

The Forest Breeze

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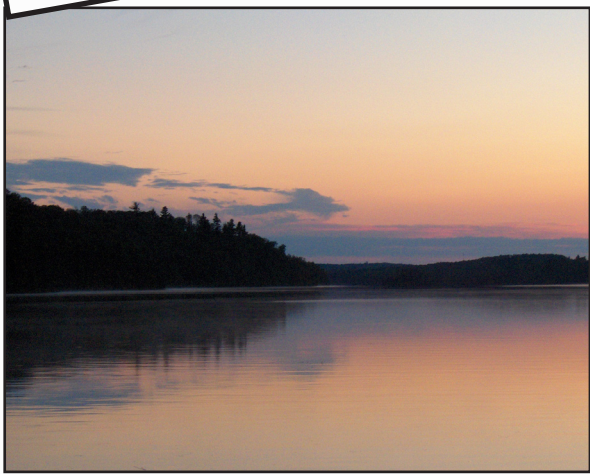
“Summertime is finally here!”



One of several trails to hike along the glacier potholes in Taylors Falls



FLHS sophomores pose with mascot T.C. at a recent Twins game



Sunset: Boundary Waters Canoe Area



View from inside the Metrodome from the homerun porch



Mary Nora and the Forest Lake High School Rodeo Team prepares for the National event



Gazebo at Lakeside Memorial Park



One of the many water parks in Wisconsin Dells



Rushing stream by Gooseberry Falls near Duluth, along the north shore

Jump in & check it out!

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Autumnwood Farm sells milk to local stores

Daninger Farm in the family since 1902

by Tracie Anderson

What are cookies without it? Chocolate cake just doesn't seem right unless it compliments it. Cereal will never be the same without it...this mystery item, is milk! Where would we be without it?! It gives us calcium, vitamin D, and protein; it is a huge necessity for human beings around the world. Even though many are not experts on this white gold, there are two FLHS students who are siblings: Luke and Erin Daninger. They not only know a lot about milk and its glory, but how to attain this wonder from their cows. "This farm has been in my family since 1902," said Luke, "My dad picked up the business in 1982 from my grandfather." The Autumnwood Farm (Daninger Family Farm) has been in the making for three years, and has finally started to bottle this year.

The Daningers bottle all of their milk in half gallon glass bottles. This not only keeps the milk fresh, but it helps the milk stay cold longer. "Right now, we bottle skim, 1%, whole, chocolate milk and non-homogenized milk, where the cream stays at the top," said Erin. "Soon we will start to bottle 2%, and cream!" The first official grocery store they started to sell

their milk to was Marketplace Foods in Forest Lake. Festival Foods in Hugo, Vadnais Heights, White Bear, and Andover; Tesoro in Stacy, and Grundhofer's Old Fashion Meats in Hugo. Mondays and Tuesdays are their bottling days, with lots of volunteers around to help. They end up bottling 300-400 bottles. All of their machinery



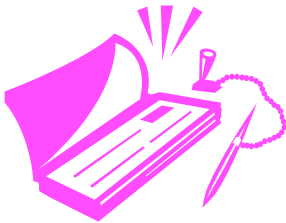
Photo by Tracie Anderson

Unique Class: Independent Living

Class teaches what to do in "unexpected events"

by Sarah Everett

There are a lot of classes taught here at the high school that help to get you started in this world. One of the most helpful of these classes is Independent Living. "Independent living is life skills for young adults," said teacher Barb Schellinger. This class is generally about how to live on your own independently and it offers a lot more. As a more in depth summary, Independent Living teaches students what they can do to set themselves up for life outside of high school. It tells them how



to prepare for those unexpected events and how to manage your money for these events. It also goes as far as saying what you can do to prepare yourself for when you retire. "We focus on decision making with emphasis on financial decisions, how to be a millionaire at 65, and how to stay out of debt," Schellinger said. Now, if you're thinking that a class like this would be boring, think again. This class doesn't focus on homework, but offers you suggestions in an easy-to-

learn way. And as for the boring book work, there's a major balance of it. Independent Living allows its students to get involved in simple activities every week in order to develop good habits about managing money, filing your paper work and recording transactions. "This class is very hands on," Schellinger said. "One of our activities is money for grades." Money for grades allows the students to get involved with a fake check book and bills. Every week students get paid for attendance in class as well as homework. A fake banker pays you. The paycheck is recorded in a fake checkbook and students deposit money into a savings account. There are also

bills and you have to pay rent for being in class as well as "buying a car" or "paying for food". Just like there are unexpected events in life, there are unexpected events in class as well. These happen every two weeks and can be either good or bad. The most important rule about these games is that the final balance doesn't affect your grade, it only depends on if you made the proper transactions. All of these games offer a fun way for kids to learn how hard it is getting started in the world. So if you are planning on getting out of your house as soon as possible and living on your own, you should take this class.

