6	7
10	11	12	/	/
17	18	19	20	21
24	25	26	27	/
31				

November

M	T	W	TH	F
	1	2	3	/
7	8	9	10	11
14	15	16	17	18
21	22	/	/	/
28	29	30		

December

M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	/	/
/	/	/	/	/

January

M	T	W	TH	F
/	3	4	5	6
9	10	11	12	13
/	/	18	19	20
23	24	25	26	27
30	31			

February

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
/	21	22	23	24
27	28			

March

M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

April

M	T	W	TH	F
3	4	5	6	/
/	/	/	/	/
17	18	19	20	21
24	25	26	27	28

May

M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	/
/	/	/		

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast For Lunch Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Walking Taco Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Corn Dog Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	General Tso's Chicken Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Cheese Calzone/Pizza Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk
Chicken Drumstick & Roll Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Spaghetti & Garlic Bread Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Chicken Nuggets & Macaroni and Cheese Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Pizza Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Hotdog on a Bun PB&J Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk
Chicken Patty on Bun Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Taco Tuesday Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Calzone & Sauce/Pizza Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Chicken Tenders & Cheese Bites Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Mini Corn Dogs PB&J Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk
Popcorn Chicken & Fries/Tots Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Chicken Noodles & Roll Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Cheesy Breadsticks & Sauce Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Pizza Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk	Cheeseburger PB&J Chef Salad & Bagel &/ Charcuterie Bowl Fruit, Veggies and Milk

Lunch consists of protein, grain, fruit, vegetable and milk.



We encourage students to take all 5 but MUST at least select a fruit or vegetable and 2 other items to qualify for the lunch prices of $2.10 or $0.40 reduced or free. Adult lunch price is $3.00 without milk. (Menus may change throughout the year.)

If the student does not have money the meal will be charged and a bill sent to the parent. Breakfast and extras may not be charged. Charges stay on their account until paid. Parents may request a block on charging. Call the Food Service Supervisor to discuss payment arrangements.

<u>AVOID CHARGES! PUT MONEY ON YOUR ACCOUNT</u>



CASH— Give to the cashier

CHECK—Made payable to your school's cafeteria & give to the cashier

CREDIT– www.lancaster.k12.oh.us-> Departments -> Food Services -> My School Bucks ($2.75 transaction fee)

Applications for Free or Reduced priced meals can be submitted at any time during the school year. <u>Complete one application per family</u> & include all children on one application. Applications for Free or Reduced priced meals are available in the school office, the Food Service Office or Online. Go to www.lancaster.k12.oh.us-> Departments -> Food Services -> Free & Reduced Online Application (follow the prompts).

Special meals are available for doctor prescribed dietary needs. *Call the Food Service Office.*

This institution is an equal opportunity provider.