Economy affects FL small businesses

by Sarah Everett

With gas higher than ever, houses foreclosing from one place to another, and prices on general foods raising with each week, there's no doubt that we're heading on an economical downfall. A lot of small businesses are being affected by today's economy and Forest Lake is no exception. Recent studies have shown that small businesses like coffee shops and nail parlors are being affected most by these raising prices. And studies show that it's only predicted to get worse. So what do these small stores have to do to stay in business? They have to either raise their prices or go broke. The only problem with this is Forest Lake is made up of a majority of small businesses. When you have a small business, you can only make so much off your store when that store is in a smaller town, like Forest Lake. When prices of goods go up then your prices go up and consumers tend to shop elsewhere. This

can be a big problem for our smaller Forest Lake stores. There are lots of reports out there about businesses that are feeling the burn because of the economy. Take Starbucks for instance. There have been a lot of news stories out there saying that they have to jump through hurdles in order to stay above the economy. According to *Slate*, an online news website, they're planning on raising their prices in order to cover costs of their supplies, and this is just one store, one small store in Forest Lake that can be suffering because of the economy. Think of all the other little stores that we have in town and then think of how much it will affect you if they all headed into trouble. If you look around at some of the really small stores that are here in Forest Lake, you would see that there's a few that are going or have gone out of business. One of these examples would be the big dollar store. The Big Dollar Store lost business because it wouldn't

keep up with the other businesses around it. Although this may be one isolated incident, it also may not. There could be a lot of other minor businesses that are affected. Sarah Frye, a senior here at Forest Lake High School works at the Forest Lake 5 theater. This could be a business that might suffer in the future if the economy keeps going down. "Right now we're not seeing fewer customers," Frye said. When

asked if she agrees that people will spend less money if prices rise because of the economy, she said, "Yes, I do think that people will spend less." If you look at the facts you'll be able to see that our small time Forest Lake stores are at risk because of this downward spiraling economy. Little businesses are going to be affected the most, but the truth is, all business are affected.



Cut n' Keep Calendar

May 28
POPS
Concert 7 p.m.

June 2
Academic Awards
7 p.m.

June 5
Last day
of school!

June 5
Graduation
7:30 p.m.

June 5-6
Softball State
Tournament
Caswell Park,
Mankato

June 5-6
Tennis State
Tournament
U of M

June 12-13
Baseball
State
Tournament

The Forest Breeze

The student newspaper of
Forest Lake High School

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The Forest Breeze is a monthly publication created by students in the journalism class at FLHS. The Forest Breeze welcomes letters to the editor, provided they are not obscene and do not exceed 200 words. The staff reserves the right to edit for length. Unsigned letters will not be printed; however, names may be withheld upon request.

Views of the The Forest Breeze writers are not necessarily the views of the students, staff or administration of ISD 831.

Signing out of school at 18 should be allowed at FLHS

by Sarah Everett

When you turn 18, by law, you are considered a legal adult. This means that you can vote and fight in a war. However, apparently, this does not mean you can sign yourself out of high school. Our school districts not letting our adult students sign themselves out is an injustice. I don't know if the reasons we're not trusted for this responsibility is because they think we're still too young, or not mature enough, but I don't see the logic in either of those arguments. It makes a lot more sense for the school district to allow their adult students to sign themselves out, than fight to keep them strapped down by rules for children. In the laws that make up our country, it says that if you're 18 you can vote in an election, or, if you're a male you're required to, register for the draft. If we are trusted enough to decide our next president or hold a gun in war, we can handle the responsibility of making good decisions in school, and that includes signing yourself out of school.

As a young adult, denying our rights to make our own decisions to sign ourselves out is really frustrating. It's hard on us, as 18-year-old high school students, because now we have to fight so we can sign ourselves out, and it's hard on the actual school system because they have to handle our complaints. I don't really see the logic behind the school denying our rights when it's really our choice. When we turn eighteen we make our own decisions and that should include school decisions as well. If we want to drop out of school, then we can, so its not like the school district is preventing anyone from dropping out, they're just making it harder on good students who should be entrusted with more responsibility. All over, I think that there's one

simple solution that will solve the distress our 18-year-old students feel and that's simply allowing them to sign themselves out. They are considered adults, people who pay taxes and are expected to live their own lives. They can be charged as an adult in the court of law and fight in a war if we ever needed them to, I think that they can handle the responsibility of being able to sign him/herself out and should be entrusted with this responsibility. The main reason why I think we should be able to do this is because we need to learn how to handle our own lives. Our parents aren't going to be holding our hands ever step of the way through life and, while we're still in high school, we can start to learn. And that's why our school should let its adult students take control of their own lives and sign themselves out.



Hot in the Lot

by Joe Lichtscheidl

Junior Seth Peters knows what it takes to have a good ride. He drives a '99 Ford Mustang with only 92,000 miles on it. His dad found the car for him at a dealership in Forest Lake and he split the cost with his parents. The car is in perfect condition, and just last year, he put on new rims. Peters is thinking about getting a paint job and a new hood for his car. "I want to paint my car orange and maybe get a better hood," said Peters. Right now the car is red and the hood is standard on all models. Make sure you come check out Peters in his sports car.



Photo taken by Joe Lichtscheidl

State high school rodeo nearing FLHS sends six to competition June 12-15

by Renee Noren

High School Rodeo participants have six rodeos in the fall, and six in the spring to prepare for one thing, the State Finals. This year's State Finals are being held in Hugo at Dead Broke Arena, Thurs., June 12 -15. State Finals is the last event of the year and includes barrels, breakaway, pole bending, goat tying, tie down roping, steer wrestling, team roping, saddle bronc, bronc riding, bear-back riding, and bull riding which are all girl/boy events.

Participants from our school include Mary Jo Nora (12), Abigail Lund, Krystal Plouff (12), Paige Faymoville (11), Blake Dunsmore, and Kathleen Dunsmore. The High School Rodeo competitions are organized by a board of members and presidents. "I hope to make it in the top 10 for barrels, goat tying, and

breakaway roping," said Nora. "If [individuals] make it into the top four for finals, they get to go to New Mexico for Nationals in July," said Nora. To prepare for competitions, these farm boys and gals practice everyday of the week for about

four to five hours. Be sure to check out the High School Rodeo's State Finals on these dates: June 13-14 –start time: 7 p.m. Sun. June 15 –start time: 2 p.m. (only top 10 in each event will be competing).



Photos courtesy of Mary Nora

Blood Drive Successful!

Giving blood has never looked better

This year's second blood drive was held on May 7, bringing a steady delivery of blood. There were almost 200 volunteers helping save lives everywhere. They wanted to hit a goal of 156 units of blood, but ended up receiving 186! Not only were there veterans, but first timers as well. We'd like to thank all donors, Red Cross volunteers, and student council members; without them, this event could've never happened. Keep up the good work, and hopefully next year will be even better.



Junior Samantha Maki

"I was terrified at first, I wasn't going to do it. It's better to give blood than to be on the other side dieing or something like that."



Senior Hunter Selg

"I'm not a wuss I swear! It was my first time, it didn't hurt at all actually. The guy I had was super was really nice, and Russian."

Photos taken by Tracie Anderson

Boy Bands comeback?

Comeback welcomed by many

by Kaitlin LaCasse

New Kids on the Block, The Backstreet Boys, *NSYNC, 98 Degrees ...Boy Bands. The phenomenon started back with The Monkees, who are often credited (or blamed) for being the first boy band. In the early 1990's Boy Bands gained popularity mostly with teenage girls and younger. Many of the bands could have quits in the late 90's due to the fall of their popularity. New Kids on the Block, formed in the early 1980's, released their first album in 1986. They broke up in 1994, and after 14 years, they are attempting to make a comeback. A new CD is scheduled for release this summer titled *Back on the Block*, and a tour is also expected. The Backstreet Boys are also making a comeback. They decided to take a break in 2002, and three years later, released a new album. In 2007, they released a new CD without original member Kevin Richardson and are currently on a World Tour. They are scheduled to be at the Minnesota State Fair Grand Stand Aug. 23. I guess now we can really say "Backstreet's Back."

So with Boy Bands attempting to make a comeback, the question is raised...Is a comeback possible or

has the time of boy bands come to an end? Well, both are possibilities depending on how open fans or new listeners are to their music. With potentially different sounds or different writing styles for fans from the '90's, the differences could cause them to lose interest. At the same time, people who didn't like their music in the 90's could have a change of heart. Personally, I am looking forward to the comeback of some of the bands I listened to when I was younger. I think it will be interesting to potentially see a different side of these bands. With the Backstreet Boys and New Kids coming back, who's next? And now that they're grown up, should they still be referred to as boy bands or should they now be called man bands? *VHI* had a show recently called *Mission: Man Band*. Four former boy band stars, came together in order to see if they could make it big as a new band. Boy Bands should stay together in the same group they started with and no matter what you call them they will always really be **boy bands**. We can all anticipate, or dread, a summer of comebacks.



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SCHOOLS' OUT FOR SUMMER

Weekend Getaways

The North Shore

Wisconsin Dells

by Renee Noren

Out of the many places to travel around the state lines, a day trip to the North Shore is one summer adventure you will never forget. With just a winding four and a half hour drive up through Duluth, you will reach the quaint, lakeside town of Grand Marais.

When first getting into town, after admiring the amazing view of Lake Superior, stop at the Sven & Ole's pizza joint on Main Street.

"I eat at Sven and Ole's and go shopping whenever I go to Grand Marais," said Senior MiKayla Culp.

Sven and Ole's is arguably the best known restaurant on the North Shore. With every kind of pizza imaginable and excellent staff who give all visitors a warm "Scandinavian welcome", lunch at Sven and Ole's is sure to make your trip all the more memorable.

"Sven and Ole's –the pizza place, is where we always have to go. Katie Bigelow and I always eat there when we go to her cabin," said Senior Hannah Taylor.

Among other attractions like Beth's Fudge Shop, Johnson Heritage Post, and the Beaver House Bait Shop, there are many activities within walking distance

of town.

Because Grand Marais was first established as a trading and trapping village around 1854, the harbor was, and still is, of great importance to the community. The dialect spoken by trappers translates Grand Marais into "Large Harbor" or "Great Marsh". On the end of the breakwater, the 32 foot high lighthouse sits enclosed around the 1,500 pound fog bell. In addition to guiding boats safely into the Harbor, the breakwaters and lighthouse give a breathtaking view.

A half mile stroll out to Artists' Point is another way to enjoy your trip. It overlooks East Bay and Lake Superior; the trail can be found at the end of Broadway Ave. Artists' Point is one of the most famous spots in Grand Marais and will lead you along the ancient lava rock through a wooded cove. It gets its name as a place where photographers, painters, and poets go to find inspiration for their work.

So if you're trying to find a place to spend part of your summer, or you want to get out of Forest Lake for a day, head north to let nature surround you in Grand Marais.

Information taken from Grandmarais.com.

by Sarah Everett

As school gets out and the summer heats up there are a lot of things you can do to keep cool. You can hang out here in Forest Lake, sit in your house full of air conditioning, go to the mall or even jump in a lake. But if you want to do something that's a little more than just keeping cool, you should go over to Wisconsin Dells. Now, for those of you who have never heard of Wisconsin Dells, it's really simple. The Dells offers a great collection of hotels and water parks that are sure to keep you cool.

Some of these water parks to choose from are the Kalahari, Great Wolf Lodge and Chula Vista Resorts. But these are only a few of the major indoor/outdoor water parks located in Wisconsin Dells.

Kalahari: This is Wisconsin Dells biggest indoor water park with a great theme to it. If you want to go away on an exotic vacation without leaving the United States, this is the place to go. The Kalahari is an African-themed water park where you can really get away without getting too far away from home. It has over 125,000 sq. ft. worth of indoor water park space and is home to the legendary indoor surfing attraction, the FlowRider.

Some of its other attractions include: Victoria Falls family raft ride, master blaster uphill water rollercoaster, lazy river, wave pool

want a more extreme experience, take a stop here.

Chula Vista Resort: This water park focuses greatly on living your life in luxury. It has 6 restaurants, the Spa del Sol and an 18-hole golf course. If you don't want to just hang out, you can get active by hanging out in their water park. The Chula Vista Resort has over 200,000 sq. ft. of water space and over 26 water slides stretching more than 1.5 miles in length. Some of its other features include the world's largest indoor water coaster, Rio Rapid Action River, Croc Roc water walk, and several hot tubs. It



Kalahari Indoor Water Park at Wisconsin Dells.

and 5 indoor hot tubs.

Great Wolf Lodge: This is one of Wisconsin Dells major indoor/outdoor water park. As you can guess, its theme is like a lodge, but that doesn't mean you'll be camping in the outdoors. It has over 100,000 sq. ft. of indoor water park space that offers a lot of attractions for its space. It offers the new "Howlin Tornado" which is a 6 story high tube ride. Among its other attractions are Gushing Geyser, 2 minishaft speed slides, 2 howling wolf tube slides over 400ft long, and 2 large hot tubs. If you

also offers an arcade, a saloon and a great shopping experience.

All of these water parks as well as the many others located in Wisconsin Dells would be a great way to put a fun twist on summer vacation. So if you want to go to a place that's just a short distance away and will be fun for everyone, than head on over to Wisconsin Dells. It offers everything you expect in a water park plus a lot of things you don't. For more information regarding cost, and how to get there, you can check out www.Wiscdells.com

The Boundary Waters

by Joe Lichtscheidl

"The Boundary Waters are a place to go for a summer getaway. It provides a time to be in nature. You can go almost anywhere in the Boundary Waters and always find something new and exciting. The fishing is great and the water is so clean and refreshing," said Senior Spencer Cossalter.

Cossalter has been to The Boundary Waters multiple times with his dad and would give anything to be back there again.

"You could stay there for a month and still not see everything that there is to see," said Cossalter.

The Boundary Waters have an area of only small motorized

boats and other areas are paddle only and no motorized boats.

Another student from FLHS is planning a boundary waters



John Goossens at the BWCA.

canoe trip this summer. Senior John Goossens with four other students on July 29 for a week long getaway.

"In order to get a permit I had to go online and register. I have to pick up the permit the day before

we go out. Permits are \$32 a person and you must pay a \$10 nonrefundable deposit," said Goossens.

It is not too late to get your permit. Go on to BWCAW.org to register for you permit.

Taylors Falls

by Megan Seim

Located on the border of Minnesota and Wisconsin, the beautiful city Taylors Falls overlooks the St. Croix River. Approximately 40 minutes from Forest Lake, Taylors Falls offers a variety of adventurous activities for anyone of any age.

Upon arriving in Taylors Falls, stopping at Interstate State Park is a must. An expansion of 293 acres in size, the Park was established in 1895 in a joint venture with Wisconsin Interstate Park directly across the St. Croix River. This created the first interstate park in the nation. The park is famous for its glacial potholes, hiking trails, rock climbing, and beautiful scenery. You can even walk across the river, or the bridges above it, into Wisconsin. Cost to park for a day at the park is \$5, a year long

pass costs \$25, and if you feel like walking a bit more, park anywhere in town for free.



The Drive In Restaurant

Open since 1906, tours have been offered on fleets of excursion boats including the Taylors Falls Queen and the Taylors Falls Princess. The "Queen" is nearly 80 feet long, 20 feet wide and has two decks. The "Princess" can carry up to 250 guests. The "Queen" can hold up to 149. A licensed boat pilot and tour guide will point out the unique rock formations that were

left. Depending on the day, tours are available at a variety of times: the 80 minute tour runs at 11:30, 1:30, and 3:30 p.m., the 30 minute tour runs at 5:30 pm almost daily. Prices for the 80 minute tour range around \$14.50 for adults; 30 minute tours range around \$10.50 for adults.

Before heading home, be sure to stop by the Drive-In. Known, for its big root beer mug standing above the restaurant, and rather old-looking appearance, the Drive-In is the way to go. With poodle skirts, old fashioned root beer, and hand-packed hamburgers, the Drive-In is not only full of entertainment, but more often then not; you will go home with a full stomach. Be sure to check out the Adventure Falls Mini-golf Course, located right next to the Drive-In.

Next time you're out with friends, looking for a fun, close adventure, be sure to pack the car and head to Taylors Falls.



Cheap Summer Activities

Frisbee golf

by Steve Peterson

With summer quickly approaching, students may be looking for something to do with their friends or family. These activities are just a little something you can do to keep yourself busy this summer.

Frisbee golf- If anyone enjoys being outside and is up for trying new things then they will enjoy playing a round of Frisbee golf with their friends.



Frisbee Golf is an affordable and fun sport to get involved in. The only cost is for the frisbee, which range from about 7-15 dollars, and all the courses are free. There are courses located throughout the metro area including ones in Linwood Township, Roseville, and Plymouth. For more information go to www.MinnesotaDiscGolfCourses.com

Volunteering at the Humane Society- If you are looking to do something for the community this summer, look no further then Northwoods Humane Society in Forest Lake, located off of Highway 8. Northwoods is always looking for students to help with the animals. Tasks include: week day evening dog walker/kennel cleaners, weekday and weekend adoption counselors, weekday vet tech assistants and fundraising

event chairs or co-chairs. For more information go to www.northwoodshs.org

Forest Lake Bike Trail- Spending time outside is always enjoyable. A good way to enjoy the outdoors is to go for a bike ride on the trail that runs through Forest Lake. Biking not your thing? You can also run, walk, or rollerblade along the trail as well. The trails runs from Hinckley to Hugo, so you can go as long or as short as you wish.

Cup and Cone- Cup and Come has to be one of the best places in the world! If you like ice cream you'll love Cup and Cone. Cup and Cone is located in Downtown White Bear Lake located right off of Highway 61 and Fourth St. They offer everything from ice cream to frozen drinks to food. With ice cream cones starting at \$1, Cup and Cone is an affordable treat anyone can enjoy.

A day at the beach- Being in the great state of Minnesota, there are plenty of lakes to choose from. Spending a day at the beach or on the lake is a perfect summer activity to enjoy with friends or families. You can swim, boat, or BBQ at the beach or just lay down and soak up the sun. Some good swimming beaches around the area are: Forest Lake, White Bear Lake, Turtle Lake in Shoreview and Snail Lake also located in Shoreview.

Live music at Lakeside Park

by Renee Noren

The Lakeside Park just off of Broadway Ave. in Forest Lake has always been a hot spot for community events and will soon begin their summer concerts. Arts in the Park Summer Concert Series kicks off June 13 and will continue every Tuesday through Aug. 19. All concerts start at 7 pm.

"I think it's fun to go listen to

music there because it's such a pretty environment with the beach and lake right there," said Senior Brianna Tagg.



"It's nice because the Brick House Eatery is right there too, and they have great ice cream for when you're listening to the music," said Tagg.

The finale concert will be held Aug. 22. Bring some friends and a blanket or two, and stop by the Lakeside Park for some local music.

The Lake House

by Joe Lichtscheidl

The newest restaurant to come to the Forest Lake Area is The Lake House, located on North Shore Trail at the Willow Point boat landing. Many people might remember this restaurant as Willows on the Water. It was recently torn down and a brand new building was built in its place.

The Lake House has so much more to offer and has a great atmosphere. They opened on May 19. The Lake House will cater to the people who want to sit down to eat and also to the boaters who want to stop in and grab a quick bite. People on the water are even able to call in their order and have it delivered to the boat. The new restaurant will have a 20-boat

slip where boaters can dock and come in and eat. The dress style is very casual.

"You can come in flip flops or a prom dress," said Head Chef Jill.

They will be serving drinks of all varieties and many different kinds of sandwiches. They are trying to stick to an American theme with many different types of spicy food and many different fish entries.

The Lake House will have outdoor seating with a great lake view. On the west side of the building is a sun room porch which will be used for overflow dining or will be available to rent for banquets.

Take me out to the ball game

by Kaitlin LaCasse

With the Minnesota Twins' season in full swing, the Twins have made it clear that they are going to be fine without Johan Santana and Torii Hunter. They are also proving baseball analysts wrong about their predictions the Twins wouldn't have strong pitching or consistent

hitting. To this point, the pitching has been fairly consistent with Nick Blackburn proving he belongs in the Twins starting rotation.

"Blackburn is like a veteran in a rookie's body," said English Teacher and avid Twins fan Don Pults. "He has excellent control."

There have already been a few injuries in the starting rotation. Scott Baker, Francisco Liriano and Kevin Slowey all suffered from injuries early in the season. The bullpen also has suffered a hit with Pat Neshek likely to miss the rest of the season.

Lead-off hitter and Centerfielder Carlos Gomez has shown he is one the fastest guys in Major League Baseball and is going to be a great player in years to come.

"Gomez is the most exciting player the Twins have had in years," Mr. Pults said, "He has raw, untapped talent."

The Twin's play through Sep. 28 and many of those games are at the Metrodome. (For schedule and ticket information you can check out twinsbaseball.com) The Twins also have promotions at the majority of their games, and June 21 is the Twin's Autograph party.

Ticket prices vary form \$7 for

cheap seats to \$50 for Lower Club seats. They have discount rates for groups of 25 or more. This year Wednesday's are Student Nights, with a student I.D. you can get Cheap Seat tickets for \$4 each and Wednesday's are also Dollar-Dog-Nights. For tickets you can call (612) 33-TWINS, go to twinsbaseball.com or buy tickets at one of the Twins Pro Shops or even before the game at the Metrodome. Make sure you get out there this summer and cheer on the 'boys of summer.'

Even though the 35W bridge is out, getting to the Metrodome is still fairly easy. There are several alternative routes you can take such as taking Highway 280 south to University Ave. It only takes about 40 min. from Forest Lake to get to the Dome. So don't let the construction stop you from having a great time at the ballpark.

Summer Concerts

gathered by Kaitlin LaCasse

With summer vacation right around the corner, many may find themselves asking "what am I going to do?" Well, one option is to check out the many concerts going on this summer in the Minneapolis/St. Paul area. Here are a few you can check out, depending on what kind of music you like and how much you are willing to spend. Here are a few of them.

Target Center

www.targetcenter.com

June 11: Kanye West with special guests Rihanna, Lupe Fiasco and N.E.R.D.

July 3: Steve Miller Ban

Aug. 2: Nine Inch Nails

Aug. 31: American Idols Live

Xcel Energy Center

www.xcelenergycenter.com

June 26: Tom Petty and The Heartbreakers/Pearl Jam

July 8: Coldplay

Taste of Minnesota Concerts: Harriet Island

See all concerts on the webpage: www.tasteofmn.org

July 3: REO Speedwagon

July 5: Seether, Finger Eleven and more

- Taste of Minnesota runs from July 3 - 6 daily concerts, as well as fireworks at 10:15 each evening
- It's free to attend.

2008 Vans Warped Tour: Canterbury Park

www.warpedtour.com

Sunday, Aug. 3, 11a.m.

Bands currently scheduled include: Relient K, Say Anything, Gym Class Heroes, Story of the Year, The Academy Is

Minnesota State Fair Grandstand:

www.mnstatefair.org

Aug. 22: Brad Paisley with Jewel, Chuck Wicks and Julianne Hough

Aug. 23: The Backstreet Boys

Aug. 24: Jonny Lang, Buddy Guy, Big Head Todd & The Monsters

Aug. 25: Dierks Bentley and Miranda Lambert

Sept. 1: Toby Keith



YouTube Review

Sobbing Steve and Teary-Eyed Tracie bid farewell

Welcome to Sobbing Steve and Teary-eyed Tracie's YouTube review! Alas, this will be our last issue, seeing as we're both seniors, we won't be writing to you anymore! So we figured that these few videos will have to be the best, the most exalted of all YouTube videos! We have searched and searched, then screened and hand picked the funniest videos that will leave you gasping for air! We hope you enjoy these crème of the crop videos, and will share them with everyone you know. It's been a pleasure writing this article for y'all and to hear everyone tell us about the videos we picked! Have a great rest of the year!

Taube Schwank

As you may have heard, there was a trip to Europe with some band kids from FLHS called Euroband. Teary-eyed Tracie just happened to have a camera to take film for her Ranger News

story (which was awesome FYI). Anyways, in one of the cities they spent the night, they had about an hour to roam either inside the hostel, or out in the city. Twelve people from this group wandered out into the night with a sense of humor and a video camera, and created their very own "Blair Witch Project." It starts at night, but they ran out of time, so it ends in a hotel in Italy with some classic dancing by Sophomore Zander Ginis.

Teary-Eyed Tracie

It was so much fun filming this, and it was totally worth it! This may have been the dumbest yet funniest things I have ever filmed! It basically has barely any plot because we ran out of time, but it is the greatest ending ever! Even if you don't like the entire movie, the ending will leave you gasping for breath because you'll be laughing super hard. The best part is that Zander is just a

sophomore, so you will have to give him crap about it for two more years!

Sobbing Steve

This is one of the dumbest yet funniest videos I've ever seen. This video had no point at all but it's funny. It was so random, who even thinks of doing this? To make it even better this video takes place in Europe. Now the people in Europe will think we're crazy.

Spiders on Drugs

This movie isn't as dumb as the title sounds. It is 1:49 long and stars a bunch of spiders with a narrator. This movie starts out as an informational video, something you might have seen in your 8th grade earth science class. The video is based on how scientists give each spider a different form of narcotics to see how their web building is affected. The results are shocking!

Teary-eyed Tracie

Sobbing Steve and Teary-Eyed Tracie bid good-bye. Photo by Meagan Seim



Kevin Gamelin showed me this video at someone's house a while back. I honestly thought it was super lame in the beginning, just some old informational video. I wanted to turn it off until he said, "Just wait a second, it gets way better!" So I waited and it turned into a spoof of an informational video! It is super funny and you definitely need to watch it all the way into the end.

Sobbing Steve

I didn't think this video was going to be very funny at all because at first it seemed like it was going to be an educational clip about the effects of different drugs on spiders. All of that changes about half way through though. This is one of the funniest clips I've ever seen. The video is one that you need to watch all the way to the end. It is one of my all time favorites!

Sophomore Ashley Freer takes to writing

by Annie Hinrichsen

For sophomore Ashley Freer, writing was something she never used to enjoy. In 6th grade, her teacher made the class write a lot of short stories, and for Freer, it was a waste of time, until they had to write a story about their lives.

"We were only supposed to write two pages and I wrote five!" said Freer.

The teacher read it to the class, they all liked it, and her writing jump-started from there. Freer is writing once or twice a week and

is expecting to write a lot more this summer.

"Last summer I averaged one page a night...I'd go a few days without writing and I would make up for it when I'd write five pages in one day. It all depends on how inspired I am," said Freer.



Sophomore Ashley Freer
Photo by Joe Lichtscheidl

Freer gets her inspiration from songs she listens to. An idea will come to her head and she will write it down, then fill in everything else.

Recently, when she has time, Freer

works on a story of her own life.

"It's just a longer version of the story that got me started in the first place. It will have everyone who has affected me in any way. I hope that some day I can turn it into a movie," said Freer.

For Freer, the best thing that could happen would be for her stories to be turned into movies.

"But I would be really happy just to publish them too," said Freer.

Freer's favorite author is J.K. Rowling because she

loves the *Harry Potter* books.

"It amazes me how someone can be that creative," said Freer.

She said it also amazes her that someone can make up a whole world and keep it going for seven books.

"That's really something to live up to," said Freer.

So, any advice for future writers?

"If you like to write, if it is something you enjoy, then stick with it. It's true what they say, the sky is the limit! You can write about whatever you feel like," said Freer.

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Inaugural lacrosse seasons come to an end

by Meagan Seim

With the 2008 school year quickly coming to an end, the Boy’s Lacrosse Teams are wrapping up their seasons. While the Varsity team started off with a good bang, the team suffered several losses. Traveling all the way to Duluth May 16-17, the Varsity team did finally break their losing streak, winning both games against Superior and Rochester. JV team, however, proved differently. Having a rough start, the team slowly began to pick up their “game” and is closing up this year with a bright outlook on next year. “We’re hoping for all of our

players from this year come back, but we’re also hoping for a lot of new talent [next year], said Senior Captain Nabil Cheikh, “and that all of our returning players work hard in the off season.” Be sure to catch their last game Tuesday, May 27 on the practice football field. JV starts at 6 p.m. or come for Varsity at 7:30 p.m.

Girls
by Kaitlin LaCasse

The girls lacrosse team headed off to state May 12, where they competed along with nine other teams. They won their first game against White Bear due to a forfeit, and then lost their second

game to a dominating Buffalo team. They had four season wins outside of the State Tournament. Their season started with captains’ practice mid-March and the season ended the weekend of May 17. Junior Captain Sam Maki said she thought the team had shown great improvement through the season. “Some girls couldn’t hold a stick or catch a pass when we started,” Maki said, “Everyone did really well.” Only about half the team had previously played, but none of them had ever played competitively. Sophomore Heidi Witzel said that



FLHS girls lacrosse team faces off. Photo by Tracie Anderson

the team learned a lot between the start of the season and when it ended. “We learned a lot between when we started and where we are now,” said Witzel.

Synchro takes 2nd at sections

by Annie Hinrichsen

Synchronized swimming is a combination of swimming, gymnastics, and dance. That’s probably why it takes close to all of the four month season to get the routines as close to perfect as possible. “It’s hard to memorize the routine but we have tricks to help out a lot,” said sophomore Erin Liljedahl. Working together and getting along is one of the most important things synchro swimmers have to do. “We must all work as a team so

we look synchronized, and when you don’t get along with teammates it makes it harder to stay together,” said Liljedahl. The team’s biggest competitor is Stillwater and has been for the last few years. In order to stay on top of Stillwater the team has to work hard together and by themselves in their free time.



Photo provided by LaurieTomnitz

“The hardest thing about synchro is being able to self motivate. There’s a lot of free time that you have to push yourself to work hard, and if you don’t, you end up hurting your team,” said Liljedahl. There is also a more fun side to synchro... putting jello in your hair to keep it together under water. “It’s the coolest feeling ever! It takes like four showers to get it out of your hair,” said Liljedahl. The team is 5-2 and sections were on May 16 and 17. The team had hoped to place in the top three and they actually took second place! The state meet takes place on May 22-23 at the U of M Aquatic Center.

Golf seasons end strong



Photo: FLHS website

by Sarah Everett

This year’s golf season is slowly

coming to an end. But for the boys and girls golf teams, they plan on ending it with a bang. “The season has gone good,” said John Buck, the head coach to the boy’s golf team. The boy’s team is already headed in that direction with winning a fair amount of contests. They placed first for both varsity and junior varsity in their conference meets. Along with these wins they also won four other invitational’s, playing against 10 to 20 teams at these tournaments. The boy’s golf team started their sections Wednesday, May 21 and their conference tournaments

started Wednesday May 14. They had their second conference meet on Memorial Day, which they ended up winning, so way to go players of the boy’s golf team. The girl’s golf team has also played well this year. They came away with a couple of wins in tournaments and are continuing to duel for the SEC title against Woodbury. “Our hope for the future is to finish strong and try to win sections,” said, Joel Hall, the coach of the girls golf team. “If we do well there’s a very good chance of heading to state as a team this year.”

Softball sets sites on state tourney

by Annie Hinrichsen

As of May 19, the girl’s softball team was 13-7-1 so far with conference play done for the season. At one time, the team lost three games in a row, two to Stillwater and one to White Bear Lake. “The Suburban East Conference is full of good teams. Every game is difficult and normally both teams are competitive with each other. We just need to have better plate appearances. Other than that, we’re doing well,” said head coach Angie Ryan. Sections started May 21 but Ryan doesn’t seem to think there are going to be any problems.



Junior pitcher Alyssa Dunrud delivers a pitch.

everyone on the team wants it and wants to win,” said Senior Jess Skogen. Now that the school season is practically over, the juniors and sophomores have positions to fill from the leaving seniors: Jess Skogen, Kelly Kent, Krystal Plouff, and Kathy Crudo. “We will miss our seniors greatly. They are a huge part of the team and next year’s team will have big shoes to fill physically and mentally,” said Ryan. State also begins on June 5 and 6 if and when the Rangers are able to come away with the win at sections.

Tennis aims for finals

by Steve Peterson

The Forest Lake Ranger Boys tennis team is one of the strongest teams in the section and in the Suburban East Conference. As of May 15, the Rangers had a record of 9-7. The boys picked up key wins against Park of Cottage Grove, White Bear Lake, and Woodbury. The Rangers also picked up non-conference wins against Chisago Lakes, 7-0, and Cambridge- Isanti, 7-0. “We are playing exceptionally well this year,” said Senior Captain Spencer Conrad. “We are

4-4 in the conference and last year we went 1-7, so it’s a huge improvement.” The Rangers were seeded first in section 7AA south sub-section and will have a bye in the first round of section play. The Rangers will play the winner of the fifth and sixth seed in the second round which will be held at FLHS on May 20. “We should make it to the semifinals for sure and hopefully we can make it to the finals,” said Conrad.

Track looks to win sections

by Renee Noren

The boys track and field team gave a strong performance on May 16 at True Team State. With a night of rain and postponements at Stillwater High School, the boys finished fourth out of nine teams when the meet finally ended at 11 p.m. But now that True Team has ended for the boys, they are focusing more on regions and keeping their eyes on the state meet. “We’re looking for 10 individuals to go [to state], including the 4x100 and 4x200 to compete,” said Senior Captain Brandon Brambilla, “and as for sections, we want to win!” Sections are Wednesday, May 28(prelims) and Saturday, May 31(finals) at Elk River High



Senior Rae Moen races the 100 m. dash at the Apple Valley Invitational.

School. At conference, the 4x200 and 4x800 relays set school records, and the 4x100 set both a school and conference record with a time of 42.80 seconds . Meanwhile, the girls have been busy with conference where -Christy Miller placed 3rd in 200m dash followed by Rae Moen in 4th. Calley Jo Jones placed 4th in the 400m dash. Pole vaulter Taylor Brett made 9’6” for 5th place, and Christy Newell placed 7th in pole vault with 9 feet.

Baseball heads to sections

by Steve Peterson

The Forest Lake Boys Baseball team has always been known as one of the best baseball teams in the state of Minnesota and the boys are looking to keep that reputation. The Ranger baseball team has a record of 7-9 overall and 5-9 in the conference. The boys have picked up key wins against Stillwater, 5-3, and White Bear Lake, 9-6. “It’s been a decent season,” said Senior Captain Brent Kolbow, “We are playing a lot better then in the beginning of the

season but there are areas of our game that still could use improvements.” The Rangers are looking to carry momentum into the section tournament and hopefully make it to the state tournament. “Our goal for sections is to be one of the final four teams in sections and to make it to the state tournament,” said Kolbow. The Rangers will start section play on May 27 and will hopefully continue on May 31.

Sea spiders inhabit the depths

Tracie's Animals Anonymous

by Tracie Anderson

Arachnophobia: an abnormal fear of spiders. Yes, this fairly common disease affects not only Americans, but humans all over the planet. Some people however are OK with these little creepy crawlies slinking around them everyday...yet; there are those few that loath the ground/walls they crawl on! Well, if you think that spiders only exist on land...just you wait until the next time you go swimming in the Mediterranean, Caribbean Seas, Arctic and Antarctic Oceans... hopefully not the last two. Yes, there are underwater spiders called Sea Spiders! They actually will suck a person's blood too... those ones are called Vampire Sea Spiders. So you better watch where you swim this summer. Alright...all kidding aside, there is such a thing as a sea spider and they do suck the blood out of their prey. Although, they are found at depths of 7,000 meters, which is roughly four miles, so maybe I was just making it sound a lot worse than it really is.

There are about 1,000 different types of sea spiders ranging in many different colors, shapes, and textures. Their size varies between how deep they live, and what type of specie they may be. The smallest sea spider reaches a length of 3mm (1/8in), all the way up to about 2.5ft! That's dang long! I would hate to see one of these things while swimming. But not to worry, the ones that you would ever see (if you see one) are the tiniest things ever! These creatures are not only interesting to look at, but their habits are most unusual for not only for "spiders" but for sea creatures. For one, these things molt! Every month or so these creatures are fed up of their covering on their exoskeleton, so they find a safe place to hide, and peel off their outer layer for

a brand new one underneath! Even though this doesn't sound that strange, just think of how many spiders do that on a normal basis. The other strange thing about this



Pictures taken from newsing.bbc.co.uk

creature, are its breeding habits. Well, not so much the breeding, but how the young develop. The female sea spider lays her eggs then pretty much says, "Fend for yourself!" She leaves the eggs

up to the father and the father only, which he then whines about it forever...just kidding! They hatch into small larvae which are actually parasites which then hook onto a host to reach their juvenile stage in life. Once they reach their juvenile stage, the young latch onto the leg of the father; however, they still aren't fully grown because at this stage the young look like embryos. The father then carts them around until all have grown legs and have matured enough to be on their own! What a life...The sea spider has at least a couple similarities to our familiar land spiders, some examples are: They way they feed, and their body type. Sea spiders have a long proboscis in which they use to suck out the

fluid of its prey. Since they have such long legs, they just sneak up on their prey (which is usually immobile), creep over it for a bit, then strikes! The proboscis goes in, and the fluid comes out, the prey usually doesn't survive. The other obvious similarity is their body shape. Sea spiders have eight legs, but there are however some species can have 5 or six legs, sucks to be the ones that have 5 legs, that's just weird. Well, thanks for taking your dear sweet time and reading my article. It will be my last, but there are still more animals that I haven't covered that are even weird than the ones I have shown you! I hope you enjoyed this article and are a little more conscious of the world around us, and that there is a lot more to look for on this planet! If you want to find out about interesting creatures, just hit up Mr. Leventhal or Mr. Ward, they pretty much know about every animal on this planet!

Directions:
Once again, we are giving students the challenge of the Breeze crossword puzzle. The reward is for the first three people to successfully complete the puzzle. They will each win a \$5.00 gift card to Starbucks. Once you're finished report to Ms. LeVake's room, #374, but be quick! And like always, no cheating!

- Down**
- 1) Track and field captain, thrower.
 - 3) Lakeside town north of Duluth, MN.
 - 5) Newest restaurant in FL, on North Shore Trail.
 - 7) State where High School Rodeo Finals are being held.
 - 9) Abnormal fear of spiders.

- Across**
- 2) Varsity softball coach.
 - 4) Student driver of the red, '99 Ford Mustang.
 - 6) Pizza joint in Grand Marais.
 - 8) Head coach for the boys golf team.
 - 10) Name of the Daninger family farm.
 - 12) Cookies and _____.

The Breeze Crossword



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"Keep your eyes on the stars
and your feet on the ground."
- Theodore Roosevelt